



February 2016



Four 104th Fighter Wing F-15s trail behind a KC-135 January 22, 2016 en route to Nellis AFB, Nev. Approximately 125 unit members deployed in support of Red Flag. (photo by Senior Airman Loni Kingston)

Commander's Column

By Lt . Col. Peter Carr, Aircraft Maintenance Commander



Lt. Col. Peter Carr

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PRIDE, PROFESSIONALISM, PATRIOTISM

Moving Forward

It's been almost ten years since we've said goodbye to the Hog and we started flying Eagles. We did our first CONUS deployment with the Eagle and brought jets to Key West, Florida in 2009. We followed that up with numerous deployments to Nellis AFB, Nevada for Red Flags and Weapons School support; participated in two WSEP deployments to Tyndall AFB, Florida to support weapons test; went out west and deployed to Alaska...and later went further west and participated in two Sentry Aloha Hickam AFB, Hawaii exercises.

In 2012 we took the Barnestormer brand of air superiority overseas providing a 12-ship Theater Security Package (TSP) to the CENTCOM AOR. While taking air superiority on the road isn't a new thing for the Barnestormers...operating in the PACOM and EUCOM theaters is. In 2014 we took 10 jets, 150 people and equipment to Malaysia. This year TSP 16-02 takes us to the European Theater where we will be training and working alongside a variety of European allies including Iceland, the Netherlands and Estonia. Airmen assigned to the 104th Fighter Wing and to the 144th Fighter Wing will participate. The aircraft will be forward deploying to train with NATO allies to strengthen interoperability and demonstrate the U.S. commitment to the security and stability of Europe. You sprinkle in training, readiness and inspections...and this is the new situation normal for us here at Barnes. We must always be "ready, reliable and relevant." We've had a lot of successes flying the "Mighty Mighty"...and we are truly part of a new, proud heritage in the F-15C.

Accomplishing these types of goals requires leadership at all levels. Are

you ready for the next level? From time to time, we all need to take a look at where we are professionally and do a little situational analysis. If you are happy where you are, great! If you think you want to contribute to the mission in a different capacity, talk to your supervisor and let him or her know what your career goals are. If you haven't gotten that next level of PME taken care of, then look at applying for ALS, NCOA or SNCOA. Do you have your CCAF degree? Do you have a mentor? The Air Force views mentoring to be one of your supervisor's responsibilities, but corporate mentoring programs encourage you to look outside your chain of command for mentorship. Are you a mentor to others? As we all know, to teach is to learn twice. As NCOs and Officers, we all should be mentoring at our respective levels...no formal program required! It takes a village...

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Alcoholism is treatable!
Need help? Call 1-800-410-2560

Sexual Assault S.A.F.E. helpline
1-877-995-5247

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Over the next couple of years our wing will see about 20% of our organization turnover personnel. There are a few Chief retirements projected in there as well. When a Chief retires, there is a 'trickle effect' where typically a Senior moves up to become a Chief, a Master moves in to the Senior position, and a Tech has an opportunity to become a Master Sergeant. Are you looking at those future opportunities and are you preparing for them? Are you ready to step-up?

Here is my quick "Top 11 List" for advice I would give anyone that is serious about their Barnes career:

1. **Do the best job you can in the one you're in.** Always. That is your number one predictor of success here. Supervisors know who gets us to the big dance! Do a good job and have a good attitude doing it. If you want to go one step further, under promise and over deliver with every-thing you come in contact with.

2. **In order to be a good leader, you must first be a good follower.** "You've got to BE before you can DO and you've got to DO before you can HAVE." No one cares how good you are if you can't follow the directions you are given. Do what your boss expects, earn his or her trust, have a great attitude doing it, and you will be just fine.

3. **Don't just follow the example in front of you.** When you finally get the big job, become the supervisor/leader that you always wished you'd be. Look up what you are supposed to do in your position, develop a

"system" to manage it all (ask if you don't have a system or don't know where to start), and do the best job you can! The most successful among us are those that have strong technical knowledge and interpersonal skills. Leadership is personality driven. Understand your personality, plug in to the leadership tools like the Situational Leadership Model taught in all military PME and use other tools in the toolbox when you can. Get smart about it early and experiment with your style. Work on people power, so by the time you have position power, you don't need to use it in order to positively influence people. Additionally, find a mentor. You will save years of trial and error and develop as a leader much quicker by getting sound advice from others and applying those lessons when applicable.

4. **Give people real feedback... everyone deserves it!** It is not in most people's nature to tell others where they have shortcomings, because we are all human and we as supervisors make mistakes too. However, we NEED to give real, honest feedback if we are going to be better as an organization and as leaders. I push to supervisors that they should be letting people know the three things that they are doing really well and the three things they need to work on. When I meet with people at any level for the UCA program, I encourage them to ask for feedback if they are not getting it. Once again, there is a good Air Force program for this. Recommend using the Enlisted Feed-back Program forms for "real" documented feedback, because it stays between the supervisor and the member.

5. **We act like we are all in this together, because the military is a team sport, however, you will be judged by your own body of work.** It just can't be understated...while we work together as a team to accomplish much more than we would as individuals, the decisions we make over the years become the reputation that we've built. REMEMBER the immortal words of Lt Col Jim "Crete" Boggs, a former Barnes MXS Commander and pilot, "You build a thousand bridges, you're a bridge builder... but..." It's not a one-mistake Air Force, as the previous quote would have you believe, but you must develop and maintain a reputation where you work hard, know your job and play well with others.

6. **Time and attendance is a big deal.** The only one that thinks that no one else notices when you come in, when you leave, when you take your breaks, and how often...is YOU. Perception can make or break you over the years, we need to be clean if we are really going to manage and lead. A hard days work for hard days pay.

7. **Look at the Air Force Programs before developing new ones.** They've usually wrung out the issues and developed the products. Additionally, the IG says that the Guard is notorious for using homegrown products that aren't as good or that aren't in accordance with. Recommend using the Air Force Pamphlet 36-2241 for the crib notes on just about everything before consulting the 300 page instructions. That book will give you 2 pages of the important stuff and reference the full instructions

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and you can search the index by topic to find the information! It's a great place to start!

8. **The biggest lie you will ever hear:**

"I was just kidding!" There is a lot of truth in jest. Some use it as a tool to give 'soft' feedback. Others use it when they're outside of their comfort zone and afraid of rejection. For example, if you're a guy working the flightline and one of your peers says that after he gives you lip for not helping him with his BPO pre-flight, he may be giving you a little criticism. Understand it and act accordingly.

9. **The second biggest lie you will ever hear: "I won't tell anyone!"**

Ben Franklin said, "Three can keep a secret when two are dead." Be careful who you trust with sensitive information. If you talk to a lot of people and you think this is bad advice, it's probably because you haven't been burned yet. You may just have to learn this one the hard way. Being direct about big issues is better for you, your boss, your subordinates, and the organization as a whole. Sometimes information has to be controlled, but rumors are generally bad for mission and morale. Understand the nuance and act accordingly.

10. **Don't defend someone by simply saying "He's a good guy."**

We are all good guys and gals! It's one of the most over-used statements ever, and has lost its punch. We need to objectively evaluate each situation on a case-by-case basis. Always give fact-based evaluations and try to keep the emotional commentary to a minimum. Fight for your people when they've earned your support. Build trust up and down the chain by truly handling things at the lowest levels so that your subordinates don't want to disappoint you and you curb negative behavior. And when going to bat for someone, make it a merit-based defense that shows the member's contributions to the wing and make the person look like a good "bridge builder" if that's what they are, but be honest. REMEMBER: This isn't tee ball and everyone doesn't get a trophy. We should be recognizing the top 10-20%, performance managing the bottom, and continuing to lead, motivate, and inspire the 80%.

11. **Thanks for coming in today!!!!**

The Electric Shop has a sign on their wall that says "88% of Life is Showing Up". Truer words were never spoken.

So in closing, you are part of a mission bigger than your self. We have a lot on our plate this year. Are you deploying? Are you ready? You swore an oath to support and defend. Are you ready to step-up? Are you doing the best job you can? Where are you with PME...your education? Do you have an action plan and are you taking action? Are you leading? Do you have a mentor? Are you mentoring someone? Can you believe they pay us for this!?!?!?

New mentoring programs are being rolled out in the wing by SMSgt Tom Orifice, and more recently by Chiefs Gary Allen and Bob Beaulieu. Ask around...find out about them and if they are right for you. These new programs have the feel of a formal program but are really just a structure to help Airmen professionally link-up with people outside their area for good old fashioned career advice and dialog. Get plugged in. Use your resources. Never stop improving! And above all, Lead...even if it's just by example. And don't forget to tell all your friends....

"It's 1-800-TO-GO-ANG!"

Pain-Free Fitness Testing by Tech. Sgt Jennifer McGrath

It's a new year and that means your fitness team at Barnes has made a New Year's resolution to help all of you. Our resolution is to make your fitness test experience a positive and pain-free one! We need your help to attain this goal, "How can I help?" you might ask. Here are a few ways you can help to make your experience at fitness testing virtually pain-free: complete your AF Form 4446 (Fitness Screening Questionnaire) including the top portion with your scorecard, arrive at check-in with your CAC card 30 minutes prior to your test's start time. (Late arrivals will not be allowed to test.), if you are on a profile please bring your paperwork from the clinic with you, we cannot accept doctor's notes or letters, ensure you are wearing the PT uniform properly; refer to AFI 36-2903, chapter 7 and exercise regularly during the week. If you have any questions please contact your UFPM/PTL or a fitness team member. There will be UFPM/PTL training held during the February UTA so they will be more than capable of helping you out! We look forward to seeing you soon.

Wing Recognizes 2015 Outstanding Airman of the Year

By 1st. Lt. Anthony Mutti, Public Affairs Officer

104th Fighter Wing at Barnes Air National Guard Base hosted its 42nd Annual Awards Ceremony at the Springfield Sheraton, January 9, recognizing the top members of the approximately 1,400 member Wing, with four members of the Security Forces Squadron recognized nationally.

Over 400 Airmen and their families attended the event to recognize and celebrate some of the finest Airmen in both the Wing and the nation.

Awards are presented to the highest achieving members from the entire wing after competing against their peers within their flights, squadrons and groups. The wing winners will compete for state recognition, and will contend at the national level against the winners from the active duty, Reserve and other National Guard units.

The 2015 Air National Guard Security Forces Annual individual awards recognize the outstanding achievements of individual security forces Airmen across the Air National Guard who stood out among their peers by demonstrating the highest levels of performance.

This year's Wing winners are:

- **Staff Sgt. Jennifer Tittle**, Information Assurance Medallion Award
- **Master Sgt. Frederick Fopiano**, Major General George W. Keefe Award for "Enlisted Excellence"
- **Master Sgt. William Craig**, First Sergeant of the Year
- **Mrs. Christine B. Bassett**, Civilian of the Year
- **Senior Airman Shane T. Coakley**, Airman of the Year



The 104th Fighter Wing recognized its superior performers during the 42nd Annual Awards Ceremony, January 9, 2016 at the Springfield Sheraton. From left to right: Colonel James J. Keefe, Wing Commander for the 104th Fighter Wing; Staff Sgt. Mary Keeler, Active Guard Reserve (AGR)/Technician of the Year; Mrs. Christine B. Bassett, Civilian of the Year; Sgt. Mark A. Giromini, Non-Commissioned Officer of the Year; Capt. Katie Gauvin, Company Grade Officer of the Year; Master Sgt. William Craig, First Sergeant of the Year; Senior Airman Shane T. Coakley, Airman of the Year; Chief Master Sgt. Anthony F. Swana, Senior Non-Commissioned Officer of the Year; Chief Master Sgt. Maryanne Walts, Command Chief of 104th Fighter Wing. (Photo by Maj. Mary Harrington).

- **Sgt. Mark A. Giromini**, Non-Commissioned Officer of the Year
- **Chief Master Sgt. Anthony F. Swana**, Senior Non-Commissioned Officer of the Year
- **Staff Sgt. Mary Keeler**, Active Guard Reserve (AGR)/Technician of the Year
- **Capt. Katie Gauvin**, Company Grade Officer of the Year
- **Staff Sgt. Steven Vigneault**, Outstanding Flight-level Non-Commissioned Officer Award
- **Master Sgt. Casey B. Walsh**, Outstanding Senior Non-Commissioned Officer Award,
- **Officer Christopher J. Krutka** Outstanding Air Reserve Component Security Forces Civilian Award
- **Master Sgt. Steven D. Jeffers**, Outstanding Security Forces Higher Headquarters Staff Non-Commissioned Officer Award, NGB/A7S, Joint Base Andrews, MD (former member of the 104th Fighter Wing)

The Air National Guard Security Forces Annual individual award winners are:

- **Senior Airman Shane T. Coakley**, Outstanding Flight-level Airman Award

104th Fighter Wing Members Train to Fight By Senior Airman Loni Kingston

NELLIS AIR FORCE BASE, Nev. – More than 125 Airmen from the 104th Fighter Wing, Barnes Air National Guard Base, Ma., joined combat air force squadrons from around the world to participate in Red Flag 16-1, a large scale integration and combat training exercise.

The 104th Fighter Wing joins over 130 aircraft and 3000 personnel from more than 30 countries during the three week exercise. The enormity of this exercise provides Service Members the opportunity to interact, engage, and work with different units flying different aircraft to support an overall combined mission before being deployed to support wartime operations.

“Red Flag exercises replicate scenarios that we would see in a war time environment,” stated Chief Master Sgt. Richard Tudisco, 104th FW Maintenance Group noncommissioned officer in charge. “The realistic combat training is important to guardsmen because it brings together a multitude of diverse aircraft into one wing to execute combined operations; an opportunity not afforded to them at home station.”

Simulated war exercises also allow national guardsmen behind the scenes to

get a realistic expectation of how normal daily operations change when home station convenience is replaced with deployment reality.

“Red Flag allows us to work in a facility that we are not used to working in, where we do not have all of the tools or parts we are used to having on hand at home,” said Lt. Col. Chris Bigelow,

104th FW Maintenance Group deputy commander. “Participation in Red Flag allows our maintainers the opportunity to work through a wartime structure and allow them to understand the process of what they would have to go through in theatre.”

Traditional guardsmen are unique to the military as many of them have civilian jobs outside of the military that are



Crew Chief Senior Airman Alex Nielson performs a pre-flight check on January 26th at Nellis AFB, NV. (photo by Senior Airman Loni Kingston)

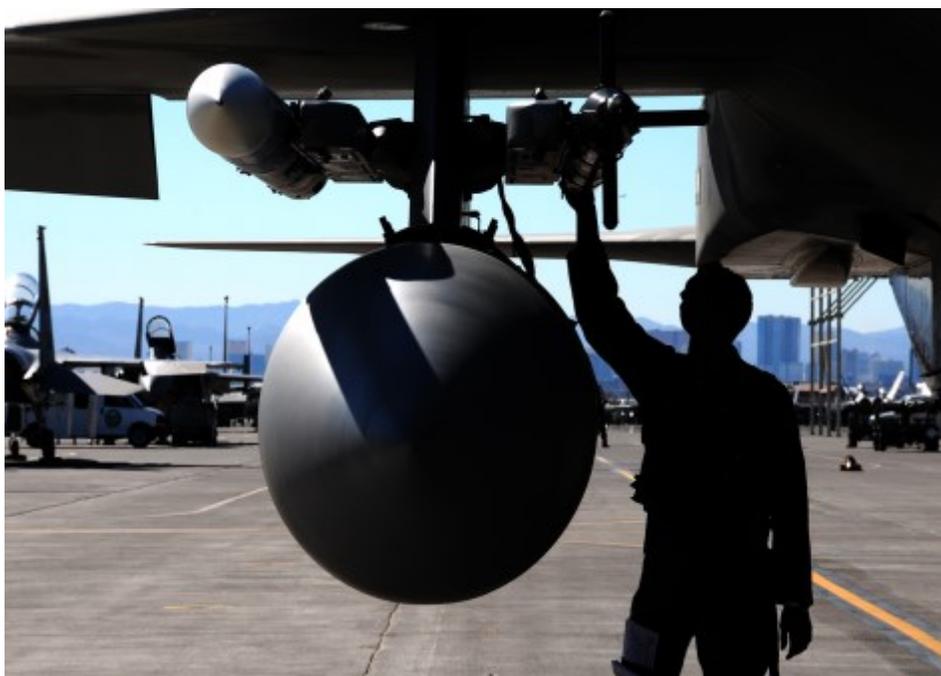
different than the jobs they perform on drill weekend. Red Flag affords them the opportunity to keep their Air Force Specialty skills sharp.

“This exercise allows our traditional guardsmen, who don’t have an opportunity to work on F-15s on a regular basis, the ability to put their hands on the aircraft, do their job, and get the training they need,” said Bigelow.

When there are over 3000 participants in an exercise each member brings knowledge and experience that can be shared within the whole group. It is important for Airmen to see where they fit into the big picture.

“Red Flag incorporates so many different airframes and can accommodate an appropriate air support structure; being part of this large scale exercise has allowed me to see how we integrate with other wings and different aircraft,” said Tech. Sgt. Austin Putnam, 104th FW fuel shop technician.

Our younger Airmen need this type of training to understand that we are only a small piece to a very large puzzle but without all of the necessary pieces the larger whole suffers, said Bigelow.



A 104th Fighter Wing Pilot performs walk around during Red Flag exercise at Nellis AFB, NV. (photo by Senior Airman Loni Kingston)

DIAMOND CORNER: First Sergeant's Column

By Master Sgt. Marnie Wallace, 104th Medical Group



MILITARY COMMITMENT:

Service Before Self - military service is one of the most important

and challenging commitments a household can make. Promise, pledge, vow, obligation, military service is the embodiment of rising above our personal preferences and circumstances to ensure we fulfill our duty.

Air Force Instruction 1-1 Air Force Standards describes military commitment as a way of life. "The mission must be accomplished, even at great risk and personal sacrifice. Airmen are always subject to duty, including weekends, holidays, and while on leave. If ordered you must report for duty at any hour, at any location

and remain as long as necessary to get the job done. In order for the mission to succeed, you must always give your best. You must strive to be resilient: physically, mentally, emotionally and spiritually prepared to meet the challenges inherent to being a member of a fighting force, both in the deployed environment and home station. You must live by rules that are often more restrictive than those found in civilian life."

Thank you and your loved ones for your service!

First Sergeant Wallace

Combating Trafficking in Persons (CTIP) Hits Close to Home

So are you still wondering why we have required training in CTIP? Are you still thinking that things like this don't happen anywhere around here? This recent article from the WWLP webpage may make you think again.

SPRINGFIELD, Mass. (WWLP) – Tiana Lewis and her husband Milford "Bullygang" Lewis will be spending Christmas in prison. The couple who were married in August are accused of human trafficking and having women they hired engage in prostitution.

Federal prosecutors say that the Lewis' ran Sinful Innocence, a company that recruited women for stage dancing and modeling, but is alleged to be a front for prostitution. The human trafficking allegations stem from bringing one witness and former employee over state lines from Connecticut and recruiting another woman from

Ohio. Prosecutors say that the Lewis' were about to take their employees across the country on a 30 city tour.

Prosecutors allege that the Lewis' would have the women they hired fill out applications and sign contracts. The women would then have to pay \$350 if they break their contract. A recorded phone call played in court reveals the Lewis' threatening a former employee for not repaying the full \$350 fee.

Should you suspect human trafficking, report it — Do not try to intervene.

You have several avenues to report: Security Forces; Air Force Office of Special Investigations (AFOSI); the Inspector General's Office; the DOD Hotline (800-424-9098); or your chain of command.

If you have questions or want additional resources on human trafficking and our role in combating it, contact Lt. Col. Brenda Hendricksen, the at 413-568-9151 ext. 698-1800 or brenda.c.hendricksen.mil@mail.mil



Safety: Don't get Burnt!

By Senior Master Sgt. Thomas Dumais, 104th Fighter Wing Safety Office

The unit has experienced 2 injuries since the last How-Goes-It.

- Worker injured neck, accessing aircraft panel, medical evaluation
- Worker injured attaching tow bar, lacerated finger, stitches

The unit has experienced 0 mishaps since the last How-Goes-It (Great Job!)

We often take for granted simple tasks that have the potential to cause serious harm and getting burnt or scalded is no exception. Whether it is cooking on the stove, preparing a bath, or simply making a cup of tea, the risk for burns or scalds is always present. Below are some thoughts to help you think about ways to help prevent serious burns.

Elderly- As we and our relatives get older, what was once a simple task of boiling water or removing a hot pan from the oven can at times be a potentially hazardous event? The manner in which we approach this really does make a difference. Using a towel instead of an oven mitt can create several additional hazards most never think about. Is the towel really stable to handle the item? Is there a chance it could soak up some of the hot liquid? Could it hang down and be ignited by a hot burner? How much does it weigh is also a consideration. What use to be an easy lift may no

longer be so easy?

Children- Kids are kids! Always are and always will be. This means they are curious and reaching for things is just a thing they do. It is our job as adults to keep them safe and when we are talking about anything hot such as boiling water or hot pan, we need to do our parts to look the situation over for hazards and control them. Something as simple as always trying to use the rear burners is a good first step. Another is to never allow handles extend out from the stove where they can grab them. How about the fresh cup of coffee or tea? How do you make sure it does not become a scald hazard should they be the curious kid? Is it out of reach or is it on the edge and within reach? How about appliance cords to items such as the coffee maker, deep fryer, and slow cooker? Are they positioned where a curious child could pull the item off the counter?

Water heater setting- If you have ever tried to wash your hands under hot water and found it to be extremely hot; YOUR WATER IS TOO HOT! Imagine a child doing this? Your hot water heater should be set at around 120 degrees to help prevent scalding and also save you money. If you are unsure how to determine what yours is set at, you can ask someone who knows how to check it, or call a professional. There are also several

good videos to help you such as <https://www.youtube.com/watch?v=klaeTqH3eWE>

OUCH- Sometimes it seems like everything is right and in a split second, bam! You are splashed or you make contact with a hot surface! OUCH! The key to remember in this case is the damage has already been done and you need to tend to the wound. You cannot un-cook something is the best way to describe it.

Prevention did not work- So you did your best and someone got burnt or scalded. What do you do? Use cool water on it, never cold. Never use butter or salves on the affected area. Use a clean towel with cool water and depending on the seriousness of the injury, seek medical assistance as required.

I think you can agree prevention is the key! I think you can also agree burn/scald prevention methods are fairly simple and easy to do. The problem develops when we fail to recognize the hazard and the seriousness it presents. This is where remembering to take precautions comes in. We all need to control the hazard before it becomes a burn or scald. With your awareness and proactive actions, we can all live our lives a little safer so we don't get burnt!

Are you interested in competitive marksmanship with a rifle and pistol?

Are you interested in testing your skills with and against your peers and get some great training? Then, I would like to invite you to attend the Base Shooting Team meeting on Sunday, February 7, starting at 3:30 p.m. in the CATM classroom at Building 031. There, we will cover some of the matches coming up this year as well as the practice sessions. You must have your supervisors permission to attend the meeting! If you are interested, please contact MSgt Chris Cekovsky, Base Marksmanship Coordinator at christopher.b.cekovsky.mil@mail.mil or call at 698-1426.

OPERATION MILITARY KIDS CLUB—Feb UTA

Location: Boys and Girls Club of Greater Westfield

Contact information: www.bgctestfield.org, (413) 562-2301



Schedule of Activities

7:30

Bus Pickup at 104th, Departing from Building 8

8:00 – 8:15

Breakfast / Morning Meeting

8:15 – 9:15

Games Room Tournaments:

The Games Room is where the children will participate in table tournaments. *Saturday:* Cherry Pick (Pool table) and Poly Pong. *Sunday:* Bumper Pool Tournament and Foosball Tournament. Award Certificates will be presented to all participants

9:15 – 10:15

OJP Mentoring:

Through a grant from the Office of Juvenile Prevention, the children will be paired with a mentor in a small group setting, engaging in activities, such as: cross word puzzles, arts & crafts, computer games, and gym activities.

Saturday & Sunday:

Make your own “Electric Company” Family Tree (The favorite children’s television show, The Electric

Company, created a special edition activity booklet specifically for military kids, such as: journal writing, camera games, mazes, story starters, composing songs, and making family trees ... to name a few.)

10:15 – 11:00

Art Studio Arts & Crafts:

Saturday:

Electric Company Family Tree

Sunday :

Open Studio – The children will be able to explore and be creative with different art mediums, such as: water color, crayons, markers, etc.

11:00 – 12:00

NetSmartz and Gamestar Mechanic Computer Lab:

Saturday:

NetSmartz is a Boys and Girls Club program that teaches beginning learners how to use the computer properly.

Sunday:

Gamestar Mechanic is a program that teaches elementary and middle school aged children how to create their very own computer game.

12:15 – 12:45

Lunch

Saturday:

French Toast Sticks with Maple Syrup, Sausage Links, Home Fries, Mandarin Oranges, and 1% White Milk

Sunday:

Hot Dog in a Bun, Potato Chips, Tossed Salad with Italian Dressing, Peaches, and 1% White Milk

1:00 – 2:15

Triple Play / Healthy Habits:

Triple Play is a national Boys and Girls Club program that teaches healthy habits through physical activity.

Saturday and Sunday:

Fishy Fishy Cross My Ocean / Basketball & Soccer Skills

2:30 – 3:30

Swimming

4:00

Bus Departs for 104th, drop off location Building 8

**SAVE THE DATE: WING EASTER EGG HUNT
March 19 from 1:00-3:00**

EO Office Vacancy

The Equal Opportunity Office has a vacancy for the NCOIC position.

The position AFSC is 3S1X1 and is an E5-E7 Master Sergeant slot.

The minimum grade eligible to Apply is E5 (prior qualification in any AFSC at the 5-skill level or higher).

The application deadline is March 6, 2016. The projected Board Date is April UTA

Duties and responsibilities include some, but not all; Promotes an environment where individuals are treated with dignity and respect regardless of race, color, religion, sex, national origin, age, or physical or mental disability. Provides advice, consultation, education, alternative dispute resolution (ADR), and referral services to enhance mission effectiveness. Coordinates with staff agencies to support EO programs and policies. Advises personnel on EO responsibilities, policies, and programs. Provides information to those seeking assistance.

To apply, please submit a completed package including a resume, and un-opened official copy of our college transcripts, a copy of your AFOQT scores to Chief Andres Huxtable adres.a.huxtable.mil@mail.mil, 413-568-9151 ext. 698-1435, 104th Force Support Squadron. Additionally, you may want to submit copies of any certifications that are required or that apply to the position at the time of interview.

Point of contact for more information: Lt Col David Castonguay at ext. 698-1328.

Spring Satellite ALS classes

Two different Airman Leadership class versions may be offered at Barnes ANGB this spring. The Sat ALS 16-6 class will be conducted concurrently with a BETA test of a new ALS Distance Learning Course. The BETA course will be conducted in two phases just like satellite.

Phase 1 (6 weeks) will be done through facilitated online learning using Blackboard. Phase 2 it will be shorter and they will graduate

on a different date. A minimum eight airman are needed for the satellite course and three for the Beta course. Please contact your training manager for details and eligibility.



For those members who attended the 104th Fighter Wing Awards Banquet you may have noticed the one award that naturally had the whole audience providing a standing ovation while being presented. This Award was the prestigious Major General George W. Keefe Award.

This award is presented by the 104th Fighter Wing Chiefs Council in honor of Major General George W. Keefe. Major General Keefe was a true 104th Fighter Wing Airman. He started his career in the enlisted ranks in 1956 with the 104th and advanced through the officer core to eventually be promoted to the grade of Major General and lead the Massachusetts National Guard as the Adjutant General for 5 years.

This award is designed to encompass his key qualities of Leadership, Responsibility, Mentorship, Self-Discipline, Family Values and improving the image of the 104th Fighter Wing and the Massachusetts National Guard.

104th Fighter Wing members are nominated by their peers through the submission of an AF IMT Form 1206. All AF Form 1206's must be submitted through your Chiefs prior to the November Drill. All candidates 1206's are reviewed by the Chiefs Council for selection of the annual winner. So if you want to see a peer of yours walking up to the stage to receive this prestigious Major General George W. Keefe Award, get your writing skills honed by the November Drill. (Submitted by CMSgt Anthony Swana)

For Your Information

Best Warrior: ANG Can Compete!!

The Mass National Guard Best Warrior Competition will be held on Joint Base Cape Cod (Camp Edwards) from April 1-3 2016. The two categories are SSgt to MSgt and Airman to SrA. Packets must be submitted no later than 15 February 2016. The competition will consist of an Army Physical Fitness Test, written exam, hands-on warrior tasks, M16A2/ M4A2 rifle qualification, day land navigation, a mystery event and a board appearance. Noncommissioned Officers, Soldiers/Airman will conduct hands-on warrior tasks. All candidates will utilize STP 21-1-SMCT Level 10 August 2015 located online in the General Dennis J. Reimer, Training and Doctrine Library at www.adtdl.army.mil. The online manual is the most current. There will be no instructions/assistance on the M16A2/ M4A2 rifle qualification, competitors are required to know how to zero their weapon and know the fundamentals of marksmanship scoring. The hands-on performance tests the following tasks: Perform Voice Communications, Send a Spot Report (SPOTREP), Request Medical Evacuation, Challenge Persons Entering Your Area and Search an Individual in a Tactical Environment.

For more details or for a nomination packet, please contact Lt. Col. Brenda Hendricksen at Brenda.c.hendricksen.mil@mail.mil.

Tuition and Fee Waiver Change

Changes to Tuition and Fee Waiver Program for Mass National Guard Members The National Guard Tuition Reimbursement Program is the first payer on the applicant's enrollment. Upon presentation of a valid Certificate of Eligibility the institution will credit the student's account for the value of tuition and fees charged. This will be applied prior to any scholarship of financial awards presented to the airman. Waivers need to be applied prior to attending classes.

If the student also qualified for the post 9/11 veterans educational assistance improvements act of 2010 the airman may choose to use this benefit. The Tuition Reimbursement program should augment not supplant any earned federal benefits.

WALK IN LEGAL ASSISTANCE

The Legal Office provides legal assistance to all ANG members on the following legal deployment related issues: Wills, Powers of Attorney (Family Care Plans), Service members Civil Relief Act, and Employment and Reemployment Rights. Walk In Hours are available every Saturday RSD from 9 a.m.-11 a.m. hours. If you are unable to come during this time, please call our office at ext. 1244 to make an appointment. We would be happy to accommodate your schedule.



Bowling Anyone?

Thursday February 18, 2016 is family bowling day at Westover Lanes in Chicopee 11 a.m. through 12:30 p.m., open to 60 people, 2 strings of bowling, shoes and lunch. Cost is \$8.50 per person, the FRG will pay \$3.50 individual pays \$5.00. FRG POC is Beth St.Clair, 413-245-6615 or stc737@charter.net. Please reserve your spot!

Barber Shop Open



The Barber Shop will be open for the 2016 RSD dates. Enter Building 008, South Entrance. POC for the Barber Shop operations call: (413) 568-9151, x698-1234.



PVC CORNER

Did you know that the Pioneer Valley NCO Club is a Non-profit organization? Are you aware of what your membership money goes towards each year? A lot of people don't realize that the NCO Club is more than just a bar. We make donations to many different organizations on behalf of its members throughout the year. Your membership money goes towards all maintenance and improvements made at the NCO Club as well. Without your annual donations none of this would be possible. Pioneer Valley NCO Club Coins are available for purchase for \$10.



Please come by for the following events Saturday's of the RSDs; Feb (Trivia Night), March (Beirut Tournament), May (Cinco De Mayo Party), Aug (Cook your own steak) and Oct (Octoberfest).

Welcome to the Wing

A1C Nicole Vella FSS 13 Jan 16
 A1C Daniela Harrison MDG 21 Jan 16

Retirements

February 2016

Senior Master Sgt. Dennis A. Desroche	MXG
Master Sgt. Jennifer C. Juteau	FSS
Master Sgt. Arthur D. Rief	AMXS
Maj. Angelia Russell	MDG

March 2016

Lt. Col. Jeffrey A. Blake	FW
Tech. Sgt. Jason J. Mclear	AMXS



WHAT'S FOR LUNCH?

AGR and Officer Meal Rate \$5.55
 1100-1300

Saturday

Braised Ribs or Stuffed Pork Chops
 Baked Mac & Cheese or Rice
 Mixed or Collard Greens

Short Order

Cheeseburger, Grilled Chicken Sandwich, or BBQ
 Chicken French Fries
 Salad Bar, Jalapeno Cornbread, Assorted Desserts

Sunday

Jerk Chicken or Baked Fish
 Starches – Southwestern Rice or Bkd Red Skin
 Potatoes
 Vegetables – Corn on the cob or Green beans w/
 mushrooms

Short Order

Cheeseburger or Grilled Chicken Sandwich, or BBQ
 Chicken French Fries
 Salad Bar, Jalapeno Cornbread, Assorted
 Desserts

Promotions

To Senior Airman (E-4)

Jaymie White	SFS
Przemyslaw Szura	SFS
John Areche	SFS
Christian Waterman	131FS
James Roncarati	AMXS
Thomas Decarlo	CES
Matthew Hamilton	CES



To Staff Sgt. (E-5)

Juan Rodriguez	MXS
Kyle Sorensen	AMXS



To Tech Sgt. (E-6)

Ashlee Bard	LRS
Andrew Grincavitch	CF
David Montalvo	MXS
Jennifer Rodriguez	OSF
Jesse Edwards	MXS



To Master Sgt. (E-7)

Christopher Torres	SFS
Ronald Brown	SFS
Juan Barrera	SFS
Nathaniel Donnachie	MOF



CCTV broadcast line up

Channel 9 - Training videos



Morning

0900-0940
 0940-1013
 1013-1023
 1023-1053
 1053-1101
 1101-1108

Training Video

Forklift Fundamentals and Ops
 Confined Space Awareness
 Basic Ladder Safety
 Lockout/Tagout
 FOD Prevention
 Copyright Infringement

Afternoon

1300-1340
 1340-1413
 1413-1423
 1423-1453
 1453-1501
 1501-1508

Training Video

Forklift Fundamentals and Ops
 Confined Space Awareness
 Basic Ladder Safety
 Lockout/Tagout
 FOD Prevention
 Copyright Infringement



Worship Schedule

Protestant Worship:

Saturday, February 5 at 11:15 a.m. at the Chapel

Catholic/Orthodox Worship :

Sunday, February 6 at 11:30 a.m. at the Chapel

If you need to talk, the Chapel Team will be out and about. You can also stop in for a chat at the Base Chapel (Building 12, aka the Fitness Center) or call ahead at 698-1057.

Boston Fire Dept. Civil Service Exam

The Civil Service will administer the written exam for firefighter on April 16, 2016. There will be an additional \$50 fee for applications received after March 1, 2016 and no applications will be accepted after March 21, 2016.

To apply online please visit:
www.cityofboston.gov/fire

Boston Fire will host a series of open houses to provide more information and answer any questions you might have. Open houses will be held on Saturdays from 10 AM-12 PM on the following dates at the listed locations:

- February 13, Jamaica Plain
- February 20, Roxbury
- February 27, Hyde Park
- March 5, Dorchester

A test preparation session will also be at Florian Hall, 55 Hallet Street, Dorchester on: March 29, 2016 from 6 PM - 8 PM.

All events are free and open to the public.

MASSACHUSETTS AIR NATIONAL GUARD

104th Fighter Wing - PA
 Barnes Air National Guard Base
 175 Falcon Drive, Westfield, MA 01805

www.104fw.ang.af.mil
www.westfieldairshow.net
 Social media sites:
www.facebook.com/barnesang
www.twitter.com/104fighterwing
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PRIDE.
PROFESSIONALISM.
PATRIOTISM

We're on the Web
WWW.104FW.ANG.AF.MIL

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