

Airman & Family Readiness

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Barnes Family Flyer



23 May 2014

Thank you for subscribing to the Barnes Family Flyer, a weekly newsletter for the Airmen and Families of the 104th Fighter Wing! The Flyer will be distributed every Friday and offers you a concise overview of the programs, benefits and opportunities for Military Families.

Military Kids Club for June UTA - 7 & 8 June 2014

OMK and Boys & Girls Club Mentoring, Creation Station, Gymnasium, Swimming, Games Room Tournaments and more! Transportation is available to and from the club.

Children can be dropped off to the Pioneer Valley Club, Bldg 8 at 6:30 am.

Bus pick-up is at 7:30am at the Pioneer Valley Club, Bldg 8; Bus returns to Barnes at 4:30pm to Bldg 8.

Reserve your spot today by calling or emailing the Airman & Family Readiness Center:

(413) 568-9151 x 698-1183 104fw.familysupport@ang.af.mil.



**BOYS & GIRLS CLUBS
OF AMERICA**

****PLEASE NOTE** - June Military Kids Club is subject to sponsorship. Our community partners are working to secure that sponsorship as quickly as possible. If there is a need to change the Military Kids Club for June, you will be notified ASAP by Airman & Family Readiness**

Military Kids Club is open to all Military Kids ages 5-15. Free Nutritious Breakfast, Lunch & Snack provided!

SAVE THE DATE! MOVIE NIGHT for Families of Deployed Airmen



The 104FW Family Readiness Group is happy to offer discounted tickets for movies the evening of Wednesday, June 25th.

This is open to Families for Deployed 104th Fighter Wing members.

Tickets will be \$5 and you will be able to view the movie of your choice.

Movie titles and times will be available soon!

For more information you may contact Beth St. Clair at beths104th@gmail.com.



23 May 2014

FREE: “Stars & Saddles” and “Family in Transition” Horse Camps

Location: Smithfield Farm, 809 Sandwich Rd, Falmouth

July 14 - 18

9 a.m. - 3 p.m.

A week long day camp!

Offered to military children ages 8 - 14 who are currently experiencing the deployment of a loved one.

\$295 fee waived by OMK.

July 28 - Aug 1

9 a.m. - 3 p.m.

A week long day camp!

Offered to Air National Guard children ages 8 - 14.

\$295 fee waived by 4-H/Air Force Military Partnerships

Aug 11 - 15

3 p.m. - 7 p.m.

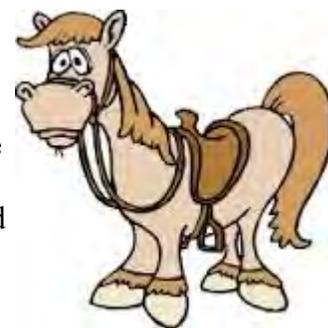
Second annual camp!

For military families who are undergoing or have recently undergone a deployment.

Funded fully by Heroes in Transition

Each day will consist of a formal riding lesson with Carol and Amanda, our head instructors, lots of hands on horse care, horse related activities (such as learning body parts or proper horse nutrition, bathing a horse, or how to properly “time” a jump), Miniature Horse time (a camp favorite) and horse-related art and music activities. The campers will also be teamed up in groups of 2 or 3, in which they will work together to care for a particular horse. They will build the skills necessary to safely care for and enjoy a horse by practicing:

leading a horse safely, tacking and untacking, preparing a horse for riding, grooming, mucking a stall, and many other necessary skills. Aside from the daily activities, each week will include a visit from a horse professional, such as a veterinarian or a blacksmith, and either a trail ride or a small horse show on the last day of the week!



Your whole family is invited to spend a week to learning about and working with horses. We will serve you dinner each night, and adults and children will break out into separate support groups after dinner. Adults will have “down time” to share challenges and to connect with local community military support groups. Youth will participate in a variety of activities including a lesson in drumming, arts & crafts, Life is Good interactive playmaker games and more! There will be babysitting on site for families with children too young to participate.

For more information, To obtain a registration form or for more details, contact Kerry Bickford, OMK Coordinator, by [Email](#) or call 508 - 375 - 6695.

For more 4-H Partner Camps visit the [WEBSITE!](#)

Military Teen Camp

WHEN: 20-25 July

WHERE: Camp Wabasso, New York

AGES: 11-15

Featured activities: Waterfront activities (Boating, canoeing, kayaking, swimming and fishing), archery, high/low ropes. Environmental education, hiking, outdoor survival and 7 habits of highly effective teens. For further information or to register contact Lori Robinson by [EMAIL](#) or (315)788-8450.



23 May 2014

Barnes Barber Shop Schedule

The Barber Shop will be open the following dates from: 0730-1500 hours.
Enter Building 008, South Entrance

June 5-6 & June 19-20
July 17-18
July 31 - August 1 & August 21-22
September 4-5 & September 18-19

POC is SMSgt Butman at 698-1234



Deep Discounts on Red Sox Tickets



The Boston Red Sox are proud to offer special pricing on tickets to active-duty, reserve/guard, veteran, and retired service members and families/friends. You can purchase as many as 10 tickets per game.

[CLICK HERE](#)

On the main page you will see a section "Game Dates". Click on "Buy Tickets" for the game(s) you want to attend. This will send you to a window where you will need to register for a website named GovX.



Register with GovX, including creating your password. You will be sent a confirmation email to complete your registration. Then go back to the "Game Dates" and click "Buy Tickets" for the game(s) you would like to attend and purchase your tickets.

Run 2 Remember

5k Race/1-Mile Walk

Saturday, May 24, 2014 ~ 10AM

Buttery Brook Park

123 Willimansett Street, South Hadley, MA

PIONEER VALLEY



Entry Fee: \$25.00 Day of Race: \$30.00 Teams of 5: \$100*

REGISTER ONLINE AT: www.accu-specracing.com

***Teams must mail in registration**



23 May 2014

90% Discount on SAT & ACT Test Prep

Through eKnowledge access SAT and ACT test preparation for \$20! Fee includes online materials, shipping and access to online streaming.

The SAT and ACT PowerPrep Programs are available online or on a single DVD. Programs include more than 11 hours of video instruction and 3,000 files of supplemental test prep material, thousands of interactive diagnostic tests, sample questions and practice tests.

Students select the training they need and study at their own pace. Request your program [ONLINE](#) TODAY !



6th Annual Women Veterans' Conference

DATE: SAT June 14 @ 8:00 a.m.—3:30 p.m.

LOCATION: Nichols College, Student Center, 124 Center Road, Dudley, MA



Some of the workshops offered will be: Knitting, Art and Music therapy, Improv Theater, and a Writing Group with *Band of Sisters* author Kristen Holmstedt. There will also be financial education and state and federal benefits workshops.

RSVP: [EMAIL](#) or call 617-210-5958.

Military Appreciation Month Discounts @ Kittery ME Outlets

DATE: Month of May

In appreciation of your service, visit Kittery Premium Outlets and show your Military or Government ID at the following locations (7 days, 9:00am - 5:00pm) to receive your FREE VIP Coupon Book filled with added savings at participating stores.

Visit their [WEBSITE](#) for more information.



New England Air Museum to Hold Open Cockpit Event



The New England Air Museum has announced that it will hold its next Open Cockpit event on Sunday, June 15th, Father's Day. On that day, visitors will be permitted to climb into the cockpits of up to 12 vintage aircraft, a full-motion flight simulator and two static flight simulators.

The aircraft to be open include the North American F-100 Super Sabre, the WWII P-47 Thunderbolt, the A-10 "Warthog", the F-104 Starfighter, several helicopters and more. There will be additional hands on activities for the enjoyment of the younger visitors during the event. For the convenience of all, a food vendor will be on site all day.

Admission is \$12 for ages 12 and up, \$11 for seniors 65 and up and \$6.50 for ages 4 to 11. Children under 3 are admitted free. For more information, visit www.neam.org or call (860) 623-3305.



23 May 2014

Gatorade's Honoring our Heroes Essay Contest is back!

Write an original essay that nominates an active or retired U.S. Military Personnel or Military Spouse, who is eligible to shop in U.S. Commissaries. The essay must describe the person you are honoring, why you are honoring that person, and if he or she is associated with an act of reverence, dignity, distinction, or which shows high esteem for others. You may nominate yourself. For purposes of these rules, you are referred to as the "Entrant" and your nominee as the "Nominee." Entries must be between two hundred (200) and three hundred (300) words. All entries must be submitted in English.

Visit the [website](#) for more info!



**Who is your U.S. Military Hero?
It can be an Active or Retired
Patron or a Military Spouse!**

**Tell us in the
HONORING our
HEROES Contest**

Click Here to **SUBMIT YOUR ESSAY** for a chance for your hero to win a cash prize & a Commissary gift card.

NO PURCHASE NECESSARY. Ends 5/31/14. Must be 18 or older to enter. Essay must be between 200-300 words and about an active or retired U.S. Military Personnel or Military Spouse. For Official Rules at [www.gatoradeheroes.com](#) and complete details to include judging criteria.

AMERICAN LEGION Post 124 POKER RUN



When: June 21, 2014	Registration: 10:00
Where: 38 Broad Street Westfield, MA	Start: 11:00
	Dinner: 3:00-5:00

Price	At the Door
Pre Register	\$25 for Bikes
\$20 for Bikes	\$15 for Passenger
\$10 for Passenger	\$15 for Dinner Guests
\$10 for Dinner Guests	

Dinner
Chinese Raffle
50/50 Raffle
Prize for Winning Poker Hand

dkane41@yahoo.com or 413-297-5777

RIDE FOR MIKE



23 May 2014

17th ANNUAL

BARNES FIRE CHARITY GOLF TOURNAMENT

Sponsored by:

**104th Fighter Wing
Fire Department**



To benefit:

**Friends of the
Soldiers' Home
In Holyoke**

When:

FRIDAY, June 27, 2014

Where:

**Southampton Country Club
329 College Highway, Southampton, MA 01073**

Cost:

\$360 per foursome, (\$90/player)

Includes:

Lunch Ticket & Buffet Dinner

Hole Competitions, Skins Pool, Silent Auction & Raffle Prizes.

**Please fill out lower portion and return prior to June 20, 2014
Shotgun start at 9:30 am, please arrive early for check-in.**

**For questions contact MSgt. Larry Buell
Tel# (413)-330-9260 or BarnesFireCharityGolf@gmail.com**

Make Checks Payable To:

"Friends of the Soldiers Home in Holyoke, Inc"

Remit To:

**Barnes Fire Charity Golf Tournament
c/o 104th Fighter Wing Fire Department
175 Falcon Drive
Westfield, MA 01085**

Captain: _____

Player 2: _____

Address: _____

Player 3: _____

Phone: _____

Player 4: _____

E-mail: _____



23 May 2014

OMK FAMILY FUN DAY at Camp Marshall

92 McCormick Road Spencer, MA 01562

June 14th, 2014 10AM to 3PM

Enjoy a fun day at Camp
exploring popular
activities including:

Family
Cook Out
at Noon!

- Swimming
- Canoeing
- Kayaking
- Arts & Crafts
 - Archery
 - Riflery
- Horticulture Projects



Camp Challenge Course 10-11 and 2-3
Family Sports Game 12:45
Pony Rides 1:30 to 2:30

***Come spend a day at Camp with your
family and other military families!***

The MA Operation: Military Kids partnership is a shared initiative of the US Army Child, Youth & School (CYS) Services and is funded by the Army National Guard and Army Reserve in collaboration with the UMass Amherst Extension 4-H Youth Development Program.



To register:

Contact Paula Burgielewicz
paulab@umext.umass.edu
or call 413.545.2646

