Airman & Family Readiness

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Barnes Family Flyer

03 July 2014

Thank you for subscribing to the Barnes Family Flyer, a weekly newsletter for the Airmen and Families of the 104th Fighter Wing! The Flyer will be distributed every Friday and offers you a concise overview of the programs, benefits and opportunities for Military Families.

Barnes Family Readiness Group Invites You!!

Steak N Bake Night at Barnes

11 July (Friday)
Serving from 4 PM – 7 PM
Pioneer Valley Club

This is a delicious evening featuring: Steak, baked potato, salad and dessert

Cash Bar will be available.

Tickets are $ 8.00 per person and must be purchased NLT Tuesday, 8 July Noon

Tickets are available through Jenn Cesaitis DSN 698-1183
Tickets are being pre-sold and will **NOT** be available at the door.

Free Valley Blue Sox Tickets

Military Appreciation and Chicopee Night

The Valley Blue Sox Vs. The Ocean State Waves
Holyoke's Mackenzie Stadium
Sunday, July 6, 2014
Gates Open @ 4:05 pm Game Starts @ 5:05 pm

Free General Admission Tickets

Good for any regular season home game
Game Time @ 6:35 pm
Holyoke's Mackenzie Stadium

*Note: Tickets are located in the Airman & Family Readiness Center
Tickets are limited and are disbursed on a 1st come 1st served basis.

Barnes Air National Guard Base

Family Day 2014

Sunday ~ August 3rd ~ 12:30 pm - 4 pm

FOOD GAMES
BOUNCE HOUSES
BACK-TO-SCHOOL SUPPLIES
CRAFTS
& MUCH MORE!

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FREE: "Stars & Saddles" and "Family in Transition" Horse Camps

Location: Smithfield Farm, 809 Sandwich Rd, Falmouth

July 14 - 18
9 a.m. - 3 p.m.
A week long day camp!
Offered to military children ages 8 - 14 who are currently experiencing the deployment of a loved one.

$295 fee waived by OMK.

July 28 - Aug 1
9 a.m. - 3 p.m.
A week long day camp!
Offered to Air National Guard children ages 8 - 14.

$295 fee waived by 4-H/Air Force Military Partnerships

Aug 11 - 15
3 p.m. - 7 p.m.
Second annual camp!
For military families who are undergoing or have recently undergone a deployment.

Funded fully by Heroes in Transition

Each day will consist of a formal riding lesson with Carol and Amanda, our head instructors, lots of hands on horse care, horse related activities (such as learning body parts or proper horse nutrition, bathing a horse, or how to properly "time" a jump), Miniature Horse time (a camp favorite) and horse-related art and music activities. The campers will also be teamed up in groups of 2 or 3, in which they will work together to care for a particular horse. They will build the skills necessary to safely care for and enjoy a horse by practicing:
leading a horse safely, tacking and untacking, preparing a horse for riding, grooming, mucking a stall, and many other necessary skills. Aside from the daily activities, each week will include a visit from a horse professional, such as a veterinarian or a blacksmith, and either a trail ride or a small horse show on the last day of the week!

Your whole family is invited to spend a week to learning about and working with horses. We will serve you dinner each night, and adults and children will break out into separate support groups after dinner. Adults will have "down time" to share challenges and to connect with local community military support groups. Youth will participate in a variety of activities including a lesson in drumming, arts & crafts, Life is Good interactive playmaker games and more! There will be babysitting on site for families with children too young to participate.

For more information, To obtain a registration form or for more details, contact Kerry Bickford, OMK Coordinator, by Email or call 508 - 375 - 6695.

For more 4-H Partner Camps visit the WEBSITE!

Military Teen Camp

WHEN: 20-25 July
WHERE: Camp Wabasso, New York
AGES: 11-15

Featured activities: Waterfront activities (Boating, canoeing, kayaking, swimming and fishing), archery, high/low ropes. Environmental education, hiking, outdoor survival and 7 habits of highly effective teens.
For further information or to register contact Lori Robinson by EMAIL or (315)788-8450.

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Youth Calendar

For an updated youth camps calendar, visit
http://www.104fw.ang.af.mil/shared/media/document/AFD-140630-015.pdf

Barnes Barber Shop Schedule

The Barber Shop will be open the following dates from: 0730-1500 hours.
Enter Building 008, South Entrance

July 17-18
July 31 - August 1 & August 21-22
September 4-5 & September 18-19

POC is SMSgt Butman at 698-1234

Deep Discounts on Red Sox Tickets

The Boston Red Sox are proud to offer special pricing on tickets to active-duty, reserve/guard, veteran, and retired service members and families/friends. You can purchase as many as 10 tickets per game.

CLICK HERE

On the main page you will see a section "Game Dates". Click on "Buy Tickets" for the game(s) you want to attend. This will send you to a window where you will need to register for a website named GovX.

Register with GovX, including creating your password. You will be sent a confirmation email to complete your registration. Then go back to the "Game Dates" and click "Buy Tickets" for the game(s) you would like to attend and purchase your tickets.

The Washington Post

The Washington Post is giving a free digital access to its newspaper for anyone with .edu, .mil, or .gov email accounts.

https://account.washingtonpost.com/actmgmt/registration/get-nonpaid-access

Benefits.gov

Benefirs.gov now has its own YouTube channel!

The Benefits.gov YouTube channel was created to assist you on your path to finding and applying for government benefits. Check back soon for

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90% Discount on SAT & ACT Test Prep

Through eKnowledge access SAT and ACT test preparation for $20! Fee includes online materials, shipping and access to online streaming.

The SAT and ACT PowerPrep Programs are available online or on a single DVD. Programs include more than 11 hours of video instruction and 3,000 files of supplemental test prep material, thousands of interactive diagnostic tolls, sample questions and practice tests.

Students select the training they need and study at their own pace.
Request your program ONLINE TODAY !

MAINEiacs Charities Half Marathon Run and 5K Walk/Run Race

Starting Location Holiday Inn (Gold's Gym)
Odlin Road Bangor, Maine
Sunday,September 28 at 8:00 AM

The MAINEiacs Charities Half Marathon is a 13.1mile out and back course. The 5K is a 3.1mile out and back course. Registration opens on Monday, January 6
Register at https://www. runreg.com/Net/3877

Shirts will be given to all participants who register on line by 31 Aug 2014.
Early registration is a COST SAVER. Registering NLT 31 Aug t he Half Marathon fee is set at $40,and the 5K is $20. Starting on the 1 Sep the Half Marathon will increase to $55, and the 5K will increase to $25. Race day registration increases to $60 and no increase for the 5K. Same day registration will be available from 0600-0730 at the Holiday Inn starting point.

Half-Marathon is run only race, halfway turn point time restriction is 1 hour 15 minutes, and overall race finish time is 3 hours. Runners who do not meet time limitation will be bused back to the finish line.

Overall Awards will be presented to *the top three male and female finishers. Age Group Awards will be presented* to *the top three male and female finishers in 10* year *groups starting with U19 and going through* 70+

*MAINEiacs Charities is the charitable arm of the Maine Air National Guard.Providing for those in need.

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Gatorade's Honoring our Heroes Essay Contest is back!

Write an original essay that nominates an active or retired U.S. Military Personnel or Military Spouse, who is eligible to shop in U.S. Commissaries. The essay must describe the person you are honoring, why you are honoring that person, and if he or she is associated with an act of reverence, dignity, distinction, or which shows high esteem for others. You may nominate yourself. For purposes of these rules, you are referred to as the "Entrant" and your nominee as the "Nominee." Entries must be between two hundred (200) and three hundred (300) words. All entries must be submitted in English.

Visit the website for more info!

AIR NATIONAL GUARD ALUMNI ASSOCIATION

Date: Wednesday, July 16, 2014
Time: Dinner will begin at 7:00 pm
Location: The NCO Club (Building 8)
Cost: $15.00

Welcome to our 3rd Annual Alumni Reunion! As in the past, we are seeking donated items from our members for our annual July raffle. Items may be in the form of gift cards, alcoholic beverages or anything else that you would wish to donate to assist the association. Our usual 50/50 raffle will be held We are asking for, and truly appreciate your support!

REGISTRATION INFO
Send your $15.00 Reservation check to:
Len Frigon
778 West Street
Ludlow, MA 01056
*Note: Make checks payable to:
104th Massachusetts ANG Alumni Association

Please include the name of all guests in the memo section of your check. DO NOT make checks payable to Len. Checks must be received NLT 5:00 pm Monday, July 14, 2014. Cancellation received by this time and date will receive a full refund.

POC: Pam Spear 413-569-2422 OR Len Frigon 413-589-9157

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All present and past service members and their families are cordially invited to a special tribute dinner to recognize their sacrifices and to honor and remember the heroes and victims of 9/11/01. This non-political dinner is our gift to you; merely to say **THANK YOU** for all your service and sacrifices. The dinner is completely free.

When: Thursday September 11, 2014
Time: 6:00p.m - 8:00 p.m.
Where: Double Tree by Hilton
11 Beaver Street
Milford, MA 01757

Reservations are required. Please RSVP by September 8, 2014, by visiting www.thankstoyanks.org, emailing info@thankstoyanks.org or phone Mike Shain 508-330-8487.

The dinner is always free to those who attend. However donations are welcome to help defray the cost of the evening and support other Thanks To Yanks activities that support our service members and veterans. Donations may be sent to:

Thanks To Yanks
c/o Michael Shain
15 Virginia Drive
Milford, MA 01757

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Boots to Business: Reboot is an entrepreneurial education program offered to veterans by the U.S. Small Business Administration (SBA) in partnership with the Institute for Veterans and Military Families at Syracuse University (IVMF). Modeled after the existing Operation Boots to Business: From Service to Startup program, this program will be offered in twelve U.S. cities in July and August. The curriculum provides valuable assistance to veterans exploring self-employment opportunities by leading them through the key steps for evaluating business concepts and the foundational knowledge required for developing a business plan. Participants are also introduced to SBA resources available to help access start-up capital and additional technical assistance.

Local Class Date:
Boston, MA August 5–6

MORE INFO:
315.443.8743
vets@syr.edu
boots2businessreboot.org

HOW TO PARTICIPATE Visit **boots2business.org/reboot-apply.aspx** to register!
ELIGIBILITY The program is available to all honorably discharged veterans and their spouses.
COSTS & LOGISTICS This program is available free of charge at participating locations to veterans and their spouses.

TWO-PART PROGRAM

This course is taken in select cities around the country. It is a two-day, instructor-led by subject matter experts from the SBA, SBA resource partners, entrepreneurship professionals, or an entrepreneurship professor from the Institute for Veterans and Military Families at Syracuse University (IVMF). Participants learn business fundamentals and work through an initial feasibility analysis of their business concepts.

Upon completion of Introduction to Entrepreneurship class, participants can elect to further their study through an instructor guided eight-week online course led by the IVMF at Syracuse University. Completion of this course requires approximately 10 hours of study each week to guide participants through the fundamentals of developing a business plan.

After completing Boots to Business: Reboot, participants will have the tools and knowledge they need to identify a business opportunity, draft a business plan, and launch their enterprise.

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Six Flags Free for All Active & Retired Military

Just show valid identification and enjoy FREE entry July 4-July 6.

Fireworks, Family, and Fun!

It wouldn't be July 4th without fireworks! You'll be dazzled by brilliant fireworks displays, nightly throughout Six Flags' July 4th weekend celebration. By day, stroll the park snacking on scrumptious treats like fried dough, ice cream sundaes, and funnel cakes, then gaze at the eye-popping fireworks shows and dance to live music under the warm summer skies. It's a recipe for a great American party!

Military Members Free & Families Half Off 7/5 & 7/6

Present Valid Military I.D. at front gate

5 Pine Street Carver, MA 02330

Retirement Party

honoring

Col EJ Gunning (Ret'd.)

Friday, Aug 15, 2014

Oakridge Country Club

850 South Westfield St., Feeding Hills, MA 01030

Tee Time: 1200
Cocktail Hour: 1700
Dinner: 1800
Presentations: 1900

Golf, Cart & Dinner: $70
Golf Only: $40
Dinner Only: $30

See CMSgt Maryanne Walts, MSgt Dom Chapman, or SrA Jennifer Tittle for all tickets and payment.

The
Federal Executive Association
Of Western Massachusetts

Third Annual Scholarship Program 2014

The Federal Executive Association of Western Massachusetts (FEAWM) is proud to announce the third annual Federal Executive Association of Western Massachusetts Scholarship Program. New in 2012, the FEAWM Scholarship is available to the dependent children of federal employees. This year, three scholarships in the amount of $500 will be awarded to eligible dependent children of a civilian federal, military, or postal employee.

This year's scholarship awards will be presented at the annual FEAWM Awards Banquet that will be held on Monday, September 15, 2014 at the Log Cabin Banquet Facility in Holyoke, MA. This awards banquet celebrates the achievements of federal employees in the Western Massachusetts area.

Please review the criteria and requirements below to ensure that you are eligible and that your application is complete. **Applications must be received no later than Friday, July 11, 2014.**

Criteria: Applicants are required to be a dependent child of a federal employee who has worked at least three (3) years for the federal government and presently works in the Western Massachusetts Counties of Hampden, Hampshire, Franklin or Berkshire. In addition, the scholarship applicants will be judged on academic work completed; leadership in school, on the job, or in the community; and an essay.

Applicants must successfully submit the following in order to be considered:

1. Letter of acceptance or letter from registrar showing current enrollment from an accredited college or university

2. The most current high school or college transcript (a copy is acceptable)

3. A written summary of the leadership experiences gained from school, on the job, and/or in the community

4. A written essay of 200 words or less on the subject, **"What does public service mean to me?"**
   - Please double space; 12 inch font with 1" margins and Times New Roman font
   - Please note that the essays are judged on both presentation *and* content

5. Essay Cover Sheet with the following information:
   a. Applicant Name
   b. Name of Federal Employee and relationship to applicant
   c. Employing Federal Agency
   d. Duty Station
   e. Applicant email address
   f. Applicant telephone number
   g. Employee email address
   h. Employee telephone number
   i. College/University, Degree Pursued, and Year of Graduation

6. A copy of federally employed parent's current Standard Form-50 (SF-50) from their employer.

Return your completed package to:

FEAWM
c/o Ron Grzelak, SSA
200 High Street
Holyoke, MA 01040

The FEAWM raises funds for our scholarships through a variety of events and outings. Voluntary donations to the FEAWM Scholarship fund (checks payable to FEAWM) can also be sent to FEAWM, 200 High Street, Holyoke, MA 01040. If a receipt is needed, please include an addressed, stamped envelope and one will be returned to you.

In addition to www.FEAWM.org, you can now find us on www.facebook.com/FEAWM. Check it out!