AIRSCOOP 104TH FIGHTER WING • MASSACHUSETTS AIR NATIONAL GUARD

Pride, Professionalism, Patriotism

Barnes Air National Guard Base

February 2018

(From left) Jeremy Trottier, Cody Benjamin, Col. James M. Suhr, commander of the 104th Fighter Wing, and John Peloquin pose for a picture Jan. 13 at Blessed Sacrament Parish Center, Westfield. The three scouts were recognized for making Eagle Scout and Suhr attended the event to congratulate them on their achievements. (U.S. Air National Guard Photos by Airman 1st Randall S. Burlingame)

Commander's Column

By Col. Peter T. Green III



104th Fighter Wing

Barnes Air National Guard Base 175 Falcon Drive Westfield, MA 01085 www.104fw.ang.af.mil E-mail: usaf.ma.104fw.list.pa@mail.mil

> Wing Commander Col. James M. Suhr

Vice Wing Commander Col. Peter T. Green III

Command Chief Master Sergeant Chief Master Sgt. Maryanne Walts

> **Chief, Public Affairs** Capt. Anthony M. Mutti

Managing Editor Senior Master Sgt. Julie Avey

Public Affairs Office

Tech. Sgt. Melanie J. Casineau Tech. Sgt. Lindsey Sarah Watson-Kirwin Tech. Sgt. Amelia K. Leonard Airman 1st Class Randall Burlingame It may be true what they say that time and age can give you wisdom and perspective. After almost 36 years in the Massachusetts Air National Guard, and over 32+ years working either part -time or full-time in this Wing with hundreds of you, I have a few perspectives to share with you that I feel help make our Wing successful.

The key to our continued success as a Wing is you!

Who me? Yes, you! No matter whether you are the newest Airmen in our Student Flight or the oldest chief master sergeant, our success starts with you. I have often explained to people why I think the 104th Fighter Wing "Barnestormers" have something different, some special DNA, which collectively produces outstanding results. This something different, in my opinion, is the inherent belief that they can make a difference; and then, most importantly, they actually do it. I have seen this both at home and while deployed.

The 104th Fighter Wing and other high performing organizations produce outstanding results due to having large numbers of these type of people at all levels of the unit. They look around and actively seek out ways to do their very best each day in every area. This attitude spreads to others and builds on itself creating pockets of motivated and focused effort to produce the best product or service for the section. Think about your unit or section. Are you in this pocket? If not, why not? If you are going to spend 2 days a month and/or 40-60 hours a week here, why would you not commit to do your very best? My perspective is that most of our members commit to doing their best for their team members, their sections, their unit, and our Wing. The proof is in the results which show up in our inspections, deployments, in our training exercises, as well as our day to day activities. You make the difference.

Attitude Matters!

As I speak to people around the Wing, I hear from dedicated, hardworking, positive people who are making a difference and helping to build their team success. I see their energy and passion for our mission and it gives me energy. Positive energy attracts positive energy. You know this. Who wants to work with or hang out with a negative person? Not me. They are energy and productivity parasites, which slowly feed on anything that is happy, energetic, hardworking, and productive. No, these are not the skeptical or the constructive critics that challenge assumptions. Organizations need a free-flow of opinions and views to ensure any blind spots or internal barriers are identified and brought to light for discussion. That is productive and necessary. I am speaking about the destructive and disruptive negative energy. These people are generally

(Commander Cont. on pg 3)

Table of Contents

- 2-4 Commander's Colu 4 Scholarship
- 5 Chief's Corner
- 6 First Sergeants Corner
 - Wing Safety
- 6 Annual Awards Banquet
- 7 Classified & Sensitive Information
- 8 Annual Award Winner
- 9 Bioenvironmental Engineers
- 10 Financial Coaching Schedule
 - Legal Assistance
- 11 DPH: Programs Available to you
- 12 Family Readiness Group
- 13 Resources
- 14 Retirees Luncheon RSVP
- 16 Baby Barnes
- 22 Commissioning
- 23 Promotions and Vacancies
- 24 Menu, Welcomes, Farewells

Alcoholism is treatable! Need help? Call 1-800-410-2560 Sexual Assault S.A.F.E. helpline 1-877-995-5247

unhappy about where they are in life, blame others and make it their mission to draw you in, building their "pit of misery" coalition. If allowed to continue, it can slowly and insidiously infect the positive energy members and take focus away from achieving the mission. The positive, proactive members are the only cure to the infection. They make it hard for the others to spread their negative energy, attract others and dilute the focus on the mission. As the positive attitudes and energy team members rally, it creates an environment of "can do, will do" energy that takes care of each other and the mission. This forces a tough choice for the negative person. A choice to either change their attitude and behavior and join the team or look for a place outside of the shop or even the unit, since they cannot exist without others in their dwindling pit of misery and negative energy. Attitude matters. Start each day with the right attitude and the rest will be easier.

Communication is important! Do it often.

We are humans and we need to communicate with each other to facilitate understanding and build trust. This is true for all of us. When you work as hard as we do every day, you want to know about your team members, supervisor, and leaders. Now I am not stating you need to share every detail of your life and all your thoughts and feelings on all your social media with everyone in your shop or section. That is TMI! I am saying that you ask how others are doing; know about them as a person; and share experiences that help to foster trust, friendship, and Esprit de Corp. This is especially important if you are in a supervisory or leadership position. You have an added responsibility to communicate. Find ways to connect with those around you. Have coffee and say hello in the morning. Go to lunch. Attend social events and be "in the moment" with

people. Find that opportunity to connect and be open to dialogue, feedback, and different opinions. It's not always comfortable and may not be returned, but give it a go. People want to know about you; what you think; and what you value to help them decide if they can trust you. Communication builds trust. Trust builds commitment. Commitment builds teamwork. Teamwork builds mission success. It all starts with communication.

Respect for others is critical to team performance.

Look around. We are all not alike and we have differences. We will not all agree on everything. We make mistakes. We sometimes unintentional hurt others due to being too focused on ourselves, or not valuing differences, or being unaware of how our words and actions can hurt. Some of the challenges we have had as a team occur when we have someone who breaks the trust granted to them by disrespecting others physically or emotionally. We must not allow this to happen. It hurts the individuals affected and degrades our culture of respect and dignity for all. Respect the differences we all bring to the 104th Fighter Wing team. Be open to new ideas and perspectives. It does not mean we all need to agree, but when we disagree, remember we are still part of the Barnestormer family. This is not easy. We tend to chaff at opinions that do not align with our own deeply held values, beliefs, and view of what we think is "right and wrong" in the world. You have a right to think and believe in what you do, just realize others may not, and that's okay. As a Fighter Wing, we all need to believe in what we do and are responsible for producing for our Commonwealth and our Nation. The many become the one. It is our collective commitment and responsibility of working together to be the most respected fighter wing in the Combat Air Force, which

produces team unity and the alignment of all of us as individuals to the collective vision that we have for our unit resulting in our success in every mission area. Respect and dignity for all is critical to performance as a team.

Leadership is needed at every level.

There are two types of leadership needed; personal and position or organizational leadership. In my opinion, personal leadership is most important to overall team performance. Personal leadership starts with you, no matter whether or not you are in a formal leadership position or not and regardless of your rank or position in the unit. Personal leadership encompasses how you approach each day and how you hold yourself accountable. Do you ensure you have set out time for your health and fitness? Are you thinking about what you need to do each day to improve upon what you do? Have you thought about making your office team or section better? Have you thought about your customer...the person or functions that use your product or service? Have you thought about ensuring your supervisor or commander gets what they need on time and in the way they need it? Do you have the right attitude? Do you start the day with a list of the most important tasks that need to be accomplished? Personal leadership starts out with you.

Organizational or position leadership is assigned to those of us in supervisory or command positions. Formal leaders cannot abdicate this special privilege within our Wing. We are here to ensure we accomplish the mission and must work hard each day for the members of our Wing. As a natural cycle of command and assignments, commanders and officers come and go faster than our enlisted members. While they are in the position, they are responsible for

(Commander Cont. on pg 4)

(Commander Cont. from pg 3)

establishing the culture, setting the tone, and charting the right course for their units. They are accountable to their members and should ask for accountability in return. Leaders are not perfect and make mistakes. That's part of being a leader. Learning from them and making better decisions is the way we improve. In our Wing, the enlisted team makes the mission possible, and as leaders and officers, we must listen and understand first, before making critical decisions. I have found my best coaches have come from the enlisted side.

Over the years, the leaders, both officers and enlisted, that I have found highly effective were able to harness their personal leadership and use that to help the wing achieve organizational goals. Our leaders must work hard each day to set the example and take care of the people who make the mission. Unlike the typical model of where the leader is on top of the organization looking down, I submit to you that, our leaders need to be coaches and mentors every day for their people. Turn the typical leadership pyramid upside down, and the leader is at the bottom of the pyramid, supporting all the others in their command or unit. This is true the higher you go in the organization as a leader. If you are a supervisor or leader in our Wing,

your job is to support them by "finding and eliminating" barriers to our people's success, to provide education and training to improve their skills, to recognize their accomplishments, and to give them corrective feedback when needed. We must be relentless and courageous in this endeavor. It takes time away from what you as leader must accomplish, but is a key responsibility. The bureaucratic beast or machine we all know, throws taskers, suspense's, road blocks, problems, and issues at us each day. Some are straight forward, while others we question relevancy and cost vs. benefit at times. We now can address some of these in question through our IG Office and through Command waivers, but that is only a small amount of what we still must address daily. We must organize project teams and develop new approaches to look for improvements and efficiencies to make us more effective, such as our new approach to ancillary training and our Periodic Health Assessments to gain more time for the important leadership and training needs on the weekends. It is not easy and we may fail, but as leaders, we must look for solutions so we can also make sure we spend time with our team members and get them the training and mentorship needed to be successful in their 104th Fighter Wing career. Leadership at every

level is key.

Be accountable to yourself and others.

Accountability comes with personal and organizational leadership. Accountability is critical. Without it, the mission is at a high risk of failure. Once again, it does not matter where in the Wing you work, you are accountable for a job and a level of product or service to the mission. Others are relying on you. Do you hold yourself accountable? Do you meet timelines and suspense's? Do you tell someone when you cannot or let them find out on the day its due? Do you make a list of what needs to be done and work it every day? Do you care about improving yourself and others? Do others trust you to get the job done? I bet you are thinking about someone right now in our Wing who you can always rely on. Be that person. Be someone who is accountable. Be someone who is trusted. Be someone who does what is right the first time, and most importantly, be someone who helps our wing continue to work towards being the most respected fighter unit in the CAF. We have a proud and historic 70 years of service to the Air National Guard, our Commonwealth, and our Nation. You are the reason we are successful and you are the future of the 104th Fighter Wing. Proud to serve with you!

3rd Annual Command Chief Master Sgt. Patrick J. Shaughnessy Scholarship

The 104th Fighter Wing Chiefs Council is once again offering **two \$250 scholarships in 2018**. The Command Chief Master Sergeant Patrick J. Shaughnessy Scholarship is available to any enlisted member of the 104th Fighter Wing attending a two or four year college. Chief Shaughnessy was a leader, mentor, and friend to many unit members, both officer and enlisted. He taught and lived the whole Airman concept long before the phrase became popular, and he exemplified Air Force Core Values both on and off duty.

Applicants must submit a 500 word essay (approximately 2 paragraphs) explaining how they incorporate Air Force Core values into their everyday life. Essays must be submitted to Chief Master Sgt. Tom Orifice or Chief Master Sgt. Jim Burke by the close of business on April 8, 2018. Late submissions will not be accepted. Selections will be made by blind committee. The winners will be announced, and checks will be presented during the May RSD.

Please contact Chief Master Sgt. Orifice at x698-1434 or at <u>Thomas.b.orifice.mil@mail.mil</u>, or Chief Master Sgt. Burke at x698-1325 or at <u>James.p.burke2.mil@mail.mil</u> for additional information.

Chiefs Corner: Good Advice

By Chief Master Sgt. Thomas Orifice, LRS Superintendent

It is no secret that all of us need a little advice from time to time. Especially when our personal journeys start to get a bit turbulent. We do not always know who to turn to, or in which direction to look for that perfect bit of guidance. Sometimes the words of wisdom we need can be found in humor, so this month I'm am sharing with you a list of quotes that contain some great logic that can benefit all of us at times. Enjoy.

- "If the enemy is in range, so are you." Infantry Journal
- "It is generally inadvisable to eject directly over the area you just bombed." U.S. Air Force Manual
- "Whoever said the pen is mightier than the sword obviously never encountered automatic weapons." General MacArthur
- "You, you, and you: panic. The rest of you, come with me." U.S. Marine Corps Gunnery Sgt.
- "Tracers work both ways." U.S. Army Ordnance
- "Five second fuses only last three seconds." Infantry Journal
- "Any ship can be a minesweeper. Once."
- "Never tell the Platoon Sergeant you have nothing to do." Unknown Marine Recruit
- "If you see a bomb technician running, keep up with him." USAF Ammo Troop
- "Though I Fly Through the Valley of Death, I Shall Fear No Evil. For I am at 80,000 Feet and Climbing."
- "You've never been lost until you've been lost at Mach 3." Paul F. Crickmore (test pilot)
- "The only time you have too much fuel is when you're on fire."
- "If the wings are traveling faster than the fuselage, it's probably a helicopter -- and therefore, unsafe."
- "When one engine fails on a twin-engine airplane you always have enough power left to get you to the scene of the crash."
- "What is the similarity between air traffic controllers and pilots? If a pilot screws up, the pilot dies; If ATC screws up, the pilot dies."
- "Never trade luck for skill."
- "Airspeed, altitude and brains. Two are always needed to successfully complete the flight."
- "Mankind has a perfect record in aviation; we never left one up there!"
- "Flying the airplane is more important than radioing your plight to a person on the ground incapable of understanding or doing anything about it."
- "There is no reason to fly through a thunderstorm in peacetime." Sign over squadron ops desk at Davis-Monthan AFB, AZ, 1970
- "You know that your landing gear is down and locked when it takes full power to taxi to the terminal."
- As the test pilot climbs out of the experimental aircraft, having torn off the wings and tail in the crash landing, the crash truck arrives; the rescuer sees a bloodied pilot and asks, "What happened?" The pilot's reply: "I don't know, I just got here myself!" Attributed to Ray Crandell (Lockheed test pilot)

Group Trip to Mohegan Sun

Fire Department Social Club sponsored event for 104th Fighter Wing members, & their family and friends. *(All participants MUST be a minimum of 21 years old)*

When: Saturday, Feb. 3, Bus departs 104th FW at 4:00 p.m., Returns to 104th FW at 12:30 a.m.

What: 5 ¹/₂ hours at Mohegan Sun, (5:30pm-11:00pm)

\$15 meal coupon & \$15 free bets for Big 6 Wheel

BYOB and Snacks for the bus ride down

Cost: \$25 per person

This is a limited room event, only 57 seats available! Sign up by contacting Larry Buell at 413-330-9260

First Sergeants Corner: Privately Owned Weapons Prohibited on Base

By Senior Master \overline{S} gt. Thomas Moriarty

Welcome to February drill. I have had several members of the unit stop and ask me recently about being able to carry personal firearms on base. In the recent past, there was guidance that allowed personal weapons in specific areas of the base. Certain areas of the base such as the flight line and Building One were considered off limits. New Massachusetts General Law, now strictly restricts any privately owned weapons on base.

Effective 14 November 2017, TAG Policy Memo 18-01 states: The carry of Privately Owned Firearms (POF) is prohibited on military property of the Commonwealth of Massachusetts. License to Carry (LTC) holders are no longer authorized to concealed carry on base. The Law Enforcement Officers Safety Act (LEOSA) authorizes credentialed personnel to concealed carry on base. Any LEOSA credentialed

officer who wishes to carry on base must file MANG Form 2818, signed by their Commander, and be filed with Security Forces.

Please note that storing a privately owned firearm in your vehicle, while on base is not considered safe storage. I would advise you to leave your firearms at home. In the unlikely event that there is an active shooter on base, remember your training. Run-Hide-Fight! As I say in every article I write, the biggest asset the Air Force has is its people. Take care of yourself and each other. Please have a safe and productive weekend.

Wing Safety How-Goes It: Slips and Falls

By Master Sgt. Shannon M. Huard, Occupational Safety Manager

important for you to be aware of some slip and fall - you are asking for trouble! If you do carry a load on prevention strategies. Here at the 104th Fighter Wing an icy walk and feel yourself falling, toss your load so slips and falls continue to remain one of our biggest that you can break your fall with your arms. injury generators. Most of the slips/falls that occur are due to untreated snow and/or ice on the ground during Take small careful steps instead of large ones. When the winter months. The following are some tips to getting out of a vehicle, step, don't jump. When help you prevent injury from slips/falls.

Although your hands might be cold, don't put them in your pockets when you are navigating wintry Remember that prevention is the best way to stop stretches. If you slip, you will need your arms to slips and falls during the winter in icy conditions. On restore balance. If you fall, your arms will help you to your own property, be sure to shovel driveways, break your fall and land safely.

Wear the proper footwear. Ensure your boots have melt located throughout every facility on base. Use traction. If your boots are worn, replace them. Ice these items as necessary. cleats are available in some areas on base, if needed.

If you think you are approaching a particularly slick area of snow or ice, don't be afraid to explore the area with your toe to see how slippery it is before you put your full weight on the area.

With winter weather upon us once again, it is Don't carry large loads while walking on snow or ice

possible, use handrails, handles – anything that will help you keep your balance. Never run.

walkways, and sidewalks. Salt high traffic areas if you think ice may form. There are shovels and ice



THE SECRETARY OF THE AIR FORCE CHIEF OF STAFF, UNITED STATES AIR FORCE WASHINGTON DC



MEMORANDUM FOR DISTRIBUTION C ALMAJCOM/CC

SUBJECT: Our Responsibility to Protect Classified and Operationally-Sensitive Information

In December 2017, we signed a memorandum to all commanders stressing the criticality of operational security to ensure our national security. We emphasized that operational security is a commander's core business and recent lapses in security judgement have elevated the need to scrutinize our efforts to protect operationally sensitive information. Safeguarding the details of our uniqueness as military operators and tradecraft is a national security imperative. We must hold all Airmen accountable for protecting any information that could provide an advantage to our adversaries and erode our military advantage.

We must relentlessly protect both classified information and any sensitive information that may tip our hand to our enemies as a fighting force. It is not a choice, but a distinct duty we fulfill as guardians of our nation's security. Furthermore, we must remain alert in avoiding discussions that reveal readiness vulnerabilities. Clearly in times past, we have sought to protect key operational details, but today's informative standard should be more cautious, and we need your enduring vigilance to ensure compliance.

As we proactively engage the press, we also need to ensure our messages align with the Secretary of Defense's guidance and operational objectives, while informing the public and reassuring our allies that the Air Force stands ready. If in doubt, run them through command or PA channels to ensure you are in-step with current guidance.

As Secretary Mattis stated in his recent guidance on operational security "Cavalier neglect of protecting non-public information, classified or unclassified, or intentional release of information to unauthorized persons, is a serious matter in this Department. Our duties to office and country demand we preserve and protect all matters vital to defending the Nation."

We are an Air Force at war and must be ever mindful as we protect our missions and our security. We are confident in your leadership and your ability to rightfully inform the public of the countless operations your highly professional and selfless Airmen conduct each and every day. Thank you for your service and all you do for the nation.

Heather Wilson (Secretary of the Air Force

David L. Goldfein / General, USAF Chief of Staff

104th Fighter Wing holds Awards Ceremony, Recognizes Superior Performers

By Tech. Sgt. Amelia Leonard and Airman 1st Class Randall Burlingame

The 104th Fighter Wing recognized the outstanding work and accomplishments of their top performers during the Barnes 44th Annual Awards ceremony held at the Sheraton Hotel, Springfield, Mass., on Jan. 6, 2018.

The ceremony honored members of the unit who have exemplified the Air Force core values and have gone above and beyond the call of duty. These awards recognize members' contributions in leadership, job performance in their primary duties, significant self-improvement, and base and community involvement.

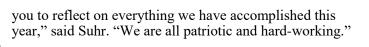
"I do appreciate the fact that my hard work and dedication doesn't go unnoticed, but honestly I am just doing my job," said Tech. Sgt. Ashlee Bard, NCO in charge of the Vehicle Operations Section. "I've always had the mindset to leave it better than you found it."

Bard was awarded the Technician of the Year award from the Mission Support Group. During the 2017 Westfield International Air Show, she was appointed as the Busing NCO in charge and successfully provided transportation for over 20,000 visitors with no major traffic or safety incidents.

"There were times I wasn't sure I'd be able to complete all that was handed to me, but I have a great group of guys that work with me, and they helped us achieve the tasks handed to us," said Bard. "No way I could have done it all by myself. This office stays busy, but we work well together."

During 2017, in addition to daily mission requirements, members of the 104th took part in Phase I and Phase II Operational Readiness exercises, went on several deployments, hosted an International Air Show, and participated in a large force exercise called Checkered Flag. Checkered Flag provides many types of fourth and fifth-generation aircraft the chance to practice combat training together to enhance combat airpower capabilities.

"As we recognize our superior performers tonight, I want



- Paul E. Myrick Information Assurance Professionals of the Year – Tech. Sgt. Jackuline Robinson and Tech. Sgt. Lauren Gallagher
- Honor Guard member of the Year Master Sgt. Lori Trevis
- Flight Safety Award Maj. Brett "Dutch" VanderPas
- Ground Safety Award Master Sgt. Robert Ackley, Tech. Sgt. Kirk Crochiere, Tech Sgt. Joseph King
- Maj. Gen. George W. Keefe Award Tech. Sgt. Ashley Bard
- First Sergeant of the Year Master Sgt. Guy Craig
- Airmen of the Year Senior Airman Christian Waterman
- NCO of the Year Tech. Sgt. Ryan Quigley
- Senior NCO of the Year MSgt. Mark Lockwood
- AGR/Technician of the Year Senior Master Sgt. Christopher McCrary
- Civilian of the Year Mr. Paul Turgeon
- Lt. Col. Morris "Moose" Fontenot Top Instructor Pilot Award – Capt. Kirk "Bull" Chitwood
- Top Flight Award D Flight
- Top Flight Lead Award Maj. Ashley "Wreck" Rolfe
- Top Wingman Award 1st Lt. Scott "Boom" McGowen
- Lt. Col. Dan Paluca Top Gun Award Maj. Garth "Dart" Wolber
- Crew Chief of the Year Staff Sgt. Jason Edinger
- Assistant Crew Chief Staff Sgt. Jared Piubeni
- Load Crew of the Year Crew #7: Tech. Sgt. Daniel Williamson, Senior Airman Alex Blair, Airman 1st Class Aline Fawula
- Bunker 051 Fire Team Award Squad Two Alpha Fire
- Team: Staff Sgt. Samuel Schrader, Senior Airman Benjamin Laplume, Senior Airman Kyle Shaw

The 104th Medical Group annual award winners. From left to right: Col. Gary Archambault, 104th Fighter Wing commander, Master Sgt. Kylie Burns, Master Sgt. Corey Carpenter, Senior Airman Michael Reynolds, Staff Sgt. Courtney Green, Lt. Elizabeth Bieler, and Master Sgt. Erin Barr, 104th Medical Group First Sgt. (U.S. Air National Guard Photos by Tech. Sgt. Amelia Leonard)

Bioenvironmental Engineers Give Respirator Tests to Protect Health, Instill Confidence

By Airman 1st Class Randall S. Burlingame

Members of the Air Force are first introduced to wearing a gas mask when they go through the gas chamber and undertake chemical, biological, radiological and nuclear training during basic military training. All Airmen receive gas mask fit tests to ensure issued masks fit properly increasing personal protection to maintain war-time readiness.

But the training doesn't stop there. Airmen will continue to have their gas masks and respirators fitted to include additional training, especially those in career fields that use respirators regularly in the performance of their jobs such as the Air Craft Structural Repair shop, Fuel cell maintenance shop as well as the Emergency responders on base which include the Fire Department, Explosive Ordnance Disposal members and Emergency Management and Bioenvironmental themselves.

The respirator and gas mask fit tests conducted by the Airmen of the Bioenvironmental Engineering shop at the 104th Fighter Wing allow the Airmen using them to feel confident that they are being protected from CBRN hazards with the gas mask and chemical hazards with the respirators which allows for greater focus on the task at hand.

"It definitely helps," said Mike Cote, a firefighter of 19 years for the 104th. "The test checks the seal of the mask and lets you know it's 100%. That gives you confidence, allowing you to do what you have to do knowing the respirator will work."

According to Master Sgt. Jeffery D. Allard, the Bioenvironmental NCO in charge and the unit's industrial hygienist, the fit tests for personnel on the respirator protection program which includes the firefighters is OSHA mandated and something all Airmen who require respirator use must have done annually. Gas masks on the other hand is a onetime requirement unless special conditions occur which could require a refit.

"Today we had an issue with one of the firefighters who wasn't passing the test," said Allard. "We ended up discovering a crack in the drinking tube which compromised his mask. If that wasn't discovered he could have had some potential issues if he had to depend on the mask in a real-world situation."

Allard said he likes to believe the fit tests are making an impact on protecting the health of Airmen.

"You will not know if your mask is going to work effectively if you don't get fit tested," said Allard. "It's very important that people take the wearing of respiratory protection seriously. Their health or even their life may depend on it."

The industrial hygienist said that Airmen must also get their mask refitted whether it is the issued Mk50 gas mask or a shop issued respirator anytime they gain or lose 10% of their body weight, have serious dental work done that changes their facial features, or if there is a change in the mask being used and hopes supervisors will help to disseminate this important information to their Airmen.

If you are in need of a Gas Mask fit test which is a readiness requirement for the fit test report to be placed in you deployment folder please call Bioenvironmental Engineering at x698-1317



Lt. Michael J. Avalone, bioenvironmental engineering officer in the 104th medical group, prepares Daniel Estee, Lt. Firefighter at the 104th FW, for his annual respiratory fit test alongside Master Sgt. Jeffery D. Allard, the NCO in charge of the bioenvironmental engineering shop. All 24 firefighters come through the shop to have their annual mask fit tests conducted. (U.S. Air National Guard photo by Airman 1st Class Randall S. Burlingame)

Financial Coaching Schedule



Did you know the 104th has its own financial coach? That's right, Gil is a CPA and a CFP®, and he works out of the Equal Opportunity Office. Below is the schedule of the financial workshops being offered on upcoming Wednesdays in the Equal Opportunity office upstairs in Building 1, or in the

Chaplin's Building in their classroom if the group is too large for the EO office.

The Financial Coaching workshop schedule will be as follows at 10:00 a.m. on the selected dates:

Feb. 7 - Investing in TSP Funds 101 "It might be rocket science!"

14 Feb. - Seven ways to lose all your money and retire broke! Happy Valentine's DayFeb. 28 - Tax Deductions for Military Members (Be prepared for Tax Season).

Interested attendees are asked to email Gil to express an interest in the class and any topics they would like covered in future workshops.

Wilbert Guilford, CFP(r) Westover ARB/ Barnes ANG Personal Financial Counselor Phone (480) 403-1086 E-mail: <u>PFC.Westover.USAFR@Zeiders.com</u>

Legal Assistance on Base

As a friendly reminder, if you are interested in setting up and appointment with the legal office for legal advising, please send an email to usaf.ma.104fw.mbx.legal-assistance@mail.mil.

In regards to our office assisting you with the execution of your Will or a Power of Attorney (POA), please complete the following tasks:

- Go to the following website: <u>https://</u> <u>aflegalassistance.law.af.mil</u> You can do this from home as the website does not require a CAC.
- 2. Fill out the appropriate worksheet (Will or POA or Both) and when done you will receive a ticket number
- 3. **IMPORTANT:** You must retain the ticket number, or the legal office cannot access the document
- 4. Email usaf.ma.104-fw.mbx.legalassistance@mail.mil proving the ticket number provided by the legal assistance website
- 5. The legal office will contact you to setup and appointment
- 6. At the appointment, a JAG will review your Will and/or POA with you and then execute the estate planning documents

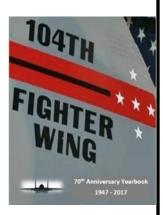
If you have any questions at any time in the process, please do not hesitate to contact the Legal Office at **x698-1244** or **x698-1380**

104th Fighter Wing Yearbook for sale! January 4 – February 6

70th Anniversary, focus on 2007 to 2017 Beautiful 108 Pages, hardcover

Order online at <u>www.jostensyearbooks.com</u> Search for: 104th Fighter Wing Cost: \$63 January 4 - 15 \$69 January 16 - February 6

For more information, ask a 104FW Yearbook Committee Member leader: Maj. Mary Harrington, FWHQ (<u>mary.l.harrington.mil@mail.mil</u>) Master Sgt. Bob Oleksak, Maintenance (<u>robert.g.oleksak.mil@mail.mil</u>) Chief Master Sgt. Tom Orifice, Logistics (<u>thomas.b.orifice.mil@mail.mil</u>) Ms. Chrissy Bassett, Operations (<u>christine.b.bassett.civ@mail.mil</u>) Master Sgt. Dana Thayer, Security Forces (<u>dana.f.thayer.mil@mail.mil</u>) Master Sgt. Fred Fopiano, Communications (<u>frederick.r.fopiano.mil@mail.mil</u>) Staff Sgt. Amarilis Rodriquez, Civil Engineering (<u>amarilis.rodriguez3.mil@mail.mil</u>)



Project New Hope Retreats –

www.projectnewhopema.org

Project New Hope offers free weekend retreats, programs and services to active and veteran military members & their families of all branches, including Guard & Reserves. Please visit their website for details and full listing of programs and services. Project New Hope also sponsors **yoga classes** available on Base twice a month – *February Yoga classes* set for February 9th and 23rd in the DF AC 12:00 p.m. – 12:45p.m.

+ **PTSD Retreat** April 20 – 22, Grotonwood Camp & Conference Center

+ LGBT Veterans Retreat May 18 – 20, Grotonwood Camp & Conference Center

+ Native American Women Veterans Retreat June 8 – 10, Grotonwood Camp & Conf. Center

+ Caregivers Retreat July 8 – 12, Oceanwood Camp & Conference Center

+ Military Kids Summer Camp August 12 – 17, Grotonwood Camp & Conference Center

+ Military Family Retreat August 26 – 31, Oceanwood Camp & Conference Center

+ Talk and Veterans Mindfulness Meditation Day September 14 – 16, Grotonwood

+ Women Veterans Retreat October 12 – 14, Grotonwood & Conference Center

Military OneSource – Health and wellness Coach Program www.militaryonesource.mil

1-800-342-9647

Military OneSource has health and wellness coaches to help you set goals and create a plan to reach them. Everyone would benefit from having a coach cheer us on through life transitions, weight loss, nutrition, managing stress. The program is free to Active Duty, National Guard, Reserve Members, veterans and immediate family members. 413-568-6386 and Springfield (417 L 733-6661, no appointment needed how ahead for same day visit is beneficial. Visit the **DPH SharePoint** page or call

The Alcohol Treatment Navigator –

www.alcoholtreatment.niaaa.nih.gov

Are you concerned about you or a loved ones level of drinking? In the past year have you found that drinking or being sick from drinking interferes with

taking care of your home, family or meeting work expectations? In the past year have you found yourself or a loved one in situations during or after drinking that put you at risk of hurting yourself or others (driving, using machinery, getting into arguments or fights, having unsafe sex)? The Alcohol Treatment Navigator provides education and screening tools to help adults or an adult loved one learn about alcohol misuse, treatment and medication options, as well as support resources. If you have concerns for an adolescent, a link to adolescent resources is provided.

Family to Family Education Program – www.namiwm.org

Families dealing with brain disorders and mental illness of a loved one, young or old, can benefit greatly from the support and knowledge of others living the same experience. The National Alliance on Mental Illness of western MA is offering at no cost to the public 12 weekly classes designed to help caregivers understand and support their loved ones while maintaining their own well-being. Classes start on Tuesday February 27, 6 - 8:30 pm in Holyoke and pre-registration is required. Call the NAMI-western MA Office at 413-786-9139 to find out more and to register.

Behavioral Health Network Crisis Services – www.bhninc.org

Mobile Crisis services available 24/7 in Western MA. If you, a loved one or friend is in crisis, resources are available to provide guidance and on-site intervention during a mental health crisis. The first step is to call 1-800-437-5922 to speak to a provider for guidance. BHN also has Crisis Clinics in Westfield (77 Mill St) 413-568-6386 and Springfield (417 Liberty St) 413-733-6661, no appointment needed however calling ahead for same day visit is beneficial.

Visit the *DPH SharePoint* page or call the DPH office x698-1536 for additional resources and programs.

Family Readiness Group Upcoming Events

OPERATION MILITARY KIDS KLUB

BOYS & GIRLS CLUB OF GREATER WESTFIELD (413) 562-2301 www.bgcwestfield.org



(Activities subject to change as needed)

Saturday, February 3, 2018		Sunday, February 4, 2018	
7:30- Bus Pickup at 104 th for Club –location: Fitness		7:30- Bus Pickup at 104 th for Club –location: Fitness	
Center		Center	
8:00 - 8:15	Breakfast / Morning Meeting	8:00 - 8:15	Breakfast / Morning Meeting
8:15 - 9:15	Games Room Tournaments:	8:15 - 9:15	Games Room Tournaments:
	The Games Room is where the		The Games Room is where the
	children will participate in table		children will participate in table
	tournaments, such as: Cherry Pick		tournaments, such as: Cherry Pick
	(Pool Table), Foosball, Air		(Pool Table), Foosball, Air
	Hockey, Bumper Pool, and Poly		Hockey, Bumper Pool, and Poly
	Pong (4 players at a time).		Pong (4 players at a time).
9:15 - 10:00	LEGO Building Challenge	9:15 - 10:00	LEGO Building Challenge
10:00 - 12:00	OJP MENTORING I (Art Studio):	10:00 - 12:00	OJP MENTORING II (Art Studio):
"Doodle 4 Google – What Inspires Me" Project		"Doodle 4 Google – What Inspires Me" Project	
	Part 1: Inspiration Brainstorm Board		Part 2: Let's Start Doodling!
12:00 - 12:30	Saturday Lunch: Chicken Nuggets,	12:00 - 12:30	Saturday Lunch: Spaghetti & Meatballs,
	Vegetable, Fruit, 1% Milk		Vegetable, Fruit, 1% Milk
12:30 - 1:00	Apples to Apples / Coloring Contest	12:30 - 1:00	Name Game / "Hearts" Coloring Contest
1:00 - 2:00	Swim	1:00 - 2:00	Swim
2:00 - 3:00	Computer Lab	2:00 - 3:00	Computer Lab
3:00 - 4:00	Healthy Habits Gym Activities	3:00 - 4:00	Healthy Habits Gym Activities
4:00- Bus Departs for 104 th – drop off at: Fitness Center		4:00- Bus Depa	arts for 104 th – drop off at: Fitness Center

Camp Waziytah for Military Children

Sending children of deployed military personnel to summer camp—ALL expenses paid!! August 19-23, Wazi Champs Foundation, Water ford Maine Charlotte Cohen at 617-990-6357 or charlotte@wazichamps.org

February Vacation Bowling at Westover Bowling Lanes

Sponsored by the 104th Family Readiness Group

THURSDAY February 22 For children ages 5 and up

LUNCH TO INCLUDE A Choice of one of the following:

Hamburger, Hot Dog, Chicken Tenders, or Grilled Cheese with Fries and a Soda

\$5 per person, balance paid by your Family Readiness Group.

Parents are welcome to bowl with their children, and arrival time is promptly at 11 a.m.

Parents must remain with their children during this event.

First come, first served, so please contact us ASAP.

Reservations and Food Selection required by Feb. 16 to form teams & ensure we have enough room. For further information and to reserve your spots, please contact: **Beth St. Clair at413-245-6615 or** stc737@charter.net

Lisa Potito, Airman & Family Readiness Program Manager 104 Fighter Wing, 413-568-9151 x 6981183, 413-564-1252 - Cell, Lisa.m.potito.civ@mail.mil

PAGE 13

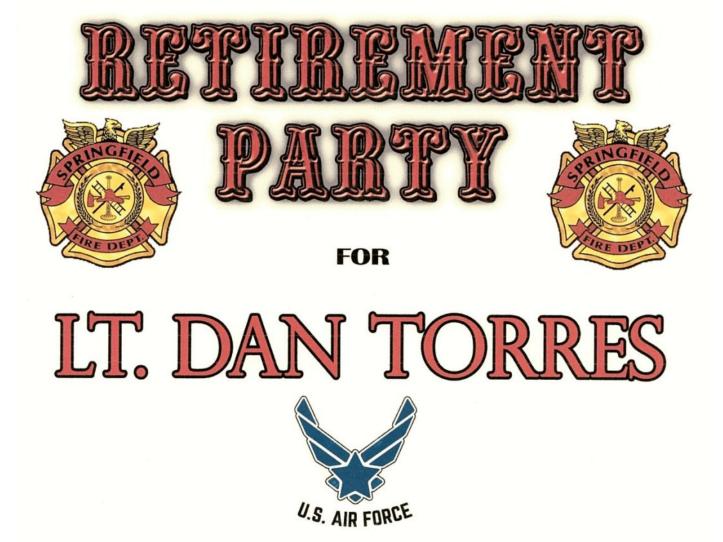
EAP WEBSITE RESOURCES

Check out these new MWR Digital Library links!

Read a book, magazine or newspaper. Play a brain game. Watch a video. Learn a new language. Get a virtual music lesson. Watch a concert. Do all this and more with our new libraries!



Log in and visit the <u>Military OneSource MWR Digital Library</u> to access more than 40 libraries!



February 15, 2018 7:00pm John Boyle O'Reilly Club 33 Progress Ave, Spfld, MA. 01104 FOOD, REFRESHMENTS,& RAFFLE \$20.00 per person

B' GROUP IS WORKING For tickets see hatie Fredette x698-1321

Show Proposal: Thank You For Your Service

A public access program about our veterans, produced by ChicopeeTV

Interested in being a part? Contact Wade Wofford: pwofford@cpsge.org / 413-594-3487 x4605

Thank You For Your Service is an episodic 30-minute program committed to giving voice to the men and women who have served (or currently serve) in the armed forces.

Cast & Crew:

1) Producer/Director: Wade Wofford

2) *Camera Ops/Editor(s)*: *ChicopeeTV* staff and interns

3) Show Host : TBD

4) *Special Guests* : Change with each show, dependent upon subject matter

The Show's Purpose:

- 1) To provide veterans a place to tell their stories.
- 2) To document the experiences of our veterans, as a living historical document.
- 3) To educate the viewing public about the realities of military service.

Show Design:

The show will be very simple to produce, as it would shoot in the *ChicopeeTV* studio at Chicopee Comprehensive High School with minimal preproduction necessary. Each episode will be a conversation-based journey through the memory of 1-2 veterans (depending on how much each veteran has to say / how "big" their stories are).

Our host will be in the studio in one chair; the guest veteran (GV) will be seated opposite.

The host will have communicated with the GV in advance to determine a few talking points.

Sample questions that our host might ask of every guest:

• Tell us about two or three of the closest

relationships you formed during your military service.

- How did serving in the military affect you as an individual?
- If you had advice to give to the next generation of those serving in the armed forces, what would it be?
- Did you witness any acts of heroism during your service?
- What are your thoughts on the politics that were going on in the U.S. during your service? How did that affect your service?

There will, sometimes, be pre-produced packages many of which might repeat across multiple episodes. These packages will hi-lite history surrounding the service of that week's GV. For example, if this week's GV served during "Operation: Desert Storm," there might be a package during that show that details that war...how it began, methods of warfare, major events within the war, etc. That package would "roll in" during that GV's show, and likely also during the show of future GVs who also served during that era.

We have a number of other ideas that we may roll into the show, and are excited for ideas that others interested in the show might bring to the table...two friends appearing together who served together, the spouses and/or children of veterans being on speaking about their loved one's service, etc.



Airman & Family Readiness Office Personal & Family Life Programs

WE CAN HELP

Any parent will agree that babies need a lot of stuff! The Barnes Baby Club would like to help welcome your new baby Barnestormer!

Join the club now for a Welcome Basket of Goodies and quarterly newsletters full of tips.

Need help with some of the larger necessities for a nursery? Inquire with the Airman & Family Readiness Office to see how we can assist you.



Welcome baskets available for ages 0-2 years old.

> Sizes from Newborn – 2t available

> > 8

For more details or to register, please contact Airman & Family Readiness Office 413-568-9151 ext 6981183 or Lisa.m.potito.civ@mail.mil

All requests will be filled based on available stock.

AIRSCOOP





Divorcing, Separated and Single Veteran Fathers





Group will be on the second and fourth Monday of every month.7pm-8:30pm

Springfield Vet Center, 95A Ashley Ave. W. Spfld 01089

To Register call the Vet Center at **413-737-5167**; For more Information contact: **Rick Hendricks**, Workshop Facilitator, Licensed Marriage and Family Therapist, Retired Army Veteran, Father of three (two OIF Veterans), Stepfather of two, Grandfather of eight at **richard.hendricks2@va.gov**

CALL: (413)737-5167

For those who are going through the courts or are challenged by custody concerns or raising children in a difficult circumstance.





Military Kids Summer Camp

Day Camp Grades K - 8 | Overnight Grades 2 - 11

Project New Hope and Grotonwood have partnered once again to provide an awesome week of summer camp for kids of Active Duty Service Members, National Guard and Reserve. Proof in the form of Birth Certificate must be provided a minimum of 10 days prior to attendance and, military ID shown on check in day. All campers need to provide the following information prepared and, signed by a licensed health care provider. This must be received at least two weeks before the camper arrives:

1 - Current medical history which lists allergies, required medications and any health conditions or impairments which may affect the individual's activities while attending camp.

2 - A certificate of immunization including MMR, Polio, DTaP and Hepatitis B.

3 - A report of a physical examination conducted during the preceding 24 months.

4 - Copy of health insurance information.

Once we have received your online registration we will email you our Guide to a Great Summer Experience, this includes a packing list, rules and other information.

For Overnight Camp

Check in is on Sunday between 2:00PM and 4:00PM. Check out is on Friday between 6:30PM and 7:00PM.

For Day Camp

Check in is daily at 8:30AM and Check out is at 5:00PM Monday to Friday.

The cost of your child's session is being funded by the generous donations of the Grotonwood Scholarship fund and Project New Hope.

Register online at www.grotonwood.org





WHERE is it?



Grotonwood Camp & Conference Center 167 Prescott St. Groton, MA 01450

Project New Hope | 70 James Street, Suite 157 Worcester, MA 01603 | P: (774) 243-7859 | www.projectnewhopema.org



Register

For Camp Here FEBRUARY 2018

AIRSCOOP

R	05°06	0	no ton
C		You are invite to join in th	e S
500		102d Retirees Lunc	e v heon s
20		June 27 th 2018, Wednes	sday 👋
6	1020	d Arnold Hall (DFAC), 159 Granville Ave, Buzzard	s Bay, MA 02542
		Bases and at 1020 Lunch at 11	
		Doors open at 1030, Lunch at 12 RSVP by 6 June 2018	100
		\$15.00 PP	
		Submit the following completed form by e usaf.ma.102-iw.list.retireesaffairoffice@ma	email to:
	Name/Rank		
	Significant Othe	r	
	Address		
	Town	State	Zip
	Home Phone	Cell Pho	ne
	Email		Birthday
	Years at 102d	Section(s MM/YY to MM/YY	.)
			60



Public Affairs Information

How we can help you:

Among Public Affairs capabilities and responsibilities, we can provide official studio photography, videography and photography support of events. Please email a completed AF833 request form to <u>usaf.ma.104-fw.list.pa@mail.mil</u>. Please route all requests for Base Tours to Senior Master Sgt. Julie Avey julie.l.avey.mil@mail.mil.

How you can help us:

We want to know about your achievements, training, and new beginnings! Let us know when your section will be training, when a member receives an award or graduates a course...

The Airscoop:

The deadline for submissions to the upcoming Airscoop will be two Mondays before that drill weekend. All submissions should be sent to <u>lindsey.s.watsonkirwin.mil@mail.mil</u>. It is helpful if articles are Word documents written in 12pt. Times New Roman. Please submit pictures as individual JPEG files.



Mobile

FREE YOGA

Dates:	January 12th & 29th
	February 9th & 23rd

1200-1245 Time:

N







Location: Barnes Dining Facility

Yoga Basics: Never taken yoga or taken very little? This beginner's class in the Hatha style introduces students to the asana (posture) practice. This class begins to explore the fundamentals of yoga postures, breathing, alignments, and relaxation. Advanced classes coming soon!!

Please RSVP to Michelle @ michelle.a.pennington2.civ@mail.mil Mats provided, but if you have your own, yoga mat please feel free to bring it!

Commissioning Opportunity with 102nd Intelligence Wing

+ Supporitng the 102nd Intelligence Wing, Otis ANGB, as a Traditional Guardsman with the 102nd Intelligence, Surveillance and Reconnaissance Group

+ All Eligible and Qualified Applicants MUST be current enlisted MA Air National Guard Members
+ Submit complete application packages to: Capt. Patrick Broydrick in PDF format at;
<u>Patrick.r.broydrick.mil@mail.mil</u>
+ Closes: March 23

POSITION TITLE: Intelligence Officer GRADE: 2d Lt AFSC: 14N

LENGTH OF ASSIGNMENT: Enlisted members selected to fill an Intelligence Officer position are required to sign a six year Statement of Agreement and Understanding that they will remain MA ANG members.

DUTIES AND RESPONSIBILITIES: Directs intelligence activities, develops intelligence plans and policies, manages and coordinates intelligence activities, produces timely and accurate fused intelligence analysis, and conducts collection and ISR operations. Implements standardization, evaluation, and training programs, and monitors compliance. Integrates intelligence activities into plans and programs. Selected member must successfully complete Officer Training School and 14N AFSC technical school within 18 months of Commissioning.

The primary purpose of the 202 ISRG position is to coordinate tactical and operational integration of ANG Cyber ISR with active duty and National Agency mission partners, supervise through subordinate leaders, as well as plan and execute training to ensure mission readiness in support of both national and CYBERCOM plans and operations.

An Intelligence Officer in the 102 ISRG is required to obtain Mission Operations Commander Qualification within one year of 14N AFSC technical school completion. The primary purpose of the 102ISRG position is to perform specialized duties as Intelligence, Surveillance and Reconnaissance Unit crew commander, supervises through subordinate leaders and supervisors and to train assigned military unit members in the duties and functions associated with multi-intelligence tasking, processing, exploitation, and dissemination activities.

QUALIFICATIONS: Candidate must fully comply with AFI 36-2903, Dress and Personal Appearance of Air Force Personnel, meet current fitness standards as outlined in AFI 36-2905, Fitness Program and requirements IAW AFI 36-2019. Candidate must have a Bachelor's Degree and current AFOQT scores (no exceptions). Specialty requires routine access to Top Secret material or similar environment. For award and retention of AFSCs 14NX, completion of a current Single Scope Background Investigation (SSBI) according to AFI 31-501, Personnel Security Program Management is mandatory. Successful completion of a counter-intelligence polygraph test is required for the 202 ISRG position and may be required for the 102 ISRG position.

APPLICATION: Application will include civilian/military resume, last EPR or training report, current AFOQT scores, current records review listing, a current Fitness Assessment, and a letter of intent indicating the applicant's reasons for desiring the position.

CLOSING DATE: Applications must be received by 4 p.m. on March 23. Eligible applicants will meet the interview board during the Saturday of the April RSD. Applicants will be notified in advance of the time / place of interview.

UNIFORM: Service Dress

Promotions

Senior Airman

Karl Burston, FSS

<u>Staff Sergeant</u>

Charles Anderson, AMXS James Doig, SFS Carlos Batille, SFS Nicholas Asselin, SFS John Areche, SFS Gregory Warren, SFS Weston Fazzino, SFS Michael Reniewicz, CES

<u>Technical Sergeant</u>

Amanda Giovanella, LRS Gregory Pion, AMXS

<u>Master Sergeant</u>

Christopher Duval, LRS

Chief Master Sergeant

Jeffrey Samuelson, CF Brian Wallace, MXS

<u>Captain</u>

Michael Disori, MXS Tiffany Slaven, CPTF Nadine Edwards, FSS

Chapel Team

Please contact the Chapel Team for Dates and times of Worship Services

If you need to talk, the Chapel Team will be out and about. You can also stop in for a chat at the Base Chapel (Building 12, aka. the Fitness Center) or call ahead at ext. 698-1057.

Vacancies

Aircraft Engine Mechanic position supporting the 104th Fighter Wing <u>https://www.usajobs.gov/GetJob/</u> <u>ViewDetails/487754100</u> Appointment Type: Permanent Grade: WG 10 Closes: Feb 8

Motor Vehicle Operator position supporting the 102nd Intelligence Wing <u>https://www.usajobs.gov/GetJob</u> <u>ViewDetails/487765400</u> **Appointment Type: Temporary - Indefinite Grade: WG 8 Closes: Feb. 11** Financial Manager position supporting the 102nd Intelligence Wing <u>https://www.usajobs.gov/GetJob/ViewDetails/4880851</u> <u>00</u> **Appointment Type: Temporary Promotion Grade: GS 13 Closes: Feb. 4**

Equal Employment Specialist position supporting JFHQ HRO, Hanscom AFB https://www.usajobs.gov/GetJob/ ViewDetails/489529600 Appointment Type: Permanent Grade: GS 9 Closes: Feb. 6

Traffic Management Specialist position supporting Hanscom AFB https://www.usajobs.gov/GetJob/ViewDetails/4895235 00 Appointment Type: Permanent Grade: GS 9 Closes: Feb. 2

Job Announcements Found on Sharepoint under Full Time Opportunities and thenationsfirst.org Contract Specialist supporting the 104th Fighter Wing POC: Senior Master Sgt. Kyle Kiepke x698-1593, kyle.d.kiepke.mil@mail.mil AFSC: 6C0X1 Grade: E5-E7 Closes: Feb. 15

Aircraft Mechanic supporting the 104th Fighter Wing POC: Senior Master Sgt. Ryan Shea x698-1398, <u>ryan.t.shea.mil@mail.mil</u> AFSC: 2A3X3 Grade: E4-E5 Closes: Feb 19 (TWO Positions available)

Aircraft Pneudralic System Mechanic supporting the 104th Fighter Wing POC: Master Sgt. Jeffry Odell x698-1312, jeffry.s.odell.mil@mail.mil AFSC: 2A6X4 Grade: E4-E6 Closes Feb. 15

Production Control Aircraft supporting the 104th Fighter Wing POC: 2nd Lt. Nathaniel Donnachie x698-1678, <u>Nathaniel.p.donnachie.mil@mail.mil</u> **AFSC: 2R1X1 Grade: E4-E6 Closes: Feb. 15** the Drill Bits on

more information

Tech. Sgt. Kayla

1214.

The Price for AGR's and Officers has changed from \$5.55 to \$5.60.

Please Check SharePoint for or contact Morin, at 698-



SATURDAY RSD

Soup Chicken & Dumpling Chili <u>Entrees</u> Fried Chicken Jambalaya <u>Starch</u> Baked Mac n Cheese White Rice <u>Vegetables</u> Succotash Baked Okra Salad Bar, Dinner rolls & Assorted Desserts Ham & Cheese wraps

SUNDAY RSD

Soup Chicken & Dumpling Chili <u>Entrees</u> Wings (Buffalo and BBQ) Stuffed Pork Chops <u>Starch</u> Southwestern Rice Baked Beans <u>Vegetables</u> Corn on the Cob Louisiana Style Squash Salad Bar, Dinner rolls & Assorted Desserts Ham & Cheese wraps

Welcome!

Airman Basic Danielle White, SFS Airman Basic William Borcy, CES Airman Basic James Gardner Teele, AMXS Airman 1st Class David Oske, AMXS Airman 1st Class Emil Adolphs, AMXS Senior Airman Shawn Perry, MDG Staff Sgt. Peter Fontaine, MXS Staff Sgt. Cameron Farrell, LRS Staff Sgt. Blake Wirth, SFS

Farewell!

Staff Sgt. John Luiz, MXS Tech. Sgt. Anthony Jesmond, MXS Master Sgt. Joseph Anteski, MXS Master Sgt. Donald Masciadrelli, MXG Master Sgt. Ronald Brown, SFS Chief Master Sgt. Mark Bolduc, FW Col. Alexander 'Snip' Halopoulos, MXG

Thank you for your Dedicated Service!



(U.S. Air National Guard Photo by Master Sgt. Kurt Skoglund)

Barber Shop Open The Barber Shop will be open for the RSD dates. Enter Building 008, South Entrance. POC for the Barber Shop operations call: (413) 568-9151, x698-1234.

Proud of our Airmen!



Catch our Airmen in action on Instagram at 104fw! #104fw #MassGuard #AirPower



Massachusetts Air National Guard 104th Fighter Wing - PA Falcon Drive, Westfield, MA 01805

www.104fw.ang.af.mil Phone: 413-568-9151 Email: usaf.ma.104-fw.list.pa@mail.mil







Copyright (c) 2018, 104th Fighter Wing Air National Guard. All rights reserved. This funded Air Force newspaper is an authorized publication for members of the U.S. Military services. Contents of the AIRSCOOP are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, the Department of the Air Force or the Air National Guard.