



AIRSCOOP

104TH FIGHTER WING • MASSACHUSETTS AIR NATIONAL GUARD
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104th Airmen Reunite in Bulgaria
See Page 5

U.S. Air Force and Massachusetts Air National Guard members stationed at Amari Air Base, Estonia are reunited with their 104th Fighter Wing members stationed to Graf Ignatievo Air Base, Bulgaria. Wing members are part of a theater security package deployed to multiple European locations in support of Operation Atlantic Resolve, focusing on conducting training alongside NATO allies and partners to strengthen interoperability and demonstrate U.S. commitment to a Europe that is whole, free, at peace, secure and prosperous. (U.S. Air National Guard photos by Senior Airman Loni Kingston)

Commander's Column

By Maj. Dean Lambert, Force Support Squadron Commander



AIRSCOOP

104th Fighter Wing

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When you think of the Force Support Squadron, what comes to mind? Is it a new ID card? What's on the lunch menu? An upcoming promotion? Well, the Force Support Squadron (FSS) is responsible for these areas, as well as many others within the Wing. The FSS is comprised of three separate and distinct flights; Sustainment Services Flight, Manpower & Personnel Flight, and the Force Development Flight. Each flight is unique with different programs and services it delivers to the wing.

The largest area of the FSS is the Sustainment Services Flight. As mentioned above, it is the area in charge of providing meals during RSD weekends — feeding approximately 400 personnel each day! The Force Sustainment Flight utilizes the USAF World Wide menu system to ensure Airmen are receiving standardized, healthy meal choices each drill. Force Sustainment also has the capability to provide contingency field feeding operations by utilizing the Single Palletized Expeditionary Kitchen (SPEK). The SPEK has been used to support both military operations and domestic operations — feeding and providing food service support in some of the most austere areas.

Another high visibility program in the Sustainment Services Flight is the Fatality Search & Recovery Team (FSRT). The FSRT is activated in response to mass fatality

operations or accidents that may require support to local, tribal, state, or federal agencies. The FSRT is not only associated with natural or man-made disasters, but may include military aircraft mishaps and military mass casualty operations. The FSRT is a reach back capability for the National Guard CBRNE Enhanced Response Force Package (CERFP). FSRT capabilities include fatality management, food service, beddown, and water requirements.

The Sustainment Services Flight also oversees and is the Office of Primary Responsibility

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for the wing fitness program. Depending on weather conditions, fitness assessments are held each RSD and are organized by highly qualified Services personnel. The Fitness Team is responsible for training and maintaining an active list of Unit Fitness Monitors from each section on base.

The Manpower & Personnel Flight (MPF) delivers a variety of services to the wing to include ID Cards, Serviceman's Group Life Insurance, Full-time job management (AGR's & Technicians), Deployment Management (CED), Promotions, Awards & Decorations, and accessions, (to name just a few). The MPF establishes the Personnel Deployment Function (PDF) which is responsible for ensuring deploying personnel have the accurate documents, reporting instructions and orders when deploying in support of any operation. The Installation Personnel Readiness (IPR) is the key link between any deployment tasking and the logistics that are in place to support that operation or contingency.

The Force Development Flight manages all training needs and requirements to include Basic Training, Technical Training, Professional Military Education, and Community College of the Air Force (CCAF). The Force Development Flight also manages the wing training program to include ancillary training and pre-deployment contingency training for the wing. The Student Flight Program is also run by the Force Development Flight. They are responsible for scheduling all

Student Flight activities during the RSD, some of which include; physical fitness and Basic Military Training (BMT) preparation.

The Force Support Squadron always has something going on, whether it be traveling overseas or supporting a deployment from home station. They are the men and women providing support behind the scenes that make the difference. I am extremely proud to have the opportunity to serve with such a great squadron.



Meet your Force Support Squadron (FSS) Staff! Tech Sgt. Heather Dragon, standing, is the Human Resources remote location coordinator for Joint Force Headquarters and the NCOIC of Force Support Squadron Customer Service. Master Sgt. Kylie Burns-Whalen is the NCOIC of Employments. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)



Meet your Force Support Squadron (FSS) Staff!

Master Sgt. Heather Cekovsky is the Formal Schools Manager. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)

DIAMOND CORNER: First Sergeant's Column

By Master Sgt. Karla Belliveau

The Airmen on the European deployment discovered that community service is a rewarding way to spend some time off while away from friends and family. The unit bonded together and, in itself, was a diverse group. People from Barnes Air National Guard Base, Massachusetts, Fresno Air National Guard Base, California, Ramstein Air Base, Germany, Spangdahlem Air Base Germany, and Aviano Air Base, Italy, all worked together to accomplish the goal.

The community service looked quite different in each location, but the desire to help our host nations and build positive relationships was a great incentive. While deployed to the Netherlands, many Airmen helped to clear a field of shrubs, weeds and undergrowth that had overtaken what was once a heather walking garden and the centerpiece of the village. The current owner of the field hopes to restore the garden and turn the land back over to the town.



Volunteers Clearing the field that use to be a heather walking garden, outside of Leeuwarden, Netherlands. (Courtesy Photo from Master Sgt. Karla Belliveau)

We were able to clear enough of the field so the second phase could begin, which will be to bring in a herd of sheep and let them graze on the grasses! We wish them the best of luck and hope to see pictures once the garden is restored.

In Bulgaria, we have the opportunity to help an early elementary school restore its playground and create an inviting environment where the children will be safe and happy to play. This will be a huge endeavor that will include almost 250 volunteers. We will be painting the metal fencing with bright colors, creating seating areas around three sandboxes, clearing weeds and debris from around the yard, painting a mural on the wall or walkway and painting the jungle gym equipment.

The pictures included are the “before.” We will publish the “after” in a couple of weeks!

What I would like to have people take away from this article is that the people we helped, or will help, did not come looking for us. We had to search them out to see where we could be of service..

Staff Sgt. Ashley Ragusa spearheaded the school project by working with the U.S. Embassy to find the school. One of our active duty members contacted the mayor of Leeuwarden to find the field. It took effort and determination; however, the reward for making

the effort will be exponential. Not everything in life is easy, especially when something is important.



School Yard at the Buratino Kindergarten. (Courtesy Photo from Master Sgt. Karla Belliveau)

“Challenge yourself to take the time and find something that needs you. It is there-believe me.”

- Master Sgt. Karla Belliveau



Students in traditional dress at the 25th anniversary celebration of the Buratino Kindergarten school. (Courtesy Photo from Master Sgt. Kara Belliveau)

104th Together Again - 104th Fighter Wing Reunites in Bulgaria

By Lt. Col. Brenda Hendricksen

GRAF IGNATIEVO, Bulgaria – After two months of being split across four countries, approximately 250 U.S. Air Force and Massachusetts Air National Guard Airmen from the 131st Expeditionary Fighter Squadron reunited at Graf Ignatievo, Bulgaria, May 27-28.

The Airmen, originally assigned to the 104th Fighter Wing, Barnes Air National Guard Base, Massachusetts, deployed to the European theater April 3, 2016, as part of a theater security package to Iceland, Estonia, the Netherlands and Bulgaria in support of Operation Atlantic Resolve.

Four of the 104th FW’s F-15C Eagle fighter aircraft and nearly 100 Airmen deployed to Keflavik Air Base, Iceland, to augment Icelandic Air Surveillance under the TSP designation.

At the same time, eight F-15s and 150 personnel and equipment

deployed to Leeuwarden Air Base, Netherlands, to participate in Frisian Flag 2016 and conduct training alongside NATO allies and partners.

A few of the 131st EFS’s F-15s at both locations are on loan from the 144th Fighter Wing, Fresno ANG Base, California.

While deployed to Keflavik Air Base, the Bay State guardsmen acted as rotational stateside total force Airmen reinforcing existing U.S. Air Force capabilities to show a forward presence in Europe. Since 2008, the U.S. Air Force has conducted an air surveillance mission there as part of NATO’s commitment to Iceland’s security and defense.

The IAS mission compared to the alert mission in Massachusetts, said U.S. Air Force and Massachusetts ANG Lt. Col. Jeffrey Beckel, 131st EFS detachment commander for the Icelandic mission.

“We were sitting with live loaded jets ready to intercept in the



U.S. Air Force and Massachusetts Air National Guard members stationed at Amari Air Base, Estonia are reunited with their 104th Fighter Wing members stationed to Graf Ignatievo Air Base, Bulgaria, May 27, 2016. Wing members are part of a theater security package deployed to multiple European locations in support of Operation Atlantic Resolve. Operation Atlantic Resolve focuses on conducting training alongside NATO allies and partners to strengthen interoperability and demonstrate U.S. commitment to a Europe that is whole, free, at peace, secure and prosperous. (U.S. Air National Guard Photo by Senior Airman Loni Kingston)



104th Fighter Wing Airmen arrive in Bulgaria, May 27, 2016. (Air National Guard photo by Senior Airman Loni Kingston)

region if needed,” he said.

Members of the 131st EFS at Leeuwarden Air Base commenced flying operations April 11-16, participating in Frisian Flag under the scope of Operation Atlantic Resolve. The multi-national large force operation included personnel and aircraft from the Netherlands, Belgium, France, Finland, Poland, Norway, United Kingdom, Germany and Australia.

“We were in the Netherlands to train with our NATO allies and enhance our tactical capabilities.

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Air Force and Massachusetts ANG Maj. Benjamin Gilluly, a 131st EFS F-15 pilot.

Guardsmen stationed at Keflavik later forward-deployed to Amari Air Base, Estonia, while guardsmen stationed at Leeuwarden forward-deployed to Bulgaria.

In conjunction with Operation Atlantic Resolve, at Amari Air Base, Estonia, the wing's F-15Cs flew alongside Estonian Defense Force L-39 Albatross fighter aircraft, British Royal Air Force Typhoon FGR4 fighter aircraft and Polish air force Su-22 fighter aircraft. They also participated in

Estonia's Spring Storm exercise May 2-20, 2016, which represented the country's largest of its kind this year, comprising of approximately 6,000 soldiers and personnel from nine NATO countries.

"It was an air-to-ground exercise, and our mission was to provide top cover for the forces on the ground," said U.S. Air Force and Massachusetts ANG Lt. Col. Matthew Woodfield, 131st EFS F-15 pilot. "It depended on the day which side we would be on – good or bad."

Working out of Bulgaria, 104th FW fighter pilots are currently

participating in Thracian Flag, an exercise featuring Bulgarian air force MIG-29s, SU-25s and L-39 fighter aircraft and ground-based, air defense in integrated flying scenarios.

"It's important for us to have U.S. forces here; we are not able to create a realistic tactical picture to fight on our own," said Bulgarian air force Lt. Col. Metodi Orlov, Graf Ignatievo operations officer. "The National Guard is helping us receive a good sense of modern warfare."

104th Fighter Wing Deploys to Germany In Support of Total Force Integration Training

Story by Senior Airman Loni Kingston

RAMSTEIN Germany – Approximately 100 members of the 104th Fighter Wing, Barnes Air National Guard Base (ANGB), Westfield, Mass., deployed for training to Ramstein and Spangdahlem Air Bases May 12, 2016 for two weeks to train side-by-side with active duty counterparts.



104th Firefighters respond to a possible chemical spill alongside their active duty counterparts. (Air National Guard photo by Senior Airman Loni Kingston)

Guardsmen, while deployed from home station, will receive focused, practical Air Force Specialty Code (AFSC) training to maintain and improve skill levels required for combat deployment.

"Operating in a different environment and possibly one we would be in during combat operations is a good training opportunity," said 104th Fighter Wing Commander Col. James J. Keefe.

Integration training is important to all Air Force components because it helps to streamline procedures and practices while offering Airmen the opportunity to manage assets that may not be available at every installation.

"There are so many different warehouses across the Air Force and there are a lot of different ways of doing things, it is good to



104th Firefighters respond to a possible chemical spill alongside their active duty counterparts. (Air National Guard photo by Senior Airman Loni Kingston)

have uniformity to make sure processes are done correctly from here to Massachusetts," said inventory supervisor, Staff Sgt. Andrew Lomax, Spangdahlem AB.

Guardsmen from the 104th FW have been exposed to many training opportunities in Germany

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that they have not seen since their formal AFSC technical school.

“Airmen from the 104th FW Logistics Readiness Squadron (LRS) are learning how to process do-it-yourself and permanent



104th Fighter Wing Airmen are deployed for training to Ramstein and Spangdahlem Air Bases in an effort to enhance readiness and maintain continuous continuity between the National Guard and Active Duty counterparts. (Air National Guard photo by Senior Airman Loni Kingston)

change station moves,” said 104th FW Force Support Squadron Commander Maj. Dean Lambert. The National Guard does not often get these types of opportunities due to our specific stateside mission, said Lambert.

Installation Deployment Manager from the 104th FW, Maj. Wendy Kiepke said “At Barnes ANGB we do not have a hot pit

refueling system. There is not a need for us to have one, yet knowing how to perform hot pit refueling is part of our LRS Airmens’ AFSC.”

Assimilation training is realistic, offering participants the chance to get out of the office and into the field.

“This deployment gives Airmen a bigger picture, getting away from a small Air National Guard base that has 1200 people to an active duty base that has 1000s of people,” said 104th FW 1st Sgt. Thomas Moriarty. “This training mission offers real world experience in an environment that Airmen may be deployed to in the upcoming years,” said Moriarty.

This deployment has reach to support other 104th FW members who are currently deployed to Bulgaria. There are currently LRS Airmen from Barnes ANGB working with the active-duty outbound shipping area in transporting aircraft parts to our deployed location.

Spangdahlem AB, “is providing support to our deployed operations and maintenance personnel and we are getting a chance to work with the Airmen who are supporting our troops,” said Maj. Kiepke

The Air Force National Guard’s mission is to meet 21st century challenges by proactively shaping our future with combat-ready, adaptable Airmen at our core.

Together with our partners we will provide the capabilities necessary to guard America at home and defend freedom worldwide.

Total force integration training conducted at Ramstein and Spangdahlem offers the 104th FW the opportunity to successfully certain the Air Force National Guard mission and seamlessly assimilate with their active duty counterparts.



Airman 1st Class Roman Correa gets on-the-job training at the southside gymnasium on Ramstein Air Force Base. (Air National Guard photo by Senior Airman Loni Kingston)



Supply systems analyst, Tech. Sgt. Jackuline Robinson and Senior Airman John Severin, train on the hyster forklift. (Air National Guard photo by Senior Airman Loni Kingston)

Total Force Integration!



Master Sgt. Darci Furr from the 104th Fighter Wing serves breakfast at Rheinland Inn Dining facility, May 16, 2016. Master Sgt. Furr is one of approximately 100 Airman from Barnes Air National Guard Base, Mass., deployed for training to Ramstein and Spangdahlem. (Air National Guard photo by Senior Airman Loni Kingston)

Tech. Sgt. Karl Reinholz, assists Staff Sgt. Ryan Hart don his HAZMAT gear during a dual-component training mission with their 52nd Fighter Wing, active duty counterparts, May 18, 2016. (U.S. Air National Guard Photo by Senior Airman Loni Kingston)



Passenger travel clerk, Senior Airman Rakarah Bellini, from the 52nd Fighter Wing and traffic management specialist, Airman 1st Class Maimuna Marques, from the 104th Fighter Wing are busy at work issuing travel tickets to Service Members, May 17, 2016. (U.S. Air National Guard Photo by Senior Airman Loni Kingston)



Firefighters from the 104th Fighter Wing train along side active duty counterparts from the 52nd Fighter Wing, May 18, 2016. Airmen train in real-world scenarios in preparation for combat deployment. Force.. (Air National Guard photo by Senior Airman Loni Kingston)



Tech. Sgt. Jackuline Robinson and Senior Airman John Severin of the 104th Fighter Wing, train on the hyster forklift, taking supply inventory for the annual inventory inspection at Spangdahlem Air Force Base, May 17, 2016. (Air National Guard photo by Senior Airman Loni Kingston)

104th Airmen Experience Medevac Training with 3-126th Aviation Flight Medics

By Master Sgt. Julie Avey

Airmen approach the medevac helicopter from the three o' clock position, carrying a patient on a stretcher as the rotors are turning and the engines are hot. The medics stabilize the patient as the helicopter lifts off over Barnes Air National Guard Base during joint medical augmentee training. Medics from the Massachusetts Air National Guard, 104th Fighter Wing trained with the Massachusetts Army National Guard, Detachment 1 C Company 3-126th Aviation Flight Medics, joining together to increase support for domestic operations, May 11-12, 2016.



Sgt. Brad Demers, right, Flight Medic for the 3-126th Aviation, Support Facility II, trains Air National Guard, 104th Fighter Wing Medics on transporting patients on board the HH-60M Black Hawk Medevac helicopter. Staff Sgt. Anthony Fappiano, left, Medic for the 104th Fighter Wing, took part in the joint medic augmentee training to serve and better prepare for homeland operations and domestic responses. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)

“The medic augmentee program supports the Army Aviation with 104th Fighter Wing trained medics to allow the Army Aviation to successfully meet domestic operations and annual training

requirements, while bolstering the 104th FW with a real world medical mission set,” said Col. James Keefe, 104th Fighter Wing Commander.

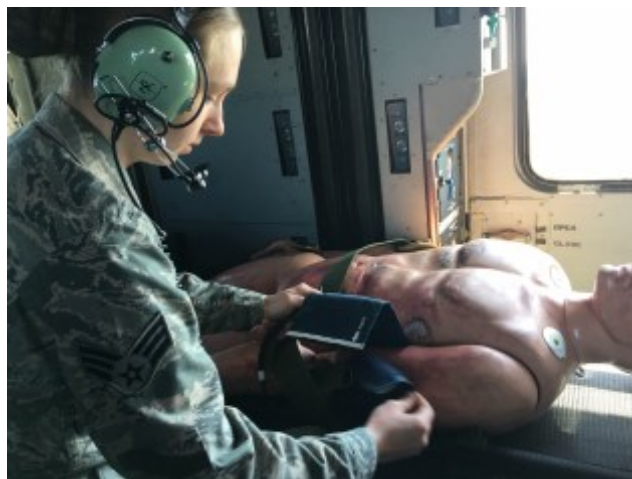
The Air Guard carried out their medical skills on board a HH-60. Medevac. Airmen took to the skies with the Army medics to better understand the challenges on board the aircraft when treating a patient in evacuation care.

“I am very excited to be a part of this operation. As a kid I would watch the aircraft from my home just around the corner and now to be a part of it humbles me,” said Airman First Class Alan Guin of the 104th Medical Group.

“The integration of both our Army’s medical capabilities and the skill set of our Air Force medtechs can prove an immense growth of the Massachusetts National Guard medical opportunities.”

The Joint Medical Augmentee Program will help the Commonwealth of Massachusetts and the Massachusetts National Guard provide an increased domestic operations mission set and training platform for the 104th Medical Group medics.

“This training is exceptionally important to the Commonwealth of



Senior Airman Courtney Greene, 104th Fighter Wing Medic, trains on board HH-60M Black Hawk Medevac with the Army National Guard Aviation to support homeland operations. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)

Massachusetts,” said Maj. James Brown Jr. of the 104th Medical Group. “It increases the capacity of both units and expands the skill set of the Air Force medics without incurring any additional costs to either unit while creating a symbiotic relationship between the 104th medics and the Det 1 C Company 1-126th.”

During the first part of the



Sgt. Brad Demers, Flight Medic for the 3-126th Army National Guard Aviation familiarizes Airmen on flight rescue hoist equipment. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)

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training flight regulations and procedures were discussed. The course also included familiarization training with the HH-60 Medevac aircraft and the location of equipment before taking off.

The instructor covered the locations of the on board aviation medical equipment to include the oxygen, suction, and support for IV fluid overhead. Environmental control, electrical outlets, and lighting, were amongst the important information provided as the students familiarized themselves with the aircraft.



Senior Airman Anthony Fappiano, medic for the 104th Fighter Wing provides in route emergency patient care on board the HH-60 medevac during Joint Medic augmentee training at Barnes Air National Guard Base. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)

The control panels throughout the aircraft were explained. The medical evacuation interior has a capacity of six litters total. The mechanical lifts have a tilt

capability for the medics to adjust accordingly for their patient's comfort.

The students were also shown how the external hoist functions operate and the equipment associated with it such as the jungle penetrator, sked, and rescue basket.

"I think what we are starting is great," said Senior Airman Courtney Greene of the 104th Medical Group. "Air Force medics are able to train more and use EMT skills we don't normally use during a drill weekend. The Army is also going to be provided with additional medics to meet their mission needs. I think it's important to have the Army and Air National Guard work together to support domestic operations."

The unit has had increased taskings to provide MEDEVAC for events such as the Boston Marathon, hurricane Sandy, Fourth of July, and Massachusetts Emergency Management Agency Training Events (MEMA).

Detachment 1 C Company 3-126th Aviation is based out of the Army Aviation Support Facility 2 (AASF2) on Barnes Air National Guard Base in Westfield, Massachusetts. The unit is the only helicopter air ambulance medical evacuation (MEDEVAC) unit in the Commonwealth of Massachusetts. It currently is assigned HH-60M Black hawk helicopters for the purpose of



The 104th Fighter Wing and 3-126th Aviation train together on in route flight emergency care to increase medical capabilities for domestic operations during search and rescues, emergency disaster responses, and statewide events such as the Boston Marathon. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)

MEDEVAC domestic operations and combat missions.

The mission of the C Company 3-126th is to provide aeromedical evacuation of the injured and wounded while administering in route patient care by trained medical personnel. Their capabilities include patient transfer, Bambi bucket aerial firefighting, search and rescue, medical resupply, and air movement of passengers.

"I enjoyed the opportunity to train and learn new skills with the Army National Guard Aviation," said Senior Airman Justin Gilbert. "It is always good to have as much knowledge and training in ones career field and this is a great opportunity to open the doors to new skills and abilities. The Army Guard was very accommodating and eager to teach."

104th Fighter Wing Medics



Senior Airman Christopher Iennaco of the 104th Fighter Wing tightens the straps on the litter to ensure his patient is secure prior to boarding an HH-60 medevac during the Joint Medic Augmentee training. Airmen from the 104th Fighter Wing brought their medical skills on board the HH-60 to familiarize themselves with flying while carrying out their medical duties. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)

104th Medics unload a patient from the HH-60 Medevac aircraft during the Joint Medic Augmentee training. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)



104th Fighter Wing Airmen and 3-126 Aviation Soldiers train together on critical care flight procedures during Joint Medic Augmentee training. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)



Above Photo: A Crew Chief from the Army National Guard Aviation looks out the window of the HH-60 to ensure there is clearance around the aircraft while in flight during the Medic training. Left Photo: Airman First Class Alan Guin of the 104th Fighter Wing, provides in route emergency care for his patient on board a HH-60 medevac during Joint Medic Augmentee training at Barnes Air National Guard Base. The 104th Fighter Wing medics and the Det 1 C Company 3-126 Aviation flight medics trained together on flight medic procedures for in route patient care in support of domestic operations . (U.S. Air National Guard Photos by Master Sgt. Julie Avey)



104th Fighter Wing Maintainer of the Year Protects U.S. Air Space in Northeast

By Master Sgt. Julie Avey



U.S. Air National Guard Photo By Master Sgt. Julie Avey

As the call is received crews scramble to the hangar, check lists procedures are under way, and moments later the F-15 Eagle aircraft takes off to secure the skies over our homeland. Any day or night of the week alert operations can arise and crews will rush out, leaving a gust of wind in the halls of the alert facility at Barnes Air National Guard Base, where they were on duty preparing for the important call. Staff Sgt. Trevor Tompkins is an Alert Crew Chief who is an integral part of the alert mission at the 104th Fighter Wing, was selected as the Continental U.S. North American Aerospace Defense Command Region First Air Force Aerospace Control Alert Maintainer of the Year.

“Tompkins readily takes on any task assigned to him while displaying a level of initiative, drive, and responsibility that is greater than the position he holds,”

said Chief Master Sgt. Robert Roy of the 104th Fighter Wing.

Tompkins was selected as the best maintainer in all 16 Air Control Alert units.

“These winners competed against nominees from across the entire enterprise, so the competition was extremely tough,” said Lt. Gen. William H. Etter, 1st Air Force (Air Force North) and Commander Continental North American Aerospace Defense Command Region.

“It was my team and leaders who helped me,” said Tompkins when asked about the award. “I am very proud to serve in the 104th and it felt good to share it with my Dad who is in aircraft maintenance in the Massachusetts Army Guard Aviation on base. My Dad shared that he is proud of me and it meant a lot.”

Roy said Tompkins’ superior workmanship and attention to detail led to a 98.5% pass rate on 67 inspections for the maintenance standardization and evaluation program. With his keen attention to detail he accomplished zero discrepancies conducive to a mission ready rating.

“He is a highly engaged safety officer. Tompkins has increased efficiencies in repairing, reducing ACA downtime — finding an out of limits hydraulic pump is one of the many examples.”

Tompkins is on immediate response to launch aircraft for the alert mission. As an Alert Crew Chief he is responsible for ensuring aircraft are ready to fly at a moment’s notice. He is part of a team of Airmen tasked with responding 24 hours a day, 365 days a year to protect U.S. Airspace.

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“I am proud to serve as an alert crew chief on such an important mission,” said Tompkins. We never have the mindset of it’s just another day at the office as we never know when the call may come in to protect the East Coast.

Tompkins described what it is like to be a part of the team, “When we respond we have an A man and a B man working on the aircraft. We communicate and accomplish preflight checks together calling out when we take out the pin, when we check the tire pressure, and move to the forward and aft inspections. It’s amazing how in sync we are much like



Staff Sgt. Trevor Tompkins of the Massachusetts Air National Guard, 104th Fighter Wing, inspects an F-15 Eagle aircraft during his daily preflight checks at Barnes Air National Guard Base. Tompkins was selected as Continental U.S. North American Aerospace Defense Command Region First Air Force Aerospace Control Alert Maintainer of the Year out of 16 ACA units throughout the Air Force. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)

synchronized swimming. It is really nice to know someone else has your back.”

“You also visually show each other what you are doing. That’s how you know you are doing each step safely and correctly. You can’t get your job done right if your Wingman is not on the same page.”

Tompkins often volunteers to serve additional hours to support unit deployments as they return and has served with Canadian Forces in support of a joint exercise at a Canadian forward operating location.

“The leadership here allows me to succeed by teaching me and I am able to come in and do my part on the mission,” said Tompkins. “Chief Roy mentors us and encourages us to continue to strive to improve ourselves.”

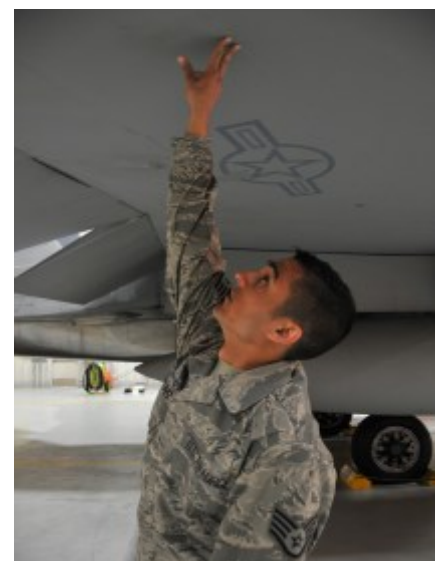
Tompkins significant self-improvements include 65 hours of private pilot training as he plans ahead for future opportunities. He is currently pursuing a Bachelor’s degree in Aviation Management.

Outside of his official duties he volunteers at a local school mentoring in classrooms, referees basketball summer classic tournaments in his community, and helps with family sporting events.

“Tompkins can regularly be found sacrificing off-duty-time to be involved with unit and community events such as kid’s Christmas parties and as an anchor of the physical fitness program assisting other unit members with assessments,” said Roy.



Staff Sgt. Trevor Tompkins, right, and Staff Sgt. Brian Boudreau, left, of the 104th Fighter Wing, take a photo together at Barnes Air National Guard Base. The two Airmen are crew chiefs who are “A Man” and “B Man” on a team together to inspect aircraft prior to departure. The crew chiefs are in sync together as Wingmen, mirroring each others actions and calling out their movements to each other ensuing safety and accuracy. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)



Staff Sgt. Trevor Tompkins performs daily inspection on The F-15 Eagle aircraft. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)

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The 104th was named the “Air Control Alert Unit of the Year’ by the Continental U.S. North American Aerospace Defense Command Region 1st Air Force. A component of the North American Aerospace Defense Command (NORAD), the Continental United States (CONUS).

“Staff Sgt. Tompkins’ performance as part of this team was a direct contributor to the 104th Air Control Alert unit garnering CONR 1st Air Force Aerospace Control Alert Unit of the Year Award,” said Roy. “Staff Sgt. Tompkins selection as the CONR 1st Air Force Aerospace Control Alert Maintainer of the Year is a reflection to the high quality maintenance personnel that are assigned to the 104 ACA team.”

Left Photo: Staff Sgt. Trevor Tompkins of the Massachusetts Air National Guard, 104th Fighter Wing, inspects an F-15 Eagle aircraft during his daily preflight checks at Barnes Air National Guard Base. Tompkins was selected as the Continental U.S. North American Aerospace Defense Command Region First Air Force Aerospace Control Alert Maintainer of the Year out of 16 ACA units throughout the Air force. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)

NUTS AND BOLTS MAY 2016 6

Historic Hangar

Flashback to 1960! Ironically the contractors of years past were ahead of schedule. (Pay particular attention to the caption beneath the photograph below left).

Past

WAITING PATIENTLY, one of the 131st F-89I Sabrejets watches the progress on its new home. Contractor predictions indicate that the hangar will be ready by the end of the year, well ahead of the contract requirements.

Present

How far we have come? You be the judge.

This aerial photo, taken by US Army engineers from a helicopter shows the almost-completed hangar, the apron and taxiway at each end, and the newly installed aircraft parking ramp. The latter appears to be a solid clearing, the entire surface being asphalt and concrete. The new access road from Buck Pond Road to the new main gate is underway, but the lengthening of the runway has been delayed, with the contractors still awaiting the go-ahead.

STARTING UP, the first steel beams that will hold the weight of the new hangar are being lowered into position.

Hangar Aerial View and hangar construction circa July 1960-1 (photographs provided by MSgt Odell & CMSgt Allen)

MAINTENANCE GROUP RETIREMENT CEREMONY

104th Fighter Wing Dining Facility
Saturday, August 13th @ 15:00

Please pass the word and plan to join us as we honor 15 dedicated Barnes members on their recent retirement with over 20 years of service to this great country!

Tickets are available for \$12.00
Food & Beverages Provided
Contact 2nd Lt. Allen Magdycz @ 698-1734

Defenders! Salute to our Security Forces During National Police Week!



Senior Airman Brendan Linnehan, 104th Fighter Wing Security Forces Defender stands ready to defend base resources as a vigilant quick response force member who trains and is on duty to serve in the Air National Guard, May 17, 2017. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)



Senior Airman John Areche of the 104th Fighter Wing Security Force's Defenders , Quick Response Force, and policeman for the community of South Hampton, challenges and apprehends an intruder played by Senior Airman Joshua Lamb, May 17, 2016. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)



Senior Airman Nicholas Asselin of the 104th Security Forces Defenders, Quick Response Force, challenges and apprehends an intruder played by Senior Airman Joshua Lamb. SFS test and evaluate reaction-times in the event an intruder threatens Air Force people and assets. (U.S. Air National Guard Photos by Master Sgt. Julie Avey)



Tech Sgt. Christopher Jacques of the 104th Fighter Wing Security Force's Defenders quick response force, and Lowell, Mass. Police Dept., trains Security Forces Airmen on challenging and apprehending intruders during a base defense exercise, May 17, 2016. The 104th SFS are always on duty securing our base resources and ready to respond to hostile threats. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)

Citizen Airmen Serve & Protect On and Off Base

By Master Sgt. Julie Avey

Several of the 104th Fighter Wing Security Forces Citizen Airmen serve and protect as Police Officers both on and off base. The 104th Air National Guard Airmen have raised their hand to defend their homeland in the Air Force uniform and also serve in their community. These Citizen Airmen serve in their community as both a Guardsmen and as local Police Officers.

“Almost all of the training I have received in the military has helped me during the academy,” said Scott Schuster of the 104th Security Forces Squadron. “To list the main ones, command presence, military bearing, stress management, and leadership.”

Schuster is currently attending the Massachusetts State Police Municipal Academy in New Braintree Massachusetts in order to start working as a full time police officer in Westfield, Massachusetts. Zach Smola is also attending the academy for Chicopee Police Department.

“As a Citizen Airman in my hometown I am very proud,” said Schuster. “As a military member and police officer, being part of the community is paramount. Without the community’s support, we would not be able to accomplish our mission. Being a service member and police officer is a lifestyle. I have always wanted to help my community and this is the lifestyle career I was meant to do.”

Schuster grew up in Westfield attending Westfield schools and

graduating from Westfield State College in 2010 with a Bachelor’s Degree in Criminal Justice and minor in Political Science. After his sophomore year in college he joined the Security Forces at Barnes Air National Guard Base.

While in Security Forces he deployed to Baghdad, Iraq in 2011 for six months, served on several state activations and temporary duty assignments.

“The countless TDYs, state activations, and deployments have broaden my skill sets,” said Schuster. “Most importantly I met my wife Glenda Schuster in Security Forces.”

The 104th Security Forces are always on the mission at Barnes Air National Guard Base and various locations throughout the world. The Squadron’s Quick Response Force Airmen secure our base resources and are ready to respond to hostile threats on a daily basis.

“Our training is focused on providing high level protection for not only our assets vital to our mission but also protecting the greatest assets, the 104th members,” said Senior Airman John Areche, 104th Security Forces and Police Officer in the community of South Hampton.

Security Forces test and evaluate reaction-times in the event an intruder threatens Air Force People and assets. They train on a variety of mission sets such as firing at the range, riot control tactics, and force protection in

order to protect the base and be ready for the call to deploy or support domestic operations.

“Team work, communication, and leadership are one of the many skills the Guard has helped me hone during my three plus years with the Air National Guard,” said Areche.

Areche is a Police Officer in the community of South Hampton and is currently attending an advanced casualty care course at the Boylston Police Academy. Senior Airman Warren who is a member of the Massachusetts State Police is also attending the casualty care course. It is a course designed to teach law enforcement personnel lifesaving tactics that can be utilized to help save civilian and law enforcement personnel from severe trauma injuries during active shooter, mass casualty or serious accidents.

“Being a police officer and serving my community in the Guard is something I am proud to do,” said Areche. Some of the best highlights of my career in the Guard and as a police officer for the town of South Hampton is the daily interactions I make with the community and the people I work with.”

Areche shared “It’s important to be involved and give back to the community. Being a police officer and citizen Airman allows me to do just that and at the end of the day, it’s an incredible satisfying feeling.

Barnestormers Proudly Wear the Governor's Twenty Tab

By Senior Airman Marie Georgefills

Barnes Air National Guard members valiantly competed at the marksmanship competition against both Army and Air Force National Guard members throughout the state of Massachusetts on a three-day marksmanship competition on May 20-22, 2016.

The Governor's Twenty Tab is a prestigious state-level National Guard marksmanship award, created in 1968 and is awarded to the top twenty shooters in each state. The award criteria varies from state-to-state, with Massachusetts recently adopting the competition in 2015.

The Barnes National Guard team consisted of a team coordinator, Master Sgt. Christopher Cekovsky of the 104th Security Forces, Tech. Sgt. JB Stern of the 104th Security Forces, Maj. Bruggess of the 104th Medical Group, Maj. Heitman, Commander of the 104th Security Forces, Staff Sergeant Kim Anderson of the 104th Security Forces, and Senior Master Sgt. William Greenwood of the 104th Maintenance Group.

Sgt. Cekovsky trained members in three practices during drill weekends.

"Our team is very fluid, due to Ops Tempo," said Sgt. Cekovsky. "The team has been hugely successful placing third place in the 2016 team awards."

Tech Sgt. Stern and Maj. Burgess will be inducted into the Governors twenty in a ceremony at State Headquarters, Hanscom Air Force Base later this year. Sgt.

Cekovsky was inducted last year, and will be receiving his second Governors tab, which he wears proudly on his ABU.

"The event is important to the National Guard as marksmanship is a vital skill to being an Airman," said Sgt. Cekovsky.

Sgt. Cekovsky who also received the Distinguished Pistol badge in 2011, and the National Bronze Rifle Badge said "this competition takes the shooter to the next level."

The competition is open to all Massachusetts National Guard members regardless of Air Force Specialty Career Field (AFSC) or rank. It is a way for National Guard members to hone on skills, compete with the best in their state, and represent their base. Competing in teams, they are scored on two pistol matches and two rifle matches in courses of fire. The individuals and team winners receive the coveted Governor's Twenty Tab, authorized to be worn on their ABU and Blues.

Cekovsky has his eyes on bringing home the "Gold Rifle Badge" which requires a thirty point excellence in competition.



Sgt. Christopher Cekovsky of the 104th Security Forces Squadron was inducted into the prestigious Governor's Twenty in 2015. Tech Sgt. Stern and Maj. Burgess will be inducted into the Governors Twenty in a ceremony at State Headquarters, Hanscom Air Force Base later this year. Sgt. Cekovsky was inducted last year, and will be receiving his second Governors tab, which he wears proudly on his ABU. (Photo by Senior Airman Marie Georgefills)

Since the Governors Twenty induction, there has only been awarded 412 distinguished pistol badges and 380 rifle badges nationally. Barnes members consistently bring home accolades of excellence which can be seen in the trophy cases around the base. This speaks volumes about the base and represents some of the great talented people we have at Barnes Air National Guard Base.



Safety, How Does Water Safety Float Your Boat?

By Senior Master Sgt. Thomas Dumais, 104th Fighter Wing Safety Office

The unit has experienced 9 mishaps/injuries since the last How-Goes-It.

- Off-duty replacing dishwasher, strained back, lost time
- On-duty Participant performing PT, Snapped Achilles tendon, lost time
- Worker using lathe, lacerated finger, greater than first aid
- Participant using gym, fractured toe, lost time
- Operator of GMV impact fence pole, broken tail light, \$500
- Departing A/C struck by laser pointer, no impact to flight, reported to FAA and state Operator in training.
- Flipped OGMV, damaged roof, \$350 (personnel OK)
- Off duty PMV4 operator impact guardrail, vehicle totaled, member OK
- A/C impacted bird in flight, no damage, \$0

To think about water safety, we first have to understand and agree that safety in and around water is a serious thing. Every day about ten people die from an unintentional drowning. Of these, two are children aged 14 years or younger. In fact, drowning ranks fifth among the leading causes of unintentional injury death in the United States. If you don't think it can happen to you, or those around you, think again! From

2005-2009, there were an average of 3,533 fatal unintentional drownings (non-boating related) annually in the United States — about ten deaths per day. An additional 347 people died each year from drowning in boating-related incidents. Who are these people?

Approximately 80% of people who die from drowning are male.

Children ages 1 to 4 have the highest drowning rates

What factors influence drowning risk?

The main factors that affect drowning risk are lack of swimming ability, lack of barriers to prevent unsupervised water access, lack of close supervision while swimming, location/failure to wear life jackets, alcohol use, and seizure disorders.

Beach safety

Watch for dangerous waves and signs of rip currents. Some examples are water that is discolored and choppy, foamy, or filled with debris and moving in a channel away from shore.

If you are caught in a rip current — DON'T PANIC — swim parallel to shore. Once free of the current, swim diagonally toward shore.

Back in 2001, I wrote about a horrible personal experience witnessing a 9-year old boy who drowned. He was found about twenty feet from shore, but no one

could see him in the pond. If someone had been assigned to do nothing except watch and keep count of the children swimming, this little boy would be here today! In the blink of an eye, water can remind you how hazardous it is. Please take the time to keep water safety on your radar. Someone's life may depend on it!

“Water is the fountain of life! Let's keep it that way! With your water safety awareness and actions, you too can help keep floating your boat; SAFELY”

- SMSgt Thomas M. Dumais
104FW Occupational Safety
Manager



Coast Guard personnel conducts a courtesy boarding aboard a pleasure craft in Salem Harbor, Massachusetts. (United States Coast Guard photo by PA1 Eric Eggen)

HOW TO RESPOND WHEN AN ACTIVE SHOOTER IS IN YOUR VICINITY

QUICKLY DETERMINE THE MOST REASONABLE WAY TO PROTECT YOUR OWN LIFE. CUSTOMERS AND CLIENTS ARE LIKELY TO FOLLOW THE LEAD OF EMPLOYEES AND MANAGERS DURING AN ACTIVE SHOOTER SITUATION.

1. Run

- Have an escape route and plan in mind
- Leave your belongings behind
- Keep your hands visible

2. Hide

- Hide in an area out of the active shooter's view.
- Block entry to your hiding place and lock the doors

3. Fight

- As a last resort and only when your life is in imminent danger.
- Attempt to incapacitate the active shooter
- Act with physical aggression and throw items at the active shooter

**CALL 911 WHEN IT IS
SAFE TO DO SO**

HOW TO RESPOND WHEN LAW ENFORCEMENT ARRIVES ON THE SCENE

1. HOW YOU SHOULD REACT WHEN LAW ENFORCEMENT ARRIVES:

- Remain calm, and follow officers' instructions
- Immediately raise hands and spread fingers
- Keep hands visible at all times
- Avoid making quick movements toward officers such as attempting to hold on to them for safety
- Avoid pointing, screaming and/or yelling
- Do not stop to ask officers for help or direction when evacuating, just proceed in the direction from which officers are entering the premises

2. INFORMATION YOU SHOULD PROVIDE TO LAW ENFORCEMENT OR 911 OPERATOR:

- Location of the victims and the active shooter
- Number of shooters, if more than one
- Physical description of shooter/s
- Number and type of weapons held by the shooter/s
- Number of potential victims at the location

RECOGNIZING SIGNS OF POTENTIAL WORKPLACE VIOLENCE

AN ACTIVE SHOOTER MAY BE A CURRENT OR FORMER EMPLOYEE. ALERT YOUR HUMAN RESOURCES DEPARTMENT IF YOU BELIEVE AN EMPLOYEE EXHIBITS POTENTIALLY VIOLENT BEHAVIOR. INDICATORS OF POTENTIALLY VIOLENT BEHAVIOR MAY INCLUDE ONE OR MORE OF THE FOLLOWING:

- Increased use of alcohol and/or illegal drugs
- Unexplained increase in absenteeism, and/or vague physical complaints
- Depression/Withdrawal
- Increased severe mood swings, and noticeably unstable or emotional responses
- Increasingly talks of problems at home
- Increase in unsolicited comments about violence, firearms, and other dangerous weapons and violent crimes



Contact your building management or human resources department for more information and training on active shooter response in your workplace.



Joy in the Face of Adversity

By Chaplain Kenneth DeVoie

If you have walked through this life for any amount of time, you cannot help but to notice that there are major differences in how people respond to major life changes. Some deal with them with great grace and class that they even seem to exude tremendous peace in the midst of such adversities.

Others seem to always stumble at the slightest change or obstacle that life throws at them and they are always living in a continual state of Drama. They even seem to move from drama to drama in life. It almost defines their personality and how people interact with them.

As a Christian pastor, and in counseling people, I point out that at the heart of drama is some human brokenness and most often sin (anger, jealousy, envy, hatred, coveting, lust, sloth, etc...). The Greek word for "sin" transliterated is *amartia*, which literally means to "miss the mark;" as in an archer not hitting the bulls-eye on the target when he shoots an arrow at it.

These life changes I refer to include, but are not limited to: *job changes or loss of job, deployments, illnesses, death of loved ones, failures in important or broken relationships, moving, having children, or retirement.* We can be sure that there is no life lived that does not face change and adversity of some sort.

How we respond to these changes and adversities, many times un-planned events, can make all the difference in our health and finding lasting joy in life. [Note: I did not say happiness. Happiness is a temporary state of mind and is very conditional on the circumstance of the moment, but joy is transcendent of all these variables.] Too many Americans are trying to be "happy" – a temporary state, instead we should be seeking the joy that life can bring; even in the face of change and adversity.

It is no secret that those who have established a meaningful spiritual dimension as part of their life-style, handle adversity and

change with greater ease and are able to find a lasting joy in living life, despite the circumstances that do not always seem fair.

Joy can be more easily had by fostering this spiritual dimension in our lives. Prayer, worship, meditation, scriptural contemplation, joining a church, synagogue, temple or mosque are a couple of means that can help an individual connect and foster a deeper meaning to life that brings joy even in the face of adversity and change.

I want to encourage you to foster this dimension for a lasting balance in life and for your overall resilience as a member of the military family. The Chaplain's are available for consultation, advice and a variety of other services that you may need. Stop by Building 12 anytime and stay away from Drama.

Worship Schedule

Protestant Worship

11:15 a.m. Saturday, April 2, 2016

Catholic/Orthodox Worship

11:30 a.m. Sunday, April 3, 2016

If you need to talk, the Chapel Team will be out and about. You can also stop in for a chat at the Base Chapel (Building 12, aka the Fitness Center) or call ahead at 698-1057.

Resources to Explore

By: Michelle Pennington , Director of Psychological Health (DPH)

Military Kids Connect (www.militarykidsconnect.dcoe.mil)

Military Kids Connect is a tremendous, interactive, online resource for children as well as their teachers and caregivers. It is an initiative of the DoD agency National Center for Telehealth & Technology (T2). It provides age appropriate activities and an opportunity for children to share their stories and challenges of military life. Topics and activities are separated into 3 age groups: Kids(6-8), Tweens(9-12) and Teens(13-17).

MASS 211

Ever wonder if there was one place to search what's out there for community, health and disaster services? You name it you can find it either online or over the phone 24/7 with MASS 211. MASS 211 is a confidential resource clearing house where you can search for caregiver support, specific health conditions, childcare, housing...too many topics to list here. Detailed information about availability and eligibility of services, programs, and supports is provided. Online go to MASS 211. Over the phone either dial 211 or (877) 211-6277 (MASS). If online click "Search for Help". You can choose from the categories provided or click the orange circle "Start a Search" to customize your search.



Run for the 22 is a 5K run/walk

Date: June 25th 2016

Location Information: Westfield Lodge of Elks. 56 Franklin Street. Westfield Mass

Run begins at 10:00 Am sharp Must Be registered to Run

It is said that on Average 22 Veterans commit suicide each day. This is 22 too many and something must be done. So please come run/walk for a cause or donate and join the celebration. Help raise money for free gym memberships for veterans. The hope is that the gym will become an outlet and a way to escape negative thoughts when returning back to civilian life.

*Online registration will end June 18 at 9:45 a.m. Participants must be registered by this time to receive a T-shirt. Anyone looking to register on day of run must pay in Cash and will not receive a T-shirt. Sorry **NO PETS ALLOWED!!**

*Bib number and T-shirt Pickup will begin at 8 Am on day of Race June 25th Next to the start Line.

The run will Begin and end at the Westfield Lodge of Elks 56 Franklin Street Westfield Mass

For Your Information

All full time job opportunities will now also be posted on the SharePoint main page under Full Time Opportunities. Please look there for all Technician and AGR position postings as well.

Aircraft Mechanic

The 104th Fighter Wing is hiring for an Aircraft Mechanic AFSC can be 2A6X1A The POC:

Senior Master Sgt. Denise Cahalane at

(339) 202-3164

Job Announcement Closes 7/5/2016 For Complete job announcement :

<https://www.usajobs.gov/GetJob/ViewDetails/440901900>

Health Systems Specialist

The 104th Fighter Wing is hiring for a Health Systems Specialist.

Unit POC: Senior Master Sgt. James Brown at 413-568-9151, extension 6981402.

For complete job announcement:

<https://www.usajobs.gov/GetJob/ViewDetails/437638300>

Intelligence Operations Specialist

The 104th Fighter Wing is hiring for an Intelligence Operations Specialist. AFSC can be 14NX, 1N0XX, 1N490 POC: Senior Master Sgt. Denise E. Cahalane at (339) 202-3164

Job Announcement Closes 7/5/2016 For Complete job announcement :

<https://www.usajobs.gov/GetJob/ViewDetails/440889100>

Supervisory Intelligence

Operations Specialist The 104th Fighter Wing is hiring for a Supervisory Intelligence Operations Specialist. AFSC can be

OFF: 14N3 The POC: Senior Master Sgt. Denise E. Cahalane at (339) 202-3164 Job Announcement Closes 7/5/2016 For Complete job announcement :

<https://www.usajobs.gov/GetJob/ViewDetails/440861900>

Contact Specialist

A Contract specialist technician (GS-1102-07/11) position is open at the 104th FW. Required ASVAB General Score: 72. All applications will be considered regardless of Branch/AOC/FA/AFSC.

Production Recruiter and Retainer

Number: 104-16-24 (AGR) Expires: May 25, 2016

Military grade range: Senior Airman to Tech. Sgt.

AFSC: 8R000

An AGR position is available to all current members of the Air National Guard. Applications will be accepted at the individual's servicing Military Personnel Flight (MPF) until 2359 on the expiration.

POC: Master Sgt. Thomas Whiddon

Comm: (774) 836-7922

Email:

Thomas.l.whiddon.mil@mail.mil

AGR Branch POC: Tech Sgt. Kristine Balchunas

Comm: (339) 202-3110

Email:

Kristin.a.balchunas.mil@mail.mil
<http://www.thenationsfirst.org>

Equal Opportunity Officer

Position Available Position Title/ Grade: Equal Opportunity (EO) Officer (AFSC 38P3) / O1-O4 (Major) Minimum Grade Eligible to **Apply:** O1 or Eligible for Commissioning

Unit: 104th Fighter Wing

Application deadline: June 12, 2016

Projected Board Date: August UTA

POC: Lt .Col. David Castonguay at ext. 698-1328.

Position: The EO Officer is responsible for organizing programs to assist commanders to prevent sexual harassment and ensure equal opportunity in support of mission readiness. The EO Officer develops and implements training in human relations to promote awareness and understanding and determines the need for possible referrals to other agencies.

Education: An undergraduate degree in sociology, psychology, education, or business education is desirable.

Appointment is contingent upon completion of the Academy of Military Science (AMS), Personnel Officer Initial Skills Training, and the Defense Equal Opportunity Management Institute (DEOMI).

(Cont'd from page 22)

Application Procedures: Please submit a completed package including a resume, un-opened official copy of your college transcripts, a copy of your AFOQT scores no later than the application deadline to Chief Master Sgt, Andres Huxtable andres.a.huxtable.mil@mail.mil, (413) 568-9151 ext. 698-1435, 104th Force Support Squadron. Additionally, you may want to submit copies of any certifications that are required or that apply to the position at the time of interview.

Additional Instructions: You will be notified via email regarding the board time, date, and location. If you are not eligible to meet the board, you will notified by letter.

3rd Annual Salute Our Veterans Motorcycle Ride
All proceeds go to **PROJECT NEW HOPE inc**

Date: Saturday June 25th, 2016
Starting Location: 700 Plantation St. Worcester, MA 01605
End Location: 20 Federal Hill Rd. Oxford, MA 01540
Ride Registration: 9:30 a.m.
Kickstands Up: 11:30 a.m.

Lunch & Entertainment: Until 4pm **Cost:** \$20 per Rider, \$10 per passenger

Contact for questions:
Dave Michalak (617) 839-1702, dmichalak@projectnewhopema.org
T-Shirt Sponsor: \$100
bmoore@projectnewhopema.org

Ice Cream Social! I SCREAM, YOU SCREAM, WE ALL SCREAM FOR ICE CREAM!

You and your families are invited to the Ice Cream Social! Hot Dogs, Chips, Macaroni Salad, Drinks and Ice Cream Sundaes,.

When: Thursday June 16, 2016

4:30-7:30 p.m.

Where: NCO Club

Cost: FREE



Several families from the Barnes Air National Guard Base attended the Ice Cream Social, May 19, 2016. (U.S. Air National Guard Photos by Master Sgt. Julie Avey)

It's Back by Popular Demand!

A Big Thank you to our Family Readiness!

This information is provided as a community service for all recipients both military and civilian unless otherwise noted. No endorsement of events, products, services or organizations by the Massachusetts National Guard or DoD is implied or intended. Additionally, the Massachusetts National Guard or the DoD does not endorse any events, products, services or organizations at any "link (s)" destination contained herein, nor does the Massachusetts National Guard exercise any responsibility over the content at the destination. Acknowledgements and responses should be directed to the point of contact for all notices. The State Public Affairs Office does not manage or control the email distri-

(Cont'd on page 24)

(Cont'd from page 23)

Chief's Council Fundraiser

The Chief's Council are selling T-shirts. Sizes are available in XS to 2X. See your squadron council members or the MXG orderly room to purchase.

Walk in Legal Assistance

The Legal Office provides legal assistance to all ANG members on the following legal deployment related issues: Wills, Powers of Attorney (Family Care Plans), Service members Civil Relief Act, and Employment and Reemployment Rights. Walk In Hours are available every Saturday of the RSD from 9 a.m.-11 a.m. If you are unable to come during this time, please call our office at ext. 6981244 to make an appointment. We would be happy to accommodate your schedule. Notary Public Services also available.

PVC Info

Did you know that the Pioneer Valley NCO Club is a Non-profit organization? Are you aware of what your membership money goes towards each year? A lot of people don't realize that the NCO Club is more than just a bar. We make donations to many different organizations on behalf of its members throughout the year. Your membership money goes towards all maintenance and improvements made at the NCO Club as well. Without your annual donations none of this would be possible. Pioneer Valley NCO Club Coins are available for purchase for \$10.



“Professional Shopper Wanted” ???

Here is an opportunity to provide resources to the wing ensuring the 104th Fighter Wing is ready for the mission!

Are you a business major seeking hands-on experience? The Contracting Office is looking for a motivated individual to assist through (at least) September 2016. Duties involved are all business-related – to include market research, audit, purchasing, solicitation preparation, contract preparation, and requirements and funding validation.

Dealing with complex requirements and addressing issues through critical thinking, intensive research, and analytical decision making is a hidden benefit.

Pay and benefits would be commensurate with current military grade and individual status.

Please contact Senior Master Sgt. Kyle Kiepke at 413-572-1593 with questions.



Barber Shop Open
 The Barber Shop will be open for the 2016 RSD dates. Enter Building 008, South Entrance. POC for the Barber Shop operations call: (413) 568-9151, x698-1234.

Annual Family Day



Join us for Barnes ANG Family Day!
One of our most enjoyable events for
members and their families!

- FAMILY ACTIVITIES
- SPORTS & GAMES
- FOOD & DRINKS
- MUSIC
- RAFFLE PRIZES



SUNDAY, AUGUST 14th
1130 to 1600 HRS

POC: Captain Denis St.Jean
DSN: 698-1855
denis.r.stjean.mil@mail.mil



Education Information and Benefits

Education Requirement to Senior Master Sergeant promotion

There has been some confusion in the Wing in regards to promotion to Chief Master Sergeant or Senior Master Sergeant since the mandatory requirement came in effect on October 1, 2015 for the need of a Community College of the Air Force (CCAF) degree. A memorandum from JFHQs should be coming out in the near future.

Effective April 4, 2016, the requirement to have a Community College of the Air Force Degree is still valid, however, if you possess an equivalent Associate's degree or higher from an accredited institution, you can submit an Exception to Policy letter signed by the Wing Commander.

Proof of such degree must be provided in the form of official transcripts to our Base Education and Training Manager (BETM). It MUST also be updated on the member's RIP prior to submitting the CCAF exception to policy letter. The BETM will ensure the member's MILPDS record reflects the civilian equivalent associate's degree or higher in accordance with the transcripts provided, and not an awarded CCAF.

The point of contact for this subject is Senior Master Sgt. Trish Goodreau, extension 698-1224.

National Guard Tuition and Fee Waiver Program Guidelines

As you may already know the Tuition and Fee waiver policy has been updated to reflect applicable State Laws.

Certificates are allowed to be submitted during and after the semester until July 31 by the State Command Team, but after that they will not approve certificates after the fact.

According to the Law and Policy all certificates have to be requested prior to the start of the semester, and they will approve them during the Add/Drop Period, but after the period is over the requests will be denied.

The Massachusetts National Guard Education Assistance Program provides a 100% tuition and fee waiver for active members of the Massachusetts National Guard attending a state college, university, or community college program.

Assistance can continue as long as you are good academic standing and until you have reached 130 semester hours.

To apply, you must request a Certificate of Eligibility (TAGMA Form 621-3) from the Massachusetts National Guard Education Office. You may request one by calling the office at (508) 968-5889.

In November 2005, the Massachusetts Legislature enacted and the Governor signed "An Act Providing Benefits to Service Members, Veterans and Their Families" (Chapter 130 of the Acts

of 2005). This law, in Section 2A, provides for tuition and fee waivers for members of the Massachusetts National Guard who choose to attend a Massachusetts public institution of higher education and it requires the Board of Higher Education to establish guidelines for these waivers. Section 2A also states "The commonwealth, not the institutions of public higher education, shall bear the cost of such tuition and fee waivers for Massachusetts National Guard members."

ELIGIBLE INSTITUTION

An institution within the system of public institutions of higher education as identified in Section 5 of Chapter 15A of the Massachusetts General Laws.

ELIGIBLE PROGRAM

An undergraduate or graduate degree program offered by an eligible institution.

ELIGIBLE STUDENT

An active member of the Massachusetts Army or Air National Guard who is in good standing and meets the following criteria:

- a) is accepted for admission to, or is enrolled, full- or part-time in a Massachusetts public institution of higher education, as defined above
- b) is eligible to receive and has been issued a Certificate of Eligibility by the Military Division
- c) has not exceeded the 130 semester credit hours maximum, or the equivalent quarter hours or clock hours, when combined with **Mass.**

Certificates of Eligibility issued prior to September 1, 2006

(Cont'd from page 26)

d) maintains satisfactory academic progress as defined by the institution

MAINTENANCE OF ELIGIBILITY

It is the responsibility of each National Guard member to maintain his/her eligibility for educational assistance during the life of each Certificate of Eligibility. The member is also responsible for providing the Certificate of Eligibility to the proper official at the institution, as designated, and in a timely manner to facilitate awarding of the waivers.



Free certification for Veterans from Syracuse University

The Veterans Career Transition program is operated by the Institute for Veterans and Military Families at Syracuse University, and is no cost to post 9/11 Veterans, their spouses, and spouses of active duty military. Participants receive non-credit certificates upon completion. Industry certification is available for free. The VCTP program will pay the graduate's associated exam fees for industry certification.

For more information visit:
<http://vets.syr.edu/education/employment-programs/>

Air Force Cool Program



The Community College of the Air Force provides Air Force Credentialing Opportunities in an On-Line program. Air Force COOL is a pathway for enlisted Airmen to earn industry recognized professional certifications and licenses. Found on the Air Force Portal, Air Force COOL has a credential mapping of 642

professional certifications and licenses for 190 enlisted Air Force specialty codes. The credentials are at the national and state levels and from industry. Complete Air Force COOL program details, application procedures, eligibility requirements and AFSC listings are located on the Air Force Portal or here:

<https://afvec.langley.af.mil/afvec/Public/COOL/Default.aspx>

For more information visit the following sites:

<https://afvec.langley.af.mil/afvec/Public/COOL/SearchCredentials.aspx>

<https://afvec.langley.af.mil/afvec/Public/COOL/HowDoIApply.aspx>

Congratulations to all those Barnstormers graduating during this season of graduations!

Finance Counselor On Base

A Personal Financial Counselor, Debra Antel, from the Military and Family Life Counseling Program will be on base every Wednesday until July 1, 2016. She will be working out of the Family Readiness Office in Bldg. 1. If you wish to make an appointment with her please see her contact information listed below.

It is another benefit provided to us absolutely free.

If you would like to make an appointment, including in the evening after work, please call her at 774-205-3698, or email her at MA-PFC2@mflc.zeiders.com.

Comm Warrior Corner : Keep Calm and Learn Computers

Bits & Bytes

Cybersecurity Focus: The Human Factor

A recent Harvard Business Review article highlighted several computer security issues facing companies today. Among the various factors contributing to security, the human factor was rated as one of the most important.

It has always been the case that the weakest link in the cybersecurity chain is us, the human operators of the machines we depend on to perform our daily tasks. From social engineering, to poor email handling, to simple mistakes such as writing down passwords (or, in our case, leaving our CACs and PINs vulnerable to theft or misuse), human beings remain one of the main vulnerabilities in our networks.

Yes, technology can help. Establishing the use of the Public Key Infrastructure (PKI), which uses tokens and PINs instead of usernames and passwords was indeed an improvement. But a wise man once said you can't fix a people problem with technology. This certainly holds true with regard to cybersecurity. Or, as Admiral Mike Rogers, Commander, U.S. Cyber Command put it, "We have

to get beyond focusing on just the tech piece here. It's about ethos. It's about culture. [It's about] how you man, train, and equip your organization, how you structure it, the operational concepts that you apply."

At Barnes ANGB, we have some of our best human assets in our Wing Cybersecurity Office, but they can't do it all. Last year, AFI 33-200 established the role of the Cybersecurity Liaison (formerly known as Information Assurance Officers) – unit level representatives trained to handle some key cybersecurity functions. These folks validate and sign access and training request forms, such as the familiar DD 2875; assisting with classified message incidents (CMI) and malicious logic incidents (MLI) in your duty section; assisting with biennial Notice and Consent program; serve as POCs for software and hardware requests; and be your first stop for cyber questions. Unit commanders can appoint people to fill this important post by following the guidelines published in [BI 33-301, Appointment Letters](#). Some already have done this, but more are needed.

Additionally, you can help by your vigilance. Maintaining cyber hygiene is easy and takes just a little common sense. One easy way is to avoid social engineering and phishing attacks. US-CERT, the U.S. Computer Emergency Readiness Team, recommends the following:

- Be suspicious of unsolicited phone calls, visits, or email messages from individuals asking about employees or other internal information. If an unknown individual claims to be from a legitimate organization, try to verify his or her identity directly with the company.
- Do not provide personal information or information about your organization, including its structure or networks, unless you are certain of a person's authority to have the information.
- Do not reveal personal or financial information in email, and do not respond to email solicitations for this information. This includes following links sent in email.
- Don't send sensitive information over the Internet.
- Pay attention to the URL of a website. Malicious websites may look identical to a legitimate site, but the URL may use a variation in spelling or a different domain (e.g., .com vs. .net).

If you are unsure whether an email request is legitimate, try to verify it by contacting the company directly. Do not use contact information provided on a website connected to the request; instead, check previous statements for contact information. Information about known phishing attacks is also available online from groups such as the Anti-Phishing Working Group (<http://www.antiphishing.org>).

(Cont'd from page 28)

- Install and maintain anti-virus software, firewalls, and email filters to reduce some of this traffic (usually, this part is handled by the base Network Control Center or ANG NOSC).

If these things sound like what you already do every day, great! You're already doing a lot to foster a safe, secure computing environment. However, new threats & vulnerabilities materialize as fast as new technology appears. If you're not sure if something is safe or secure, don't do it.

Knowledge Management Update

Air Force Lotus Forms

The official Air Force forms inventory is migrating away from the familiar IBM Lotus (.xfl) forms to Adobe. The projected completion date is March 31, 2017 to have all AF forms hosted on the e-Publishing website available in fillable Adobe (.pdf) format.

In addition, early next year the Lotus software required to read forms in .xfl format will be removed from all Air Force & ANG computer. This will render them unreadable, so for those with historical records in .xfl format, it's important to save them to PDF format starting today, particularly if you have a large inventory.

From the Mail Room

We receive a lot of catalogs for people who no longer work here, or multiples for the same person. I see these thrown in the trash. Either on

the inside front cover or the back of the catalog or periodicals are instructions for unsubscribing to the catalog. Usually a simple email with "Master Sgt. Smith doesn't work here any longer and her replacement already receives a copy of this catalog" will suffice for the office to stop receiving the mail.

If you are like me and get a lot of unsolicited mail at home (credit card offers, multiple catalogs, etc) and junk emails, and want those to stop too, check out the Federal Trade Commission's website article "Stopping Unsolicited Mail, Phone Calls, and Emails." The article links to websites to help you opt out of the prescreened offers of credit and insurance, unsolicited commercial mail from many national companies, and unsolicited commercial emails. Cutting down on these will not only help eliminate the clutter, but lower your risk of identity theft.

<http://www.consumer.ftc.gov/articles/0262-stopping-unsolicited-mail-phone-calls-and-email>

Technical Tip!

Outlook Web Access

Email can be frustrating, especially when we logon to a computer we haven't used before. Often, we're forced to wait while Outlook pulls in all the email – read & unread – that exists on the servers. And when we're away, we can't access Outlook at all.

There is a solution!

Try Outlook Web Access. Just click one of the links below (or copy & paste it into your browser), read the DoD warning page, click OK, and always use your email certificate. There's no waiting for Outlook to catch up, and you can access your email from wherever you might be as long as you have a CAC-enabled computer and a card reader.

Please note, however, that if you have other email archives stored on your computer, those will not be available.

Links:

<https://web-cols03.mail.mil/owa>

<https://web.mail.mil/>

F-100 Rededication Ceremony



The 104th Fighter wing honors thirteen fallen Airmen from Barnes Air National Guard Base as the names of the fallen Airmen are read aloud during an annual F-100 rededication ceremony, May 15, 2016. Family members of the fallen Airmen honored during the ceremony as well. The F-100 monument was originally dedicated May 17, 1987 and has stood as a constant reminder of the impact of these Guardsmen in the history of the 104th Fighter Wing. (U.S. Air National Guard photo by Lt. Bonnie Harper)



The annual F-100 rededication ceremony at Barnes Air National Guard Base honors 13 Fallen Airmen who have given their lives in performance of duties to the state and country. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)



The 104th Fighter Wing presents the Colors during F-100 Rededication Ceremony in honor of Barnes Air National Guard fallen Airmen. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)



Col. Ronald Halley and members of the 104th Operations Group salute during the F-100 rededication ceremony. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)

104th Fighter Wing Firefighters, present American Flags during F-100 Rededication Ceremony.

104th Fighter Wing Security Forces salute Fallen Airmen from Barnes Air National Guard Base, Far Right Photo (U.S. Air National Guard Photos by Lt. Bonnie Harper)



Around the Community at a glance!



The 104th Fighter Wing Security Forces Defenders paid respects to fellow fallen officers from throughout Western Massachusetts, May 18, 2016, during a memorial ceremony held at the Western Massachusetts Regional Police Academy. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)



Several family members of Fallen Officers from throughout Western Massachusetts and community members were in attendance at a memorial ceremony held in Springfield for Massachusetts fallen officers. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)



Above Photos: Soldiers of the Massachusetts National Guard, Det 1, C Co., 3rd Battalion, 126th Aviation Regiment, were honored, June 2, 2016, in a mobilization ceremony, at Barnes Air National Guard Base. The detachment is schedule to deploy in support of Operation Enduring Freedom. They will provide MEDEVAC critical care support to ground forces in the Middle East. Photo Right: Sgt. Jarred Belisle, wife Brenda, and daughter Liam take a moment for a photo before saying their goodbyes. (U.S. Air National Guard Photos by Master Sgt. Julie Avey)



Photo Left: Capt. Andres Ciro, an HH-60 Blackhawk Medevac Pilot from the 126th Aviation Regiment, takes a photo with his grandmother in the cockpit of the HH-60 Blackhawk prior to saying his goodbyes to his family at the unit's deployments ceremony held at the Army Aviation Facility II on Barnes Air National Guard Base, June 2, 2016. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)

Around the Community at a glance!



Staff Sgt. Kayla Morin speaks at the Memorial Day Ceremony held in Russell, Massachusetts, May 30, 2016. Morin paid tribute to Service Members who have paid the ultimate sacrifice for our Country. Courtesy Photo from Staff Sgt. Kayla Morin)



Staff Sgt. Trevor Tompkins of the 104th Fighter Wing and Chief Tim Tompkins of the Army National Guard Army Aviation, receive poppies during a Memorial Day Assembly at R K Finn Ryan Road School. The Students invited Military Members to their Memorial Day assembly where they performed poems, skits, songs, and trivia to remember those who paid the ultimate sacrifice. The Poppies were in honor of Moina Michael who was the first to wear red poppies on Memorial Day in honor of those who died serving the nation during war. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)



Senior Airman Kelly receives Thank you letters from the students she read to during the 25 Book Reading club at a local school in Holyoke, Massachusetts. (Photo by Senior Airman Marie Georgefills)

Photo Left: Staff Sgt. Kayla Morin salutes during the Memorial Day Ceremony held in Russell Massachusetts. (Courtesy Photo from Staff Sgt. Kayla Morin)

Security Forces Train at Fort Devins



Welcome to the Wing

Airman Basic Brandon Ewing MXS
 Airman First Class Colby Lurgio AMXS
 Airman First Class Jacob Greenberg AMXS
 Airman First Class Jung Hoon Kang FSS
 Airman First Class Dylan Kierman LRS
 Senior Airman Kyle Doran CES
 Tech. Sgt. Richard Moss CPTF
 Tech. Sgt. Ryan Wheeler AMXS
 Maj. Thomas Wnetrzak 131FS



WHAT'S FOR LUNCH?

AGR and Officer Meal Rate \$5.55
 11 a.m.-1 p.m.

Saturday -

Soup – Cheesy Ham & Potato / Italian Wedding
Entrees – Bourbon Style Ribs or Citrus Butter Salmon
Starch-Pierogi or rice
Veggie- Corn on the Cobb or Louisiana Style Squash
Short Order – Cheeseburger, Italian or BBQ Chicken or Alaskan Whitefish Burger
 Salad Bar, Rolls, Assorted Desserts

Sunday -

Soup – Cheesy Ham & Potato / Vegetable
Entrees – Baked Stuffed Pork Chops or Teriyaki Chicken
Starch- Fried Rice or Egg Roll
Veggie- Stir Fry Blend or Fried Cabbage
Short Order – Cheeseburger, Italian or BBQ Chicken or Alaskan Whitefish Burger
 Salad Bar, Assorted Desserts

Promotions

To Senior Airman (E-4)

Kayla Gallagher CMPT
 Zachary Tucker MXS



To Staff Sgt. (E-5)

Racheal Morin SFS



Retirements

May 2016

Master Sgt. Paul Silva AMXS

June 2016

Tech. Sgt. Alexander Kalita Jr. MXS
 Tech. Sgt. Scott Campbell AMXS

July 2016

Staff Sgt. Richard L. Lafley, Jr. MXS
 Senior Master Sgt. Frank Vanlingen MDG

CCTV broadcast line up

Channel 9 - Training videos



Morning

0900-0940
 0940-1013
 1013-1023
 1023-1053
 1053-1101
 1101-1108

Training Video

Forklift Fundamentals and Ops
 Confined Space Awareness
 Basic Ladder Safety
 Lockout/Tagout
 FOD Prevention
 Copyright Infringement

Afternoon

1300-1340
 1340-1413
 1413-1423
 1423-1453
 1453-1501
 1501-1508

Training Video

Forklift Fundamentals and Ops
 Confined Space Awareness
 Basic Ladder Safety
 Lockout/Tagout
 FOD Prevention
 Copyright Infringement

Proud of our Airmen!



Left Photo: Staff Sgt. Justin Bonner, a Munitions Flight member for the 104th Fighter Wing, holds up a meal he prepared as an additional duty while deployed to Bulgaria. Bonner stepped up to the challenge of preparing and providing a variety of meals for over 250 Airmen while deployed. (Photo courtesy from Master Sgt. Adam Casineau)



Above Photo: Congratulations to Tech. Sgt. Joel Bernard Stern, Maj. Stephen Burgess, Master Sgt. Christopher Cekovsky on being awarded the prestigious Governor's Twenty Tab. The team placed first in match 201 for the individual combat pistol competition amongst everyone in the state of Massachusetts. (Photo by Senior Airman Marie Georgefills)



Photo Left: Congratulations to Staff Sgt. Trevor Tompkins, left photo, on being selected as Air Control Alert Unit Crew Chief Airman of the Year! Tompkins was selected as the best maintainer out of 16 Air Control Alert Units. (U.S. Air National Guard Photo by Master Sgt. Julie Avey)

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104th Fighter Wing - PA
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www.104fw.ang.af.mil
www.westfieldairshow.net
Phone: 413-568-9151
Email: usaf.ma.104-fw.list.pa@mail.mil



We're on the Web
WWW.104FW.ANG.AF.MIL

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