



AIRSCOOP

104TH FIGHTER WING • MASSACHUSETTS AIR NATIONAL GUARD

Pride, Professionalism, Patriotism

Barnes Air National Guard Base

September 2014





Col. James J. Keefe

AIRSCOOP

104th Fighter Wing

Barnes Air National Guard Base

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Commander's Column

By Col. James Keefe, 104th Fighter Wing Commander

The events over this past week have been tragic for the members of this Wing, the F-15 community and the Air National Guard. On Wed., August 27, we lost a tremendous pilot, a friend, and a talented leader, who in only a few months had a significant positive impact on this organization. We as a family mourn the loss of Lt. Col. Morris "Moose" Fontenot and our deepest sympathies are with the Fontenot family: his wife, two daughters and Lt. Col. Fontenot's Mom and Dad.

This tragedy unfolded on television sets around the country, with all of us praying for a positive outcome. Early reports of witnesses seeing parachutes led to hopes that Moose ejected. The next 30 hours were filled with hundreds of volunteers searching the densely forested mountainsides of Western Virginia.

Sadly, after the wreckage site was safe to enter, the search teams discovered that Lt. Col. Fontenot suffered fatal injuries during the crash; and in that moment, the search and rescue mission shifted to a search and recovery operation. It is often said that during tragic times the best of our military rises to the occasion. Although Moose was fatally injured in the crash, he would have been proud of the teamwork of the various agencies during the search and rescue phase of the operation. Nearly 30 different entities pulled together manpower and resources in an attempt to find Moose. The effort was led by a member of the Virginia ANG, Lt. Col. Dan "Zeus" Fesler, a friend of Moose's who is the current F-22 squadron commander for the 192 FW, Virginia ANG.

It will take some time for the Wing to truly heal; but it is important that we work through grieving our loss together. Last Wednesday's tragedy affects everyone differently, and for that reason we have multiple layers of support at the 104th: from airmen helping airmen, to our Chaplains and Directors of Psychological Health available to help us in moving forward. I hope that the memorial service we will hold on Sunday will bring some closure to the Wing as we gather to celebrate Moose's life. That being said, we will never forget this outstanding officer and warrior who made a huge impact on this Wing in the short time he was with us. His family is in the initial phases of planning a committal service at the Air Force Academy in the beginning of October; and we will send out more information when it becomes available for those who want to attend the funeral.

Additionally, I want to publically thank

everyone in the community for the outpouring of support. We have received countless e-mails and phone calls looking for ways to help the family in their loss. In lieu of flowers and cards, and at the family's request, a fund is being established to assist the family with the loss of Lt. Col. Fontenot; information on this fund will be distributed in the near future.

It is with tragedies like this that families draw closer; and I want to thank and acknowledge the amazing amount of dedication and commitment demonstrated by the Wing over the past few days. I am not going to attempt to recognize them all, but every organization on base did everything they could to both continue our mission of defending the Northeast, and also taking care of the Fontenot family as well as taking care of each other. Through your continued service and dedication, you have honored Moose and I am sure he, his wife and children would be proud to call each and every one of you family.

Sincerely,
Cobra

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Alcoholism is treatable!
Need help? Call 1-800-410-2560
Sexual Assault S.A.F.E. helpline
1-877-995-5247



Chief Master Sergeant's Column

By Chief Master Sgt. Maryanne Walts, 104th Fighter Wing Command Chief

As I sit here and write this article, I am extremely proud and honored to be your Wing Command

Chief. As I walked around the base this last week, it validated it even more. The outpouring of support during this very difficult time once again proved to me that no matter what challenges we are faced with here at the 104th, we will come together as a Wing.

The loss of one of our members is devastating, especially when it happens amid a tragic accident. In my career there have been four accidents, with two members being able to safely eject, and the others sadly ending in loss. Each time I drive by the F-100 memorial, or hear the aircraft taking off, I am reminded that our mission is dangerous, and I am also reminded that our mission is necessary.

I have heard a common theme from people that knew Lt. Col. Fontenot well — they all say that he died doing what he loved. I paused when I first heard that to think if they were referring to flying...and though that was part of it, the more

important part of the message was that he loved to serve his country. As an Air Force Academy graduate in 1996, he has only known a life of service; and that calling translated into everything he did. Whether it was through his dedication to and love of his family, his job flying F-15s, or standing up the new Inspection System, no one could question his commitment to serve.

Our mission is a dangerous one, but it's necessary... I would argue that no one serving in today's military would say that they don't love serving their country. I would argue that each one of us that puts on our uniform loves the fact that they contribute to the freedom of this country. I would also argue that, just like Lt. Col. Fontenot, if you had too, you would give of yourself to defend the values and principles we proudly serve for on a daily basis.

I write these words to remind you that though our hearts are saddened by the loss of one of our members, we should find

motivation in the tragedy knowing that we, just like Lt. Col. Fontenot, are making a difference through our service. He and every other member of this unit we have lost throughout the years have set the stage for us to continue carrying the flag forward; because our mission does not end.

As we work together to heal, let me assure you that time heals all wounds, but you can't forget the sacrifices that have been made. From the officers and airmen's names affixed to the F-100 memorial, to the names on the street signs around base — each stands as a constant reminders that our mission is a very dangerous one. I am thankful for being part of your team and I am proud to serve beside you!



First Sergeant's thoughts - Airmen above all

By Master Sgt. Matthew Chapman, 104th Mission Support Group 1st Sgt.

The past week has been trying and emotional for all our Airmen on base. With everything going on I felt that even though the back shop Airmen and the junior enlisted might have heard our leadership say, "we have faith in you" and, "We are doing everything possible," that these Airmen might just not get how real and heart felt those words were. The 104th leadership at the highest level really meant every word!

As most of you know my background is a little different, starting my career as an active duty Marine. For years the Marines

instilled a pride and esprit de corps that I just couldn't image feeling anywhere else



but the corps, **until now!** I have always been honored to serve with the men and

woman here at the 104th, but after the past week, working with leadership and seeing the honest deep down care they have for all of you, I felt that kind of hard to explain, gut wrenching, hold back the tears feeling. I am truly honored to work alongside the 104th FW leadership. The professionalism, pride and caring they demonstrate for the Airmen in our unit and the Air force is surpassed by none.

Esprit de corps lives and breathes everyday here at the 104th.

Lt. Col. Morris “Moose” Fontenot Jr. remembered

By Colonel Alex Haldopoulos, 104th Operations Group Commander

(Original transcript from Aug. 30, 2014, memorial gathering in Longmeadow, Massachusetts)

Longmeadow resident Lt. Col. Morris Fontenot Jr. known to us as **“Moose” was one hell of an Air Force officer and fighter pilot.** And behind **“Moose” is an absolute bedrock of a woman, his wife Kara Fontenot.** They have two beautiful daughters, Nicole, starting her freshman year at LHS and her older sister Natalie entering 10th grade next week. More about these **folks in a moment...**

We are here tonight to pay our respects to Moose. The town of Longmeadow, the 104th Fighter Wing, the Air National Guard and the United States of America lost a true hero this week. What kind of hero you ask? If only I **had all night...**

Most Air National Guard units create fighter pilots two ways: we either grow them up from within the ANG, **affectionately known as “Guard Babies”**, or we hire them off of the Active Duty Air Force after having spent several years as officers and pilots serving their country all over the globe. Well Moose was an Active Duty convert like most of us up here but he was a little different. Most pilots make the Active Duty-to-Guard transition right around the middle of their careers, as senior Captains or junior Majors. Moose Fontenot came to us after having served over 17 years in the Active Duty and as a graduated Squadron Commander of the 67th Fighter Squadron at Kadena Air Base in Okinawa, Japan. We were thrilled to have the opportunity to call Moose a Barnestormer! He took a huge leap of faith in joining the guard with less than 3 years remaining before he qualified for a full retirement from the **active side. But Moose wasn’t about**

benefits and earnings, he was a fighter **pilot’s fighter pilot and he was** motivated by things like tactical performance, surrounding himself with top notch organizations and people and making those around him better, both as professionals and as human beings. He joined the 104th Fighter Wing this past winter and set off shock waves throughout the Active Duty world as someone who had the Air Force in the palm of his hand and decided to give the Air National Guard a shot. He was one of the most respected and popular

bury and remember our fallen comrade. We wanted to take a moment tonight to tell you a little something about this gem of a human being and to allow the people of Longmeadow to pay their respects to Moose and his family.

His family...Kara, Nicole and Natalie are just about the best three girls you could ever imagine. They have been extremely strong throughout this terrible ordeal and I have learned so much and been inspired just being witness to their love and character. On Thursday afternoon, I had to do what

was, by far, the most **difficult thing I’ve ever** done in my life. I pulled into their driveway, with our Wing Commander, Col **Keefe and Moose’s good** friend Maj Elmer Gilluly, my wife Cathleen and **Elmer’s wife Laura and** we had to tell Kara that **Moose didn’t get out of the airplane; he didn’t survive** the crash. And I can tell you, as miserable a moment as that was, **Kara’s composure and** ability to handle this avalanche and think of **her girls and Moose’s** extended family made our

job a little less difficult. She’s an amazing woman; her daughters are just like their mom and we are lucky to have them here in Longmeadow. They have shared with me that Longmeadow is their home and will remain that way in the future. The men and women of the 104th Fighter Wing will care for Kara and the girls - you can count on that and I ask that you keep them in your hearts and prayers over the next days, weeks and months to come and continue to welcome them to this great town.

We will remain here for a bit to share with you some Moose stories and we look forward to getting to know some of you better. We want this town to know more about this Air Force legend both in life and in death, Lt Col Morris **“Moose” Fontenot Jr.**

Thank you.



officers in our Air Force and we **thought, “he’s coming to Barnes” – kinda’ like Lebron going to Cleveland.** Right away he fit in to our team and immediately began impressing a rather cautious, guarded and extremely proud **group of airmen at the 104th. It didn’t** take long for people to realize what a gem he was and he had an extremely bright future ahead of him. That future was so inexplicably cut short this past Wednesday, 27 August 2014 at approximately 9:15 am EST when his F-15C crashed into the side of a mountain near Deerfield, Virginia. This weekend, we will hold a memorial service for Moose, his family and the 104th Fighter Wing community. In early October, hundreds, possibly thousands of friends and family will gather at the United States Air Force Academy in Colorado Springs, CO to

New climate survey is your opportunity to be heard

By Lt. Col. David Castonguay, 104th Fighter Wing, Equal Opportunity Director

In an effort to improve the climate assessment process and remain consistent with other services, the Air National Guard transitioned from the Unit Climate Assessment (UCA) to the Defense Equal Opportunity Climate Survey (DEOCS) on Jan. 31, 2014. More than 3.2 million Department of Defense and United States Coast Guard military and civilian personnel have the opportunity to impact the readiness of their organization using the newest release of the Defense Equal Opportunity Management Institute's (DEOMI) Organizational Climate Survey, DEOCS 4.0. The DEOCS anonymously assesses perceptions of organizational effectiveness, equal opportunity, equal employment opportunity, fair treatment, and sexual assault prevention and response. Several new factors have been added, including favoritism, diversity management, organizational processes, intention to stay, help-seeking behaviors, exhaustion (burnout), demeaning behaviors, and hazing. These factors help leaders receive a well-rounded picture of the organization by identifying perceived attitudes and behaviors that could affect morale and organizational performance. Released in January 2014, DEOCS 4.0 is a commander's management tool that allows leaders to proactively assess critical organizational climate dimensions that can impact—positively or negatively—an organization's effectiveness. The DEOCS 4.0

enhancements resulted from DEOMI working closely with each of the Services to identify their emerging requirements.

The DEOCS also includes a section devoted to characterizing an organization's Sexual Assault Prevention and Response (SAPR) environment. The SAPR section illuminates members' views on their feelings of safety from sexual assault; chain of command support; awareness of SAPR resources; perception of whether or not the chain of command would take appropriate actions to address an Unrestricted Report of sexual



assault; and the social and professional environment envisioned following a sexual assault report. The new SAPR questions meet legislative and Secretary of Defense requirements to assess the command for purposes of preventing and responding to sexual assaults. This critical information will inform commanders, the Services, and decision makers on the current status of SAPR climate within commands and across the DOD.

"The survey I am asking you to complete gives you the opportunity to provide opinions on where I should focus attention to improve the human relations climate of our organization. No attempt will be made to identify you, so please respond openly and frankly."

This voluntary survey is designed to assess the 'shared perceptions' of respondents about formal or informal policies and practices. Your perceptions are valuable because they give me insight into the general attitudinal climate of our organization. For your answers to be useful, you must be honest.

Do not tell me what you think I want to hear, or say what others might say; tell it as you see it.

The survey will ask you to provide demographic information such as your rank, race, and sex. Demographic information is used to ensure we have a proper representation of participants. I am requesting you complete a survey no later than 10/05/2014," Col. James Keefe, 104th Fighter Wing Commander

Instructions and access codes for completing the survey were distributed via email through group and squadron commanders. Each group has a unique access code so that survey results can be disaggregated for each group. If you have questions regarding the DEOCS, contact Lt. Col. Castonguay, 2nd Lt. Edwards, or Master Sgt. Frederick in the Equal Opportunity Office.

104th wins the Distinguished Flying Unit Plaque

By Senior Master Sgt. Robert Sabonis, 104th Fighter Wing, Public Affairs Manager

The 104th Fighter Wing won the Distinguished Flying Unit Plaque, a National Guard Bureau Unit Award, which was presented at the 136th National Guard Association of the United States (NGAUS) Conference on Aug. 25, 2014.

Col. James Keefe, 104th Fighter Wing Commander, accepted the award on behalf of the unit.

The Distinguished Flying Unit Plaque was established in 1959, and first awarded in 1960. The distinguished flying award plaques recognize the five highest-rated Air National Guard flying units every year.

Winning units are selected by boards composed of Army and Air Directorates of the

National Guard Bureau. The selections are based on the overall combat readiness during the reporting year and the unit's performance with respect to all other Air Guard flying units.

When making their selections, the board looks at several factors that set a winning unit apart from the rest of the Air National Guard flying units. They evaluate the unit's flying safety record, aircraft operational readiness, unit manning, skill level qualifications and several other operational and manning requirements.

Col. James Keefe, Wing Commander, said, "it's moments like these that show the hard work and dedication of the men and women of the unit."



Maj. Gen. Scott Rice and Col. James Keefe with the Distinguished Flying Unit Plaque. Photo by 1st Lt. Bonnie Harper

UTA attendance; mandatory, not optional!

By 1st Lt. Lane Bubka, Deputy Staff Judge Advocate

Never compromise the mission. This is a principle that if understood and always set as the ultimate goal, will guide an Airman to reaching the right decision when faced with a choice. It is the responsibility of every member in the Mass. Air National Guard to report to drill to ensure the success of the mission.

As a traditional guardsman, I spend the majority of my time as a civilian. This makes it quite easy sometimes to get caught up in the day-to-day challenges and lose sight of the importance of hanging up my suit and putting on the uniform. I sometimes forget the pride I feel when I do wear the uniform, and the sense of accomplishment that comes along with knowing you are part of something so great. I offer this perspective as a reminder to reflect on what it took to become a part of the Guard, and how we all should appreciate having the privilege to serve. Coming to drill and working with all the great people on base, always brings things back into perspective for me.

Failing to attend drill not only compromises the mission, but can also have some significant consequences for the member. At a minimum, failing to report for duty when expected will require your fellow Airmen to do double duty to make up for your absence, decrease the efficiency of your unit, and create for you a reputation of unreliability that you may never be able to recover. More severe consequences can include counseling, letter of reprimand, demotion after six missed periods, and discharge after nine missed periods— with a

possible characterization of under other than honorable conditions (UOTHC). A period is defined as a 4 hour drill period, so a typical drill weekend will include 4 total periods.

Additionally, the commander may utilize Massachusetts General Law Chapter 33, Section 61 to request any police officer within the commonwealth with the powers to arrest, to arrest and detain any member that is absent without leave. The member would be taken into custody and turned over to the armed forces of the commonwealth.

These consequences may also affect your civilian career. If you are discharged with a characterization of under other than honorable conditions, employers may request this information when applying for a job and could impact their decision to hire you. This discharge characterization could also affect any VA benefits you are entitled to and your ability to rejoin the armed services in the future.

A way to avoid all these consequences, other than the obvious of attending drill, is to make sure to communicate with your supervisor. Any anticipated absence should be requested in writing and approved before any absence occurs. When faced with issues that make drill attendance difficult, speak with those in your chain of command including your supervisor or your first shirt. You may be able to find a solution more easily than anticipated. In the event of an emergency, your supervisor should be contacted immediately via phone to inform them of the situation and have a plan put

in place. Text and email communication, though common day-to-day, are not acceptable forms of communication when an emergency arises.

A member is considered to have been unexcused pursuant to ANGI 36-2001, paragraph 6.3.6.3 when:

1. Member fails to report for the UTA without prior approval.
2. Member is late for the UTA or leaves early without prior approval.
3. Member fails to comply with all provisions of AFI 36-2903, Dress and Personal Appearance of Air Force Personnel, and the commander directs the member to depart the duty station for the infraction(s).

A missed UTA, if excused, can be made up and should be scheduled with your supervisor. Certain sections require a written formal request and members are encouraged to check with their respective orderly rooms to verify. An unexcused missed UTA period can be made up for retirement purposes only, but requires the commander's approval and a member receives no pay for the time.

Drill is the cornerstone of what keeps us mission ready. When considering absence from drill, remember all those that have sacrificed before we wore the uniform, all those sacrificing currently, and all those that wish they could wear the uniform. We all made a commitment when we signed up for the Guard and we should never lose sight of how important that commitment is.

Air and Space magazine's photo contest

Perhaps someone in the 104th Fighter Wing wants to enter the photo contest? The contest is free to enter.

<http://www.airspacemag.com/photocontest>

Outstanding photography has always been a hallmark of Air and Space/Smithsonian magazine. For every issue, we review hundreds of photographs and select the best ones to help tell a story, capture a moment in history, or just make readers say Wow.

If you've photographed a favorite airplane at an airshow, taken a stunning picture of a celestial body from your backyard, or snapped a picture to capture a moment of your own history with airplanes, we'd like to see your photographs. More importantly, if they make us say Wow, we'd like to show them off—and we'll pay for the privilege.

If you are 18 years or older, you can enter your photographs in any of four categories—Military, Civilian, People and Planes, and Astronomy—and

compete to win cash prizes. Winning photographs will appear in the magazine and on the website. Review our contest rules and list of frequently asked questions, then send us your best shots using our entry form.

Photographs must have been taken between Jan. 1, 2011 and Sept. 30, 2014. The contest is open until Sept. 30, 2014, at midnight, EST.

Category winners will receive \$100. The Grand Prize winner will receive \$500. All winners will be announced in our February/March 2015 issue.

Categories:

Civilian

Photographs of any aircraft or spacecraft, vintage or modern; everything from homebuilts to rockets to aerobatic craft to airliners.

Military

Images of fixed-wing or rotary aircraft, or UAVs—in any category from combat to cargo-

currently operated or operated in the past by any armed service.

People and Planes

Images of pilots or enthusiasts with the airplanes they love.

Astronomy

Photographs of celestial bodies, whether taken in your backyard with your camera or through a telescope.

Readers' Choice

Starting in December 2014, visitors to our website will be able to vote for their favorite photographs. The photograph with the most votes will receive a \$100 prize.

(EDITORS NOTE: Photography is restricted in some parts of the base. Contact Public Affairs for further clarification or to review photos before submission)



Chaplain's Corner - A Time to Evaluate

By Pastor Stephen Misarski, 104th Fighter Wing Chaplain

Life is Short. Every day is a Gift.

We are all affected by the loss of one of our pilots, Lt Col Morris "Moose" Fontenot Jr.

Some of us will have more grieving to do than others. We need to pray for each other and listen to one another. This is a time to be the "104th Family" we say we are. Let's be the wingman that each other needs.

For all of us at Barnes, life may look differently a week after this tragedy. We may be a bit more reflective about our job, our relationships and our life. Here are a few points to consider:

1. Life is Short. The Christian scriptures call life a breath, a mist, a short-lived grass and only as wide as the thickness

of a man's hand. We are not guaranteed another day. Hold each day as a gift. It is a time to look at how we spend our days. Spend them wisely.

2. Focus on the things that will last. We can get caught up managing stuff that eventual ends in the landfill. Find the things that matter and spend your time and energy and money on those. Prioritize the important over the urgent. This is a time to check our relationship with God and others.

3. Strengthen the relationships that mean the most. Spending precious time with our friends, our family, spouse and children is paramount. Make memories. Build strong bonds with the people we love and do not put it off until tomorrow. Express love and mend

broken relationships now; not later. Say the words that you have been meaning to say.

I learned these lessons after spending a year of my life in Iraq while my son graduated as valedictorian from high school and went off to college without me. Life seemed to have sped by and I had regrets. I often need to be reminded of these lessons. This is such a time.

-Pastor Steve

If you need to talk or just want to come to visit, the Chapel Team is here for you. We will be walking around as well. Give us a call (698-1057) or just stop by (Bldg #12/Gym).



Safety: How goes it?

By Senior Master Sgt. Thomas Dumais, 104th Fighter Wing Safety Office

The unit has experienced six injuries since the last How-Goes-It.

- On duty exiting vehicle; strained back; lost workdays
- On duty during family day; dehydration, greater than first aid
- Off duty PMV2 racing; broke leg; lost workdays
- On duty sitting at desk; nerve pain in legs and lower back, greater than first aid
- Off duty riding ATV; fractured toe; no lost time
- On duty washing Aircraft; lacerated head; greater than first aid

The unit has experienced two mishaps since the last How-Goes-It

- Aircraft bird strike; no damage; returned to status
- Government vehicle impact government object; scraped side of vehicle, 1K

This month we see some interesting items when we look at our mishaps since the last how goes it. Two of them involved off duty recreational vehicle mishaps with one breaking the unit member's leg and the other fracturing their toe. Then to top it off we again see someone lacerate their head on one of our

aircraft and another government vehicle damaged by backing into something that was stationary. I am going to straight forward with you and say these things do not just happen and they are not the costs of doing business! We as a unit cannot afford to have anyone injured or to continue to pay to fix things damaged! I ask you to look at your operations both on- and off-duty and apply some common sense, tune in your situational awareness, and apply some professional and personal risk management to what you are doing. We can't afford to be without you on the Barnes team!



2014 CRITICAL DAYS OF SUMMER

This segues me into the "Get Ready" part

of this month's discussion. The end of the hurricane season is approaching, the colder weather is approaching, the end of daylight savings time is approaching, and my question to you is are you ready? Is your home emergency plan ready if you need to evacuate or hunker down? Is your furnace ready for this year's snow and cold? How about your smoke and CO detectors; have you checked them and changed the batteries? Oh yea; how about the vehicles? Some questions to ask are; Are the tires good, is the battery good, how about the spare tire— does it have air? Then we see the daylight time getting shorter. Are you set for power outages with flashlights and batteries? If you have not done so I recommend you take a look at, or better yet assign one or more of your family members take a look at www.ready.gov for their tips for items such as an emergency kit and planning. I recommend you have them devise and brief a plan for your family. Ownership and involvement are wonderful things, and if you delegate this you will be able to marvel in what they come up with. Be ready though; you may have to come up with some cash to buy items for your kit!

We all are busy and we all have things to do. Hopefully one of them is taking some time to plan for your future. After all the question of the day is, "Are You Ready?"



When:

Wednesdays 1200-1300
 Beginning 3 September 2014
 Saturday & Sunday on UTAs
 Join the group anytime
 Bring your lunch with you

Where:

LRS Conference Room

*You'll train with other Airmen,
 practicing using the Matrix
 while having fun doing it*

The Matrix: A Life Skills Manual for Valued Living

What is the Matrix?

- ✓ A simple and easy tool to help you sort your life stories
- ✓ A tool to help you notice any unworkable solutions you are using to manage life
- ✓ A tool to help you notice how your unworkable solutions are costing you valued living
- ✓ A tool to help you draw out what you want your life to be about in the big picture

What will you do?

- ✓ Draw out your problem solving approach to stressors
- ✓ Notice what hooks you in life
- ✓ Practice getting unhooked
- ✓ Choose what you want your life to be about
- ✓ Set goals and take committed action

For more information about the training,
 please call Frank J. Gallo, Ph.D. at 698-1536



On September 11th, **Dr. Roberta Garceau's** office will be taking part in a very special day dedicated to our country's active military, veterans, and their families. Across the nation, "Freedom Day" gives different types of local businesses the chance to collectively join together to say thank you to the members of our military.

The **FREE** services we are offering are:

- **Exams**
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Call our office today to schedule your appointment!

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Retirement Motorcycle Ride *For* **BOB KEACH**

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Ride Information

- Friday Oct. 24**
- Starting at Cumberland Farms Westfield**
- Mystery Route**
- Time 9am-3pm**



Dinner and Ceremony to Follow

-Oak Ridge Country Club Agawam MA

- 5:30 Cocktail Hour - 6:30-9:30 Dinner and Ceremony

Massachusetts Air National Guard Historical Association

About

The Massachusetts Air National Guard Historical Association was created in 1974 in response to the increased appreciation of history brought about by the celebration of the United States' Bicentennial.

The Association's objectives include maintaining archives, displaying memorabilia and fostering an appreciation of the role of the Air National Guard and its members. It does this with special emphasis on Massachusetts Air Guard Units and Massachusetts Air Guard Members.

The Association has been granted space by the Adjutant General of Massachusetts in the Massachusetts National Guard Military Museum at 91 Everett St, Concord, Massachusetts for its displays and archives.

Join Us

Join the Association and help us preserve and display the proud history of the Massachusetts Air National Guard. Your membership will help us to keep this history alive for present and future generations.

You will help if you do no more than become a Member of the Association, but you can also help in other ways, if you wish, such as participating in our Annual Meeting and/or serving on one or more of the Association's committees. Some committees can function via e-mail whereby committee members may participate without leaving home, while other committees are more "hands-on" and meet together to work on projects such as creating displays or restoring vintage aircraft.

**Join With Us and
Help Preserve
Mass ANG History!**



Visit us on FaceBook!
www.facebook.com/MassANGHS

Military and Family Life Counselors

Purpose of this message is to provide an update on the OSD JFSAP Military and Family Life Counselors (MFLC). Beginning Aug. 14, 2014, support will change from a three/four member team to Military OneSource (800-342-9647 and www.militaryonesource.mil). OSD decided on this plan to better meet the needs of all service members and families. They are adapting to this sole delivery system in response to the drawdown of deploying forces and corresponding reduced funding levels.

The Military OneSource program can be accessed online, by telephone, or face-to-face non-medical counseling sessions within 15 miles/30 minutes of the service member or family by independently licensed counselors for up to 12 sessions per issue; per service and family member. This network of Military OneSource (non-medical counseling) is available regardless of deployment status and is expected to provide enhanced, seamless support.

The change to Military OneSource:

- * helps to expand support and service delivery
- * ensures there is no limitation to support tied to deployment
- * provides greater non-medical counseling delivery methods, better accommodating our Guard member's busy lives
- * ensures the counseling will be of the same high-quality support by masters-level counselors

Respectfully,
Ivan E. Denton
BG, USA
Director, J1 Manpower and Personnel

National Guard Bureau
Arlington Hall Station 2
111 S George Mason Dr
Rm PI-124
Arlington, VA 22204-1373

(703) 604 9540
Ext 4 9540
DSN 664 9540
(BB) (571) 218 9591



For Your Information

Full-time AGR Command Post position

A vacancy will be opening in the 104FW Command Post.

Please watch the following sites for the official posting:

<http://states.ng.mil/sites/MA/careers/agr/default.aspx>;

[https://104fw-sp-](https://104fw-sp-01.ang.ds.af.mil/Mission%20Support%20Group/default.aspx)

[01.ang.ds.af.mil/Mission%20Support%20Group/default.aspx](https://104fw-sp-01.ang.ds.af.mil/Mission%20Support%20Group/default.aspx)

Position: Full time AGR Command and Control Technician

Unit: 104FW/CP, Min Grade: A1C - Max Grade: SSgt

ASVAB: Admin:55 and Gen:67

Position description: Performs C2 actions to support NORAD Aerospace Control Alert, Homeland Security, National Defense, and Air Force operations.

Receives, authenticates and transmits NORAD scramble orders.

Maintains proficiency in C2 systems and aircraft flight following

and mission management systems such as Theater Battle

Management Core Systems (TBMCS) and Global Decision Support

System - 2 (GDSS2) and Patriot Excalibur (PEX).

Must have a SECRET security clearance. Qualified to be awarded a

Top Secret clearance. Selectee must be fully AFSC qualified in

1C3X1 or agree to attend the first available qualification course.

POC: Senior Master Sgt. Mark Bolduc e-mail:

mark.bolduc@ng.af.mil, phone: (413) 568-9151, 698-2050

or Master Sgt. Kevin Royer e-mail: kevin.royer@ang.af.mil; phone : (413) 568-9151, 698-1221.

104 MDG Training Manager Position

The 104th MDG is looking for a traditional guardsman to fill our training manager position. We are looking for an energetic and knowledgeable individual. Interested individuals must understand principles, policies, and procedures of Air Force Education and Training programs; interviewing and counseling techniques; training techniques and instruction methods; task analysis procedures, learning process, curriculum development, training evaluations, and Education and Training systems and products; effective writing skills; editing practices; instructional media application, training reporting, program and curriculum validation, and implementation procedures; training program management; scheduling training events and facilities; conducting assistance visits and training meetings; work center and individual job qualification standard development; education institution registration requirements; military personnel classification system and policies; application of communicative interpersonal skills. Knowledge of AFTR computer training and tracking program.

This individual administers all Education and Training programs, serving as the MDG Education and Training program manager responsible directly to the MDG/CC. They consults on ISD process and career field Education and Training plans (CFETP). They advise on: Education and Training materials and services; conducts work center visits, and organizes programs to develop and conduct job site training. Identifies Education and Training providers, capabilities, and resources, and ensures availability of materials. Recommends revisions to Education and Training programs and CFETPs. Records and evaluates the history of Education and Training achievements, establish goals, and enroll in classes, courses, and programs. Prepares and maintains records, files, and materials.

If interested in the position please contact TSgt Christine Lupacchino at extension 698-2218 , e-mail Christine.Lupacchino@ang.af.mil, or Maj. Matthew Mutti at extension 698-1285.

LRS 1st Sgt. position

Eligible applicants: Must be an E-7 or an E-6 who is immediately promotable to E-7. Position is a minimum three year tour with a maximum of 6 years.

Members must carefully review AFI 36-2113 to ensure they meet minimum standards and qualifications for position requirements and responsibilities before applying.

Applicants must possess excellent communication and administrative skills, exceed fitness standards and exemplify Air Force Core values.

Applicant must receive concurrence form current commander for consideration.

Applicant selected for this position must agree to serve tenure of no less than 3 years from date of graduating from First Sergeant Academy (FSA). If the member was a prior First Sergeant, the tenure starts the day of assignment.

Applicant must have 3 years retainability prior to being placed in the UMD 8F000 position. Applicant must agree to complete the SNCO Academy Course in residence or by correspondence within 1 year from date of assignment. If a First Sergeant does not complete the SNCO Academy within 1 year from date of assignment, he/she must be removed from the position.

Training: Applicants (if selected) should be able to attend the First Sergeant Academy at Gunter Annex, AL at the earliest available school date and must complete the SNCOA in residence or by correspondence within 12 months of selection.

Application package must include:

-Cover sheet

-Letter of application (Describe what you can bring to the position)

-Resume

- Current passing fitness assessment (You must have a score of 90 or above on their last Fitness Assessment or 80 or above on the last two Fitness Assessments. **There will be no exemptions or waivers.**

-RIP (record of individual personnel)

-Commander concurrence (letter or copy of email to 104FW/CCC)

-Letter of recommendation (optional)

Any package that is late or incomplete WILL NOT BE CONSIDERED.

NOTE: Selectees may be moved to any valid First Sergeant Position within the wing at the request of the Wing Command Chief and with the concurrence of the unit Commander.

Unit: 104th Logistics Readiness Squadron

Supervisor: 104th Logistics Readiness Squadron Commander
Submit applications via electronic format (word, pdf, etc.) via email to:

Major Matthew Mutti @matthew.mutti@ang.af.mil 104FW/
FSS, NLT 1200, 24 September 2014

Board date: TBD

For more information contact: CMSgt Maryanne Walts at maryanne.walts@ang.af.mil or 413-568-9151 x698-1418

For Your Information

BASE HONOR GUARD LOOKING FOR NEW MEMBERS

- Be part of the tradition of excellence
- Honor those who have fallen at military funerals
- Represent the ANG & AF at military & sporting events
- All ranks/specialties can apply

Please contact Tech Sgt. Christine Lupacchino or Maj. Matthew Mutti by e-mail at: 104FW.HonorGuard@ang.af.mil



BARBER AVAILABLE

The Barber Shop will be open the following dates from:

7:30 a.m. - 3:00 p.m.

Enter Building 008, South Entrance.

Aug. 21-22

Sept. 4-5

Sept. 18-19

POC for Barber Shop operations is Senior Master Sgt. Bill Butman, he can be reached at (413) 568-9151, x698-1234.



SGLI CHANGES

Effective July 1, 2014, the Servicemembers' Group Life Insurance program will adjust the SGLI monthly premium rate from 6.5 cents to 7 cents per \$1,000 of insurance. This means, for example, a premium increase from \$26 to \$28 a month for service members with the maximum \$400,000 of life insurance. All service members will continue to pay an additional \$1 for Traumatic Injury Protection coverage. Please visit www.benefits.va.gov/insurance to view a table of the new rates for all coverage amounts and learn more about the premium change.

The Department of Veterans Affairs manages the SGLI program and always strives to keep SGLI premiums as low as possible while also ensuring that the program remains financially strong and competitive. However, due to the combination of the 2008 SGLI premium reduction and decreases in interest rates, SGLI reserve funds have decreased significantly, and it is now necessary to adjust the monthly premium rate by a half cent per \$1,000 of insurance.

The new premium rate will take effect on July 1, 2014. Service members with SGLI coverage can expect to see the adjusted premium rate reflected in their Aug 1, 2014 Leave and Earning Statement. Members drilling for points towards retirement, or not receiving pay for other reasons, will be billed by their service for the higher premium on the regular billing schedule.

If you have any questions regarding the new rates or your SGLI coverage, please contact your military personnel section or visit www.benefits.va.gov/insurance.



PVC CORNER

Did you know that the Pioneer Valley NCO Club is a Non-profit organization? Are you aware of what your membership money goes towards each year? A lot of people don't realize that the NCO Club is more than just a bar. We make donations to many different organizations on behalf of its members throughout the year. This past year we have donated to The Family Readiness Group, we have sponsored a hole in a Golf Tournament for the Soldiers Home fundraiser, and sponsored 10 Veterans from the Soldiers Home for the UTA Thanksgiving Meal just to name a few. Your membership money goes towards all maintenance and improvements made at the NCO Club as well. Without your annual donations none of this would be possible.

It's that time of year again, and the Pioneer Valley NCO Club Coins are available at the NCO Club and with Club Council Representatives. The cost is \$10.00.

We look forward to your continued support for 2014!



SINGING NATIONAL ANTHEM AT FENWAY

Lt. Col. Michael Cousins' daughter Rachel, sang the National Anthem at Fenway Park, representing the Air National Guard for the Run to Home Base.



Religion notes

Protestant Service on Saturday, 6 September at 1100 in the Chapel. Chaplain Stephen Misarski presiding.

Orthodox/Catholic Service on Sunday, 7 September at 1130 in the Chapel. Father Ken DeVoie presiding.



Congratulations on your retirements

Tech. Sgt. Jeffrey Wojcik	LRS	8 Sep 2014
Tech. Sgt. David Karam	LRS	8 Sep 2014
Master Sgt. Gregory Westcott	MXS	15 Sep 2014
Major David Mendoza	FW	1 Oct 2014
SMSgt. William Butman III	FSS	1 Oct 2014
Master Sgt. Petee Thomson III	FW	31 Oct 2014
Tech. Sgt. Shawn Amell	MXS	4 Nov 2014

Promotions

To Senior Airman (E-4)

Joseph Adamowicz	MXS
Derrick Coleman	AMXS
Justin Devine	AMXS
Robert Dragon	CES
Avery Sheehan	SFS
Norman Storer	MXS



To Staff Sgt. (E-5)

Kayla Beany	FSS
Jennifer Tittle	MSG



To Tech. Sgt. (E-6)

Diane Berthiaume	AMXS
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To Master Sgt. (E-7)

Thomas Macdonald	MXS
Dario Trifone	SFS



CCTV broadcast line up

- Channel 7** - Video schedule & Base Info
- Channel 9** - Training videos/Warrior Network
- Channel 10** - Pentagon Channel - inoperative



<u>Morning</u>	<u>Training Video</u>
0900-0940	Forklift Fundamentals and Ops
0940-1013	Confined Space Awareness
1013-1023	Basic Ladder Safety
1023-1053	Lockout/Tagout
1053-1101	FOD Prevention
1101-1108	Copyright Infringement

<u>Afternoon</u>	<u>Training Video</u>
1300-1340	Forklift Fundamentals and Ops
1340-1413	Confined Space Awareness
1413-1423	Basic Ladder Safety
1423-1453	Lockout/Tagout
1453-1501	FOD Prevention
1501-1508	Copyright Infringement

Welcome to new members

Kyle Leven	LRS	11 Jul 2014
Daniel Schuch	AMXS	12 Jul 2014
Sarah Stec	MXS	22 Jul 2014
Michael Glass	131FS	27 Jul 2014
Sean Pearce	FSS	28 Jul 2014
Danielle Burns	FSS	31 Jul 2014
Forrest Collins	MDG	1 Aug 2014
Daniel Watkins	MDG	2 Aug 2014
Shea Logyn	LRS	6 Aug 2014

DFAC MENU

WHAT'S FOR LUNCH?

Saturday

Beef stew, roast turkey with gravy, egg noodles, stuffing
Soup: Chicken chili, New England clam chowder
Salad bar: A variety of vegetables, salads, and toppings
Dessert: Assorted
Short Order: Burgers with cheese, grilled cheese (and tuna) or grilled chicken sandwiches served with French fries

Sunday

Baked fish, BBQ chicken, mashed potatoes, steamed rice
Soup: Chicken chili, New England clam chowder
Salad bar: A variety of vegetables, salads, and toppings
Dessert: Assorted
Short Order: Burgers with cheese, grilled cheese (and tuna) or grilled chicken sandwiches served with French fries

Important Dining-In Update

Due to the funeral service of Lt. Col. Morris "Moose" Fontenot at the Air Force Academy on Friday, Oct. 3, 2014, the Command Dining-In, scheduled for Oct. 4, is officially cancelled. We will look at a Date to re-schedule next year if possible. All those who purchased tickets will be refunded from the 104th Unit Fund. Thank you for your patience and understanding. Fr. Ken



AIRSCOOP

104TH FIGHTER WING • MASSACHUSETTS AIR NATIONAL GUARD
Pride, Professionalism, Patriotism *Barnes Air National Guard Base*

September 2014



Col. Kenneth Lambrich, Vice Commander of the 104th Fighter Wing, Mass. Air National Guard, is awarded the Legion of Merit medal during the unit's commander's call on Aug. 6, 2014.



Letting Go, Taking Action, Moving Forward: A Warrior's Path to Living Meaningfully

Dr. Frank Gallo, Director of Psychological Health

How many of us have experienced pain in our lives? What I mean by pain is thinking thoughts or feelings that bring up discomfort. They don't feel good. How many of us have struggled sometimes with that pain? How many of us would like to struggle less? How many of us would like to live rich, full, meaningful lives? If I were to ask these questions in a room filled with 20 or 500 people, you would probably notice that everyone raises their hands?

Well what's the process of living meaningfully? It involves decreasing the struggle with pain while increasing valued living. What you probably noticed about this statement is that I did not say eliminate it. My goal in this column is to arm you with a bottle of Windex, a roll of paper towels, and invite you to clean your window so you can see your stuff and maybe other peoples, and discover that pain is a normal part of being human. I think you will also discover that pain is not something toxic, to be managed, coped with,

or fixed. Pain is something worth having because in it are things that matter to you. To facilitate the process, we will use the *Matrix*, which is a sorting task in which you will put things into categories, allowing you to noticed differences and similarities between them like sorting your uniform clothes for a

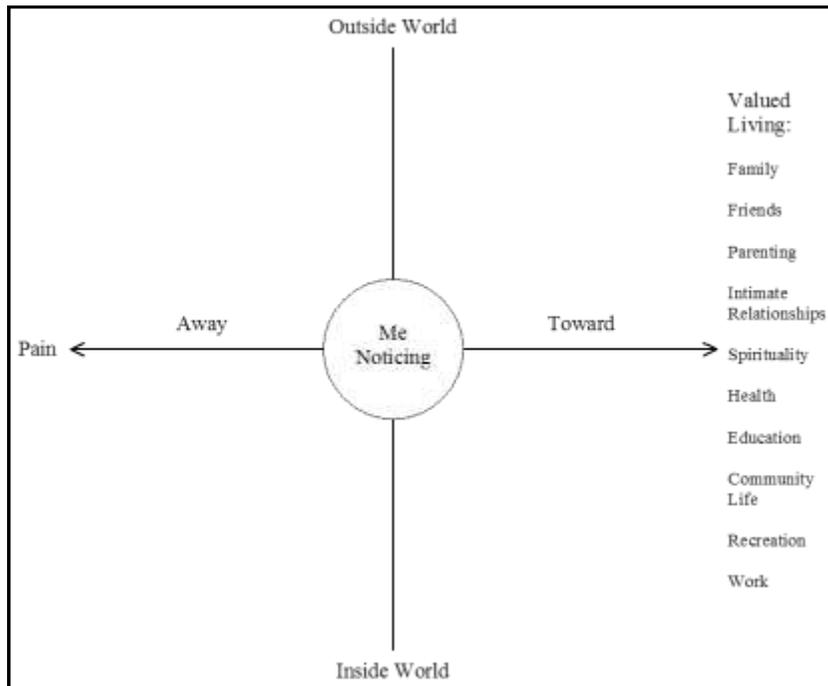
inside world like what you are thinking or feeling, part is about what you do to move away from any discomfort, and part is about what you do to move toward what matters in your life. While sorting this stuff, you will notice the unworkability of any strategies you are using to manage pain and how they are getting in the way

of living what you want your life to be about in the big picture.

Using the *Matrix*, you will learn by doing, just like riding a bicycle. Learning to ride your first bike, you have to face your fears and take action. You have to risk the possibility of falling and getting hurt in order to get on it and ride where you want to go. Somewhere, you know that riding it requires you to "Just Do It" to be successful. Besides, you cannot learn to ride a bike by reading or talking about it. You need to take action, put the principles of physics into practice, and sometimes test the laws of gravity along the way.

Beginning Sept. 10, join us

on Wednesdays (Saturdays & Sundays UTAs) from 12 p.m.-1 p.m. (LRS Conference Room) for our weekly training using the *Matrix*.



wash. You might put the light colored clothes in one pile and the dark colored ones in another. You can do the same thing with your life stories. Part of any story is about what is happening in your outside world like what you are seeing or doing, part is about what is happening in your

MASSACHUSETTS AIR NATIONAL GUARD

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175 Falcon Drive, Westfield, MA 01805

www.104fw.ang.af.mil
www.westfieldairshow.net
Social media sites:
www.facebook.com/barnesang
www.twitter.com/104fighterwing
www.flickr.com/photos/barnesangb



PRIDE,
PROFESSIONALISM,
PATRIOTISM

We're on the Web

WWW.104FW.ANG.AF.MIL

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