

Airman & Family Readiness

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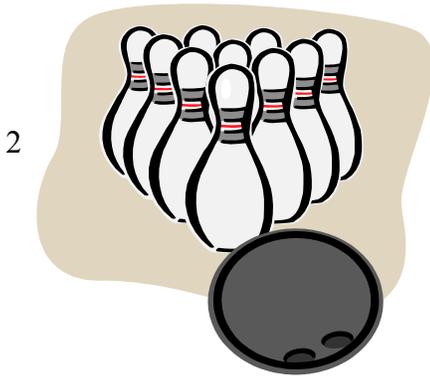
Barnes Family Flyer



22 December 2014

Family Readiness Group Activities

Join the 104TH Family Readiness Group for Holiday Bowling at Westover Lanes



Tuesday, 30 December 2014 from 11:00 AM– 1:00 PM

Includes:

Strings of Bowling,
Shoe Rental and lunch!

Choice of:

Cheeseburger, hamburger,
hot dog, or grilled cheese
with fries and soda

Children ages 5 and up and their parents are welcome to participate.

Maximum number : 60 RSVP to Jenn Cesaitis at Jennifer.cesaitis@ang.af.mil or 413-568-9151 x 698 1183 or DSN 698-1183

Military Kids Club for January UTA - 10 & 11 January

OMK and Boys & Girls Club Mentoring, Creation Station, Gymnasium, Swimming, Games Room Tournaments and more! Transportation is available to and from the club.

Children can be dropped off to the Pioneer Valley Club, Bldg 8 at 6:30 am.

Bus pick-up is at 7:30am at the Pioneer Valley Club, Bldg 8.

Bus returns to Barnes at 4:30 pm to the Pioneer Valley Club, Bldg 8.



Reserve your spot today by calling or emailing the Airman & Family Readiness Center:

(413) 568-9151 x 698-1183 Jennifer.cesaitis@ang.af.mil

Military Kids Club is open to all Military Kids ages 5-15. Free Nutritious Breakfast, Lunch & Snack provided!

Want to learn more about what's happening for Military Connected Children around Massachusetts and New England?

Check out the State Child & Youth Program Virtual Bulletin Board and Calendar [HERE!](#)



22 December 2014

Military Spouse Scholarships

Our scholarship and professional support program's goal is to help military spouses prepare for meaningful employment and to better contribute to their family's financial wellbeing. You must be a spouse with a valid military ID to apply. This includes spouses of active duty, guard, reserve, and retired service members, as well as surviving spouses. Spouses who are service members themselves are generally not eligible to apply, but we may permit exceptions on a case-by-case basis. Scholarships and other awards range from \$500 to \$2,500, depending on the type of program you are pursuing and the funding we have available. You may apply each year, even if you have been awarded in a previous year.



**NATIONAL
MILITARY FAMILY
ASSOCIATION**

Together we're stronger

Applications are open
December 1, 2014 –
January 31, 2015.
Apply Today!

<http://www.militaryfamily.org/our-programs/military-spouse-scholarships/>

Military Teen Adventure Camps 2014-2015

Would you like to spend time whitewater rafting, hiking, rock climbing, winter camping, backpacking, mountain biking, or practicing wilderness skills?



Military teens (14-18 years old) will have an opportunity to participate in adventure camps scheduled May 2014 through April 2015 at little to no cost. These high energy, high adventure, and high experience camps are planned across the United States. This is the perfect chance for you to experience the outdoors as you never have before!

Each camp offers a unique outdoor experience that will allow you to build your leadership, self-confidence, and teamwork skills while participating in activities like camp cooking and archery. Camps have funding available to assist with transportation costs. Camps for youth with special needs (mental, physical, and emotional) are also planned in New Hampshire. Opportunities to camp as a whole family are available in Kentucky and Washington. There is something for everyone!

https://extension.purdue.edu/adventure_camps/



22 December 2014



Military Families

Join the Massachusetts 4-H Program over Winter Break for some fun Hands-on Activities

Programs will be held at the Worcester Armory
640 Plantation St. in Worcester from 1-3:30 pm

Tuesday, December 30th –Summer Flashback

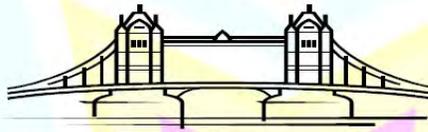


- Try some Optical Illusions and Play Games
- Face painting & Clown Pictures
 - Build a Roller Coaster
 - Popcorn and More



Friday, January 2nd - NEW Year's Fun –

- Celebrate the last of the 2014 Chinese Year of the Horse
 - Design a passport and travel through FUN
 - Build towers & bridges
 - Make Valentines



Targeted for School-Age Children, but fun for the whole family.

To register, send the following information to:

Kim Pond kima@umext.umass.edu or 1-508-831-1223 x245

(Branch of service, contact information and the number of adults & youth attending.)

Open to all branches and veterans.



The MA Operation: Military Kids partnership is a shared initiative of the U S Army Child, Youth & School (CYS) Services and is funded by the Army National Guard and Army Reserve in collaboration with the UMass Amherst Extension 4-H Youth Development Program.



22 December 2014

Air Force Aid Society General Henry H. Arnold Education Grant Program 2015-2016

Applications are being accepted for the Air Force Aid Society General Henry H. Arnold Education Grant Program for the 2015-2016 school year. Eligible spouses and children wishing to apply must do so on-line only at www.afas.org. Application deadline is 13 March 2015 with recipient announcements expected in June 2015.

The General Henry H. Arnold Education Grant Program provides \$2000 grants to children of active duty, Title 10 AGR/Reserve, Title 32 AGR performing full-time active duty, retired, retired reserve and deceased Air Force members; spouses (stateside) of active duty members and Title 10 AGR/Reservists; and surviving spouses of deceased personnel for their undergraduate studies.



For further information call the Hanscom Airman and Family Readiness Center at 781-225-2765.

College Prep Opportunity



The Massachusetts National Guard Child and Youth Program is planning a College Prep evening for late January in Springfield. This event will feature representatives from local colleges, as well as financial experts who will be able to answer questions about college budgeting, financial aid, and the FAFSA.

Follow us on Facebook for future details!

<http://www.facebook.com/#!/pages/Youth-Program-Massachusetts-National-Guard/121992257851679>

MyMilitaryLife

The Military Family Association is an organization whose mission is to fight for benefits and programs that strengthen and protect Uniformed Services families and reflect the Nation's respect for their service. Founded in 1969, the National Military Family Association is the leading non-profit organization focusing on issues important to military families. They believe that all military families deserve comprehensive child care, accessible health care, spouse employment options, great schools, caring communities, a secure retirement, and support for widows and widowers.



Learn more about our associations programs and resources at their website:

<http://www.militaryfamily.org/mymilitarylife.html>



22 December 2014



GG's Auto Repair, Inc.
988D Southampton Road
Westfield, MA 01085

www.ggsautorepair.com
Phone: (413) 568-2511
Fax: (413) 564-0523 -----

Att'n: All employees & personnel at Barnes ANG Base

To let you all know how much we value your business, as well as your service to our country, we are offering all employees at Barnes ANG Base an oil change special through Jan 31 of 2015!

For \$34.99 we will give you a full oil change up to 5 quarts, using only Mobil® lubricants (non-synthetic). In addition to the oil change, we will give you a free tire rotation! All of our oil changes include fluid top-offs and a general inspection of your vehicle. We also offer a free shuttle service to all base personnel!! Please give us a call today to schedule your vehicle - make sure you mention this ad! ***Happy Holidays!***



22 December 2014

2014

Jingle Bell “Cookie Run”

Sponsored by the Logistics Readiness Squadron

11:00, December 24, 2014

Runners will meet in the building 54 parking lot

\$5 Donation to CFC

How it Works

- Runners have the option of running 1 to 5 laps of Falcon Drive/TSgt Austin Cooper Blvd.
- Runners must stop after each lap, eat a cookie and drink a hot chocolate shot before beginning their next lap
- Runners can opt out of cookie/shot requirement by doing 10 push ups
- Runners may stop after any lap, really, no worries
- Holiday running attire is encouraged





22 December 2014



Military and Veterans Couples Event:

How to Enjoy a Happy Relationship/Marriage & Keep it That Way

Breakfast and Lunch Provided!



Enjoy a FREE fun, interactive and relaxing Half- Day Event

Walk away with tips and tools on how to:

- Deal with misunderstanding, judgment and conflict to rekindle the love, passion and romance in your marriage/relationship
- Build bridges of communication to feel more content and connected than ever before
- Feel less stressed and enjoy your life individually and as a couple with more ease and lots of fun

Joanie Winberg, a Certified Human Behavior Consultant, Conflict Resolution Corporate Trainer and an International Divorce Mentor (FreshStartAfterDivorce.com).

Dan Badger is an advocate who is committed to enhancing the wellness and capacity of communities and organizations. Served with The 75th Ranger Regt. in the US Army

SATURDAY JANUARY 24, 2015

9am-3pm

Falmouth Public Library

300 Main St

Falmouth, MA

Sponsored by:



No cost for military, Vets, Spouses, and Significant others

Call today to reserve your spot.

Limited space!

Contact information to reserve your spot:

Jill Blanchard

jill@graceveterans.org

Cell- 774.238.8417 or Office 774.470.4971

Cape & Islands Veterans Outreach Center
Est. NamVets Assoc.



22 December 2014



MILITARY FAMILIES

Of troops who were/are deployed in 2014/2015,
and families of fallen and injured soldiers*

Please join us for a free
POST- HOLIDAY GATHERING
At **Gillette Stadium**

Friday, January 9, 5:30-8:30 p.m.

Hosted by the **Jeffrey Coombs Memorial Foundation**
and **Mass Fallen Heroes**

Activities for All Ages – Adults & Children!

Clowns, DJ, Face Painting, Games, Crafts

Food, Teen and Parent Activities, surprises

RSVP by January 1 (space is limited)

Email names, town, age and sex of children, troop's name and unit to
rsvp.jcfund@gmail.com

Call Christie at 781/982-1608 or go to www.jeffcoombsfund.org

for more information

**as a result of post-9/11 service*



22 December 2014

*The 104th Fighter Wing Presents
The 4th Annual Awards Banquet
Saturday, the Tenth of January
2015*

*Sheraton, Monarch Place
Springfield*

Cocktail hour at 1700

Awards Presentations at 1800

Dinner and Dancing to Follow

Tickets: Airman-Master Sgt \$35.00

Senior Master Sgt- Chief \$ 50.00

Officers \$50.00

Civilians \$35.00