



AIRSCOOP

104TH FIGHTER WING • MASSACHUSETTS AIR NATIONAL GUARD
Pride, Professionalism, Patriotism *Barnes Air National Guard Base*

October 2015



Members of the Westfield Chamber of Commerce watch as a 104th Fighter Wing F-15 Eagle taxi's out for take off on Sep. 18, 2015 (see page 3).

(Photo by Senior Master Sgt. Robert Sabonis)



AIRSCOOP

104th Fighter Wing

Barnes Air National Guard Base

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PRIDE, PROFESSIONALISM, PATRIOTISM

Commander's Column

By Maj., Jeremy Dugan, 104th Civil Engineering Sq. Commander

The Civil Engineer Squadron is a highly diverse organization, including explosive ordinance disposal, emergency management, fire department, engineering and facility operations and maintenance. These functions do not necessarily overlap and you may find yourself asking, "What does EOD have to do with facility operations and maintenance or fire and emergency services?" CE is tasked to provide a safe working environment, free from facility and environmental defects; this includes protection against Chemical Biological, Radiological, Nuclear and Enhanced Conventional Weapons, Hazardous Material and facility issues. Ensuring Airmen have a safe working environment is the common thread and we strive daily to ensure that it happens. After serving over 20 months as a commander in the Civil Engineer Squadron, I have continually beaten the drum for our organization to be "Ready, Relevant, and Reliable." This applies to our 52 state employees, as well as our military members.

CE strives to be ready at all times. This implies that we are prepared to respond to a full spectrum of threats at home, such as snow storms, natural disasters, HAZMAT spills or unexploded ordnance. We also need to be ready to meet our customers' needs through custodial services, corrective maintenance, and facility projects. Our state employees do an excellent job in providing timely response to emergency and urgent requests. I also require that our engineers be medically, physically, mentally, and spiritually ready to support state and federal emergencies and expeditionary deployment taskings.

Recently the Wing has been impacted and inconvenienced by the major construction projects in the hangar and on the ramp; however, there is relief on the horizon as I hope to turn the ramp back over in mid-October. Nevertheless,

the installation is maintaining relevance through capital reinvestment to the tune of \$18.6 million in 2015 alone. This means that the Air Force and the Air National Guard value our installation and mission, and intend to see it sustained and succeed. Our staff is working hard to continue putting Barnes at the forefront of facility investment, with a new base entrance and a new Engine/AGE/NDI shop for the Maintenance Group as the next big ticket projects.

Finally, CE strives to be reliable. Customer service is vitally important. When CE gets a call for urgent facility needs, we will expeditiously work to resolve your pressing issue. Ultimately, I want our facilities, infrastructure, and services to be transparent and timely.

The Civil Engineer Squadron is working towards fulfilling our new vision, "To be the best trained, most professional force that delivers the right experience, tools and attitude in any environment." I couldn't ask to be on a better team, full of passion, hard work and professionalism.

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Alcoholism is treatable!
Need help? Call 1-800-410-2560
Sexual Assault S.A.F.E. helpline
1-877-995-5247

Family Day at Barnes

By Staff Sgt. Matthew Benedetti, 104th Public Affairs Photojournalist

Though clouds darkened the sky, the threat of rain could not dampen the spirits of 104th Fighter Wing members and their loved ones as they participated in Family Day at Barnes Air National Guard Base in Westfield, Ma.

Family Day is an opportunity for 104th members to unwind and celebrate among their colleagues in a festive environment. This annual event is a welcome respite for the Barnesstormers who work diligently throughout the year, and for family members who provide the support that allows 104th members to perform the mission of the Wing.

Kids and adults of all ages enjoyed a fire muster, participated in a road race and played volleyball among other activities. Members and their families brought their appetites as well, chowing down on hot dogs, cheeseburgers and desserts, while listening to live music.

Everyone enjoyed the day and a good time was had by all.

(Photo by Tech. Sgt. Melanie J. Casineau)



104FW hosts Chamber of Commerce Breakfast

By Senior Master Sgt. Robert J. Sabonis, 104th Public Affairs Manager



Over 110 community and Chamber of Commerce members attended the Westfield Chamber of Commerce breakfast held on Friday, Sept. 18, 2015, hosted at the 104th Fighter Wing, Barnes Air National Guard Base, Westfield, Mass. For many, it was their first time visiting the base, and a few were able to witness the F-15 Eagle aircraft taking off for morning training flights.

(Photos by Senior Master Sgt. Robert J. Sabonis)



104th Force Support Squadron receives award

By Airman 1st Class Tammy Midwood, 104th Public Affairs

The 104th Force Support Squadron was awarded the Outstanding Customer Service Effort – Team Award for their exceptional work and customer service over the past year. This award is given by the Federal Executive Association of Western Massachusetts. This organization is a government endorsed private organization that is made up of the senior leaders of the federal agencies operating in the four counties of Western Massachusetts. The Association’s mandate is to facilitate interagency cooperation, collaboration, and awareness. Their awards program is just one way in which they recognize excellence exhibited by federal employees in the four counties.

Five members of the Mission Support

Group attended the awards ceremony and luncheon on Sept. 21, 2015 at the Knights of Columbus in Chicopee, Mass., and accepted the award on behalf of the entire Force Support Squadron.

Congratulations to the awarded Force Support Squadron personnel team: Chief Master Sgt. Andres Huxtable, Senior Master Sgt. Sue Morse, Senior Master Sgt. James Brown, Senior Master Sgt. Tricia Goodreau, Master Sgt. Tina Dimino-Frazer, Master Sgt. Maureen Dickinson, Master Sgt. Barbara Plotniak, Master Sgt. Shane Cekovsky, Master Sgt. Mark Gaskalka, Master Sgt. Daphne Janes, Master Sgt. Kylie Burns-Whalen, Master



Photo by Senior Master Sgt. Robert J. Sabonis

Sgt. Jennifer Juteau, Technical Sgt. Heather Dragon, and Airman 1st Class Kristian Rosario.

Fit to fight - What does “Strong” mean to you?

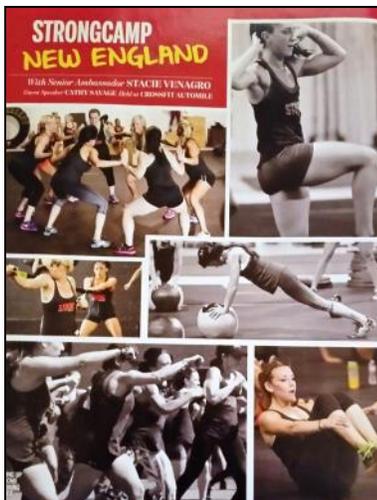
By Staff Sgt. Dacia Lucas, 104th Fighter Wing, Maintenance Group

On July 10, 2015, I attended a fitness camp hosted by Strong Fitness Magazine. It was a two day intense camp that combined multiple boot camp style workouts, a nutritional information seminar, Q & A session, and yoga class. This camp left me feeling like a new person. I met so many people and learned so many things, not just about fitness, but about myself. I arrived on Friday, checked in to my hotel room with three ladies (complete strangers) also attending camp. I wasn't sure how that would pan out at first, but it was a great choice in the end! I headed out that night for a “meet and greet” and had no idea what to expect. I mingled with 39 other athletes of all fitness levels, a famous photographer, Fitness Universe competitors and choreographer, and top rated trainers in the

nutritional seminar and a Q & A forum. After that were two more workouts and an empowerment session.

It was here that we learned about each other. It was here, we learned about ourselves. We were asked... “What does strong mean to you?” The gym went silent and everyone was deep in thought. The

mentors. The stories of weight loss, the dreams of competing, victims of assault, the accident and surgery recoveries, the belief in yourself that you can accomplish anything... it was all absorbed and combined with lifelong memories. This camp made me realize that we are all strong; we just need to find that spark inside that motivates us. It was very hard to leave camp that day, not a dry eye in the gym. I can't wait to attend another camp with my “sisters” I hope more will join me. With the Air Force fitness standards of today, I believe we need to be more prepared for the



ladies spoke one by one of what “strong” meant to them. It was at that moment that I listened to their stories, and it was surprising to hear how different everyone’s answers were, but at the same time, they were all similar. The obstacles they faced with accidents and injuries, surgeries, personal insecurities, tragedies... it was amazing how these stories built a “sisterhood” for these 40 women. That evening, we all met for dinner and began bringing together the “sisterhood”. The struggles, the triumphs, the bonding, it’s all very real and we find ways to overcome.

test. What I mean by this is to be prepared both mentally and physically. I don't mean eat all year then diet and run a lot two weeks out from test time. It's about getting healthy, being healthy, and staying healthy, both mentally and physically. This camp definitely helped me to regain focus and keeps me motivated. You will *want* to better yourself; you'll *want* to be looked up to, you will *want* to eat right and exercise more often, and you will pass your fitness test with no strain... you just need to find your strong.

fitness industry.

Saturday morning began with boot camp style training. The clock started...we began at station 1 and ended at station 25. Battle ropes, medicine balls, jump rope, box jumps, kettle bells, pull-ups, kickboxing, sprints, single person exercises, partner exercises, so many exercises I can't even name them all! I pushed my body to do things I never thought were possible! I know everyone there was thinking the same. The day went on with a

Sunday morning began the same way, three more workouts, more Q&A, stretching and yoga, and then it got deep. It was the end of camp. We had to say our goodbyes to our sisters, our trainers, our





Safety: How goes it? Solar glare! A real killer!

By Senior Master Sgt. Thomas Dumais, 104th Fighter Wing Safety Office

The unit has experienced four injuries since the last How-Goes-It.

- Trainee experienced distress during class, ER by ambulance, medical event
- Worker stung by bee, swollen hand, physician evaluation 1st aid
- Trainee sprained ankle during PT test, medical evaluation, 1st aid
- Worker injured pinky finger, fractured finger, 1st aid and returned to duty.

The unit has experienced three mishaps since the last How-Goes-It

- F-15 impact bird (pylon), damage to pylon, \$2000
- F-15 impact bird (wing flap), no damage, \$0
- GOV (truck) impact fence line, damage to GOV and fence, awaiting cost estimate.

Sunlight can cause major problems seeing when you drive at any time of year, not just in summer. The period just after the sun rises and just before it sets are dangerous times for drivers, whether the days are long or short. When the sun is shining into your eyes as you drive, you don't have a good view of the road due to glare. It can be impossible to get a true view of the road ahead. But you can take steps to improve your vision when the sun is out. These eight tips hopefully can help you make your trip safely.

#1: Wear polarized sunglasses

Don't think that sunglasses work well? Think again! A good pair of polarized sunglasses are an essential safety tool for any driver year round. They won't give you perfect vision in the glare of the sun, but they are a good first step.

#2: Wash your windshield regularly

Grime on the inside and outside of your windshield makes the sunlight refract and scatter, which intensifies the glare. Clean glass is easier to see out of whatever the weather conditions, but especially when you are facing sunlight. It is best to clean

your windshield before a trip. Using your car's windshield washer fluid and wipers during the drive leaves drops/streaks of washer fluid on it, which reflect the sun, making it harder to drive until they dry. If you spray be ready to be temporarily blinded.

#3: Add secondary visors to your sun visor

Your car's sun visor can help reduce glare. In addition you can significantly increase its effectiveness with mini-visors available at stores that carry auto supplies. Think about an adjustable one that allows you to fill the gap not covered by your car's visor. Some are see-through, which helps to filter out glare while still allowing the driver to see through them. Since some



drivers have trouble getting a good view when using them, it is wise to test them out on short trips to see if they work for you. All visors have shortcomings, providing only limited help in achieving hazard reduction. When you pull the visor down, whether the main one that comes with the car or a mini-visor, you can obscure the road ahead, making it hard to see traffic lights and to get a full view of what is ahead. Don't pull visors so low that you only have a constricted view of what is immediately ahead.

#4: Avoid clutter on your dashboard

Sunlight reflects off items on your dash. Anything with a shiny surface, including paper, can add to your trouble

seeing well. Store items in the glove compartment or use a caddy to hold them.

#5: Replace a cracked or pitted windshield

Cracks and dents can distort your view and cause sunlight to scatter, making it harder to see.

#6: Leave ample space between you and the driver ahead

Give yourself plenty of room out in traffic. If there is a problem, this extra room can save you from running into the car ahead.

#7: Drive slower if you are having trouble seeing

Just like you reduce speed in driving rain or snow, go slower when driving into the sun. A hazard is a hazard!

#8: Try to avoid times when glare is at its worst

It can be helpful to leave even 30 minutes earlier or later for your commute to avoid the problems with glare. If you can't, then add extra time to your trip. A good example of this is driving to Cape Code in the morning and driving back to Western Mass in the afternoon. If only you could reverse these the glare would be at your back! Rushing while driving, with the sun glaring in your eyes is asking for trouble.

Achieving hazard reduction while driving

Visibility is a real hazard and all real hazards require way to reduce the risks associated with them.

Whether it is driving slower, smarter, or using something to reduce the glare everyone needs to use what works best for their situation. Taking steps for achieving hazard reduction from sun glare can make your trip much safer year round.

The last item to address is that the solar glare in the spring fall and winter is stronger. This is due to less haze, and the effects can be treacherous behind the wheel! We hope we sparked your thought on glare and that you do the things you need to control it. With a little planning and a little thought you can depart and arrive safely; even in the glare! We hope you keep making it happen; SAFELY!



Chaplain's Corner - Did you hear about...?

By (Fr.) Maj. Kenneth Devoie, 104th Fighter Wing Chaplain

During my 10 years on active duty in the Coast Guard we had a saying; "Loose lips sink ships."

This phrase had to do with operational security and refraining from talking about ship movement and operations to safe guard our security and protect information regarding classified military operations.

As a pastor of many years, I adapted the same phrase to describe "gossip" in the Church. The Christian scriptures refer to gossipers as "back biters" who do great damage to the community. The scriptures encourage the rooting out of back biters.

All families, social clubs and civilian and governmental work places have to deal with gossip and the impacts of it within the organization. While there can be some good that comes from gossip, the effects, by and large, negatively impact work place productivity and morale.

I came across this excerpt about the potential effects of gossip within the work place: "Mary Gormandy-White, a human resource expert, identifies workplace gossip by factors or "signs":

- Animated people become silent ("Conversations stop when you enter the room")

- People begin staring at someone
- Workers indulge in inappropriate topics of conversation.

White suggests "five tips ... [to] handle the situation:

1. Rise above the gossip
2. Understand what causes or fuels the gossip
3. Do not participate in workplace gossip
4. Allow for the gossip to go away on its own
5. If it persists, "gather facts and seek help."

Peter Vajda identifies gossip as a form of workplace violence, noting that it is "essentially a form of attack." Gossip is thought by many to "empower one person while disempowering

another" (Hafen). Accordingly, many companies have formal policies in their employee handbooks against gossip. Sometimes there is room for disagreement on exactly what constitutes unacceptable gossip, since workplace gossip may take the form of offhand remarks about someone's tendencies such as "He always takes a long lunch," or "Don't worry, that's just how she is." TLK Healthcare cites as examples of gossip, "tattle taling to the boss without intention of furthering a solution or speaking to co-workers about something someone else has done to upset us." Corporate email can be a particularly dangerous method of gossip delivery, as the medium is semi-permanent and messages are easily forwarded to unintended recipients; accordingly, a Mass High Tech article advised employers to instruct employees against using company email networks for gossip. Low self-esteem and a desire to "fit in" are frequently cited as motivations for workplace gossip. There are five essential functions that gossip has in the workplace (according to DiFonzo & Bordia):

-Helps individuals learn social information about other individuals in the organization (often without even having to meet the other individual)

-Builds social networks of individuals by bonding co-workers together and affiliating people with each other.

-Breaks existing bonds by ostracizing individuals within an organization.

-Enhances one's social status/power/prestige within the organization.

-Inform individuals as to what is considered socially acceptable behavior within the organization.

According to Kurkland and Pelled, workplace gossip can be very serious depending upon the amount of power that the gossip has over the recipient, which will in turn affect how the gossip is interpreted. There are four types of

power that are influenced by gossip:

- **Coercive**: when a gossip tells negative information about a person, their recipient might believe that the gossip will also spread negative information about them. This causes the gossipers coercive power to increase.

- **Reward**: when a gossip tells positive information about a person, their recipient might believe that the gossip will also spread positive information about them. This causes the gossipers reward power to increase.

- **Expert**: when a gossip seems to have very detailed knowledge of either the organization's values or about others in the work environment, their expert power becomes enhanced.

- **Referent**: this power can either be reduced OR enhanced to a point. When people view gossiping as a petty activity done to waste time, a gossipers referent power can decrease along with their reputation. When a recipient is thought of as being invited into a social circle by being a recipient, the gossipers referent power can increase, but only to a high point where then the recipient begins to resent the gossip (Kurland & Pelled).

Some negative consequences of workplace gossip may include:

-Lost productivity and wasted time,
-Erosion of trust and morale,
-Increased anxiety among employees as rumors circulate without any clear information as to what is fact and what isn't,

-Growing divisiveness among employees as people "take sides,"

-Hurt feelings and reputations,

-Jeopardized chances for the gossipers' advancement as they are perceived as unprofessional, and

Attrition as good employees leave the company due to the unhealthy work atmosphere." [Source: Wikipedia On-Line]

So, next time you hear someone say, "Did you hear about...?" Think twice about engaging in the gossip and think about the potential effects upon the place you work.



104th Fighter Wing 2016 Goals



Be the Most Respected Fighter Wing in the Combat Air Forces

Mission:

Maintain Highest Degree of Combat Capability

- Meet 100% of the Overseas Contingency Operations and Homeland Defense missions
- Support the F-15 corporate functions to ensure on-going development and modernization
- Drive a culture of continuous improvement through an effective Commanders Inspection Program and the Air Force Inspection System
- Ensure properly trained aircrew through effective sortie/scenario scheduling and assessment

Provide AFNORTH Commander with Highly Trained and Reliable Alert Forces

- Fill 100% of tasked Operation Noble Eagle requirements
- 100% response time within 1st Air Force Commander criteria
- Continue unit Aerospace Control Alert training/assessment opportunities on a monthly basis
- Incorporate expanded AESA radar and Advanced Targeting Pod capabilities into the ACA mission

People:

Promote Safe, Secure Working Environment, with Zero Human Error Induced Mishaps and Zero Security Infractions and Incidents

- Maintain a proactive safety program to find and fix potential safety issues
- Empower all individuals to be "safety champions"

Develop and Take Care of our Airmen and Families

- Budget/provide for realistic training opportunities
- Fully support family programs and annual events
- Promote officer and enlisted mentorship and development
- Promote career enhancement opportunities at state, federal and HHQ military organizations
- Recognize performance through a robust awards and decorations program

Maintain Unit Strength Numbers Above 100%

- Retention > 95.91% to achieve ANG goal
- Continue to recruit a diverse and inclusive workforce

Partnerships:

Partner with our Civilian, Military and Legislative Community

- Foster strong community relations through active engagements with local, state and federal government entities
- Maintain an active public affairs posture with local, regional and national media
- Maintain an active strategic communications plan with JFHQ, ANG, and USAF HHQ agencies
- Enhance communications with all our Airmen and families through a proactive public relations and strategic communications planning process

Facilities:

Create Flexible use Facilities and Infrastructure to Further Enhance the Value of the 104th Fighter Wing in Support of the Combatant Commanders, Homeland Defense and Defense Support of Civil Authorities

- Smart facility investment and infrastructure to enhance the mission and training opportunities
- Update the Installation Development Planning process
- Continue to execute the base master plan
- Enhance force protection and target energy and environmental initiatives

For Your Information

Barber Shop Open



The Barber Shop will be open for the 2015 UTA drill dates. Enter Building 008, South Entrance. POC for the Barber Shop operations call: (413) 568-9151, x698-1234.



WALK IN LEGAL ASSISTANCE

The Legal Office provides legal assistance to all ANG members on the following legal deployment related issues: Wills, Powers of Attorney (Family Care Plans), Service members Civil Relief Act, and Employment and Reemployment Rights. Walk In Hours are available every Saturday UTA from 9a.m.-11a.m. hours. If you are unable to come during this time, please call our office at ext. 1244 to make an appointment. We would be happy to accommodate your schedule.



NOTARY PUBLIC SERVICES ALSO AVAILABLE

BASE HONOR GUARD

BASE HONOR GUARD LOOKING FOR NEW MEMBERS

- Be part of the tradition of excellence
- Honor those who have fallen at military funerals
- Represent the ANG & AF at military & sporting events
- All ranks/specialties can apply

Please contact Tech. Sgt. Christine Lupacchino (christine.lupacchino@ang.af.mil) or Maj. Matthew Mutti (matthew.mutti@ang.af.mil) by e-mail.

ANG BOWLING TOURNAMENT

Save the Date

October 10-11, 2015
ANG Northeast Regional Bowling Tournament

AMF Chicopee Lanes
Primary POC: Mary Ann Lemire (bobmaryann2@charter.net)
On-base POC: SMSgt Scott Sanderson (scott.sanderson.3@us.af.mil)



KID'S HALLOWEEN PARTY

Friday, Oct. 23

6:00 p.m. – 8:00 p.m.
Dining Facility, Bldg 3
Ages 10 years and younger.

Please sign up with Lt. Col. Brenda Hendricksen during the Oct UTA in the Dining Facility. Decorate a pumpkin, crafts, haunted hayride, refreshments.

Volunteers needed to fill goodie bags on Thursday, Oct. 22. Volunteers also needed to frighten the children during the haunted hayride. Please bring your own masks and costumes. RSVP to Lt. Col. Brenda Hendricksen at (413) 572-1800 or brenda.c.hendricksen.mil@mail.mil.



PVC CORNER

Did you know that the Pioneer Valley NCO Club is a Non-profit organization? Are you aware of what your membership money goes towards each year? A lot of people don't realize that the NCO Club is more than just a bar. We make donations to many different organizations on behalf of its members throughout the year. This past year we have donated to The Family Readiness Group, we have sponsored a hole in a Golf Tournament for the Soldiers Home fundraiser, and sponsored 10 Veterans from the Soldiers Home for the UTA Thanksgiving Meal just to name a few. Your membership money goes towards all maintenance and improvements made at the NCO Club as well. Without your annual donations none of this would be possible.

It's that time of year again, and the Pioneer Valley NCO Club Coins are available at the NCO Club and with Club Council Representatives. The cost is \$10.



Pioneer Valley Club Aircraft Series 2015 Membership Coin

A tribute to the P-47D Thunderbolt flown at Barnes ANGB from 1947-1950. \$10 per coin.

Please see a PVC council member below for your coin.

Master Sgt. Fredette, Master Sgt. Hilton, Master Sgt. Oleksak, Master Sgt. Odell, Master Sgt. Plotniak, Tech. Sgt. Lucas, Senior Airman Gunning, Tech. Sgt. Rodrigues, or Pete Lupacchino



Legal position available

Position/Title/Grade: Paralegal/E-6

Minimum Grade eligible to apply: None—see below for Special Qualifications

Unit: 104th FW Office of the Staff Judge Advocate

Supervisor: Maj. Christopher Ruscio

Application Deadline: Until filled

POC for more information: Maj. Christopher Ruscio, (413) 568-9151, ext 698-1244, email: christopher.w.ruscio.mil@mail.mil

Technical/Educational background desirable: Prior experience in legal or paralegal work desirable but not mandatory. Ability to multi-task and excellent attention to detail is mandatory. Outstanding interpersonal communications skills, untouchable personal ethics and integrity. Individual must be a self-starter, with exceptional organizational skills and the ability to manage large client loads in high tempo situations.

Duties and Responsibilities: Prepare documents such as wills, powers of attorney, promissory notes, bills of sale, etc. Process correspondence and maintain suspense files. Performs legal research. Process special and general courts-martial proceedings. Process Article 15 and UCMJ actions. Assist with investigations. Examine and process legal actions.

Special Qualifications: Individual must possess a minimum 5-level in any AFSC. Must have a minimum General ASVAB score of 60 preferred and be able to type 25 WPM.

Training: Completion of the Paralegal Apprentice course in residence is mandatory. The course six weeks at Maxwell, AFB, AL.

Application Procedures: Please submit a resume that includes all experience relevant to this position, both civilian and military, as well as a statement as to why you are applying for this position NLT the application deadline to Maj. Christopher Ruscio, Deputy Staff Judge Advocate, 104th FW/JA, Barnes ANGB, 175 Falcon Drive, Westfield, MA 01085. You may also email your resume to christopher.w.ruscio.mil@mail.mil

PA positions available



The Public Affairs office has two positions available, including the full-time Senior Master Sgt. Technician position, and a Staff Sgt. Photojournalist position.

If you are a talented communicator—a writer, photographer, videographer and/or social media guru, please consider a career in public affairs.

This career field transfers well into the civilian sector, specifically for jobs in public relations, marketing and sales.

More details to follow, but please help us to spread the word that we are looking for talented, creative individuals.

For more information/insight, please contact Lt. Col. Brenda Hendricksen (brenda.c.hendricksen.mil@mail.mil), Maj. Mary Harrington (mharrington01475@yahoo.com) or 1st Lt. Anthony Mutt (Anthony.mutti@ang.af.mil).

Daylight Savings Time

Daylight Savings Time will end on
November 1, 2015



On September 8, 2015, Tech. Sgt. Neisha Nixon was chosen to receive two tickets to see the Boston Red Sox at Fenway Park. These box seat tickets were donated by a Boston insurance company, and were given to Tech. Sgt. Nixon as a reward for her hard work and dedication to the 104th Comptroller Flight.

Religion notes

Protestant Service on Saturday, Oct. 3, at 11:15 a.m. in the Base Chapel.

Orthodox/Catholic Mass on Sunday, Oct. 4, at 11:30 a.m. in the Base Chapel.

Chaplain Office has openings for Chaplain Assistants? Openings for: NCOIC (Traditional) E-7 (MSGt) and SrA or above. Attendance to 6 Week Tech School Required.

If you need to talk, the Chapel Team will be out and about. You can also stop in for a chat at the Base Chapel (Building 12, aka the Fitness Center) or call ahead at 698-1057.



Congratulations on your retirements

CMSgt Wayne Brown	MXS	5 Oct 2015
TSgt Robert Percy	MXS	22 Oct 2015
SMSgt Nina Gutierrez	MDG	1 Nov 2015
TSgt Michael Pollender	FW	24 Nov 2015
SSgt Sean Canty	LRS	27 Nov 2015
Lt Col Christian Bigelow	MXG	11 Dec 2015

Welcome to new members

Savannah Scott	AMXS	26 Aug
Jacob Peletier	MXS	31 Aug
Chelsey Silva	OSF	31 Aug
Bryan Cadran	MXS	10 Sep
Santiago Reyes	FSS	12 Sep

CCTV broadcast line up

Channel 7 - Video schedule & Base Info

Channel 9 - Training videos

<u>Morning</u>	<u>Training Video</u>
0900-0940	Forklift Fundamentals and Ops
0940-1013	Confined Space Awareness
1013-1023	Basic Ladder Safety
1023-1053	Lockout/Tagout
1053-1101	FOD Prevention
1101-1108	Copyright Infringement

<u>Afternoon</u>	<u>Training Video</u>
1300-1340	Forklift Fundamentals and Ops
1340-1413	Confined Space Awareness
1413-1423	Basic Ladder Safety
1423-1453	Lockout/Tagout
1453-1501	FOD Prevention
1501-1508	Copyright Infringement



Promotions

To Senior Airman (E-4)
Howard Passley LRS



To Staff Sgt. (E-5)
Sean Adams FSS
Barry Headlee FSS
Cole Skinner OSF



To Technical Sgt. (E-6)
Jacquelyn Comer FSS
Glendaennis Schuster SFS
Steven Trznadel SFS
Paul Alvarado MXS
Forrest Collins MDG



To Senior Master Sgt. (E-8)
Edward Veneto OSF



To Chief Master Sgt. (E-9)
Mark Bolduc FW



WHAT'S FOR LUNCH?

Saturday - 1100-1300

Entrée: Beef brisket or savory baked chicken, potato au gratin or wild rice, simmered cabbage, spinach
Soup: Clam chowder or soup du jour
Salad bar: A variety of vegetables, salads, and toppings
Dessert: Assorted

Short order – Burgers (w/cheese), grilled polish sausage grinder, grilled chicken sandwiches, fries

Sunday - 1100-1300

Entrée: Chicken Marsala or stuffed green peppers, egg noodles or rice, Stewed tomatoes, green beans
Salad bar: A variety of vegetables, salads, and toppings
Dessert: Assorted

Short order – Burgers (w/cheese), grilled cheese, chicken tortilla wrap, fries

AGR & Officer Meal Rate \$5.55



Oktoberfest

104th Fighter Wing Pioneer Valley Club

Come Celebrate the 8th Annual Oktoberfest With Us!
Sample a wide variety of beer from many local breweries.

<https://www.facebook.com/PioneerValleyClub>

OCTOBER 3RD

GERMAN DINNER WILL BE PROVIDED

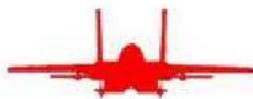
ADVANCE TICKETS \$20 INCLUDES FOOD & OKTOBERFEST MUG!

See Club Council Members for tickets – or call Katie Fredette @ (413) 568-9151, x698-1321

Open only to Barnes ANG & ARNG members & retirees with valid Military IDs & escorted guests



Purchase of a Pioneer Valley Club
Oktoberfest Pint Glass will give
you unlimited samples!



**OKTOBERFEST WILL START IMMEDIATELY UPON RELEASE ON
OCT 3RD AT THE PVC**

Non-alcoholic options available



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