



AIRSCOOP

104TH FIGHTER WING • MASSACHUSETTS AIR NATIONAL GUARD
Pride, Professionalism, Patriotism *Barnes Air National Guard Base*

June 2013



Col. James Keefe, commander of the 104th Fighter Wing, Barnes Air National Guard Base, Westfield, Mass., accepts a state citation from Lt. Gov. Timothy Murray on May 16, 2013. The citation recognizes the unit as one of the best alert facilities in the country.

U.S. Air National Guard photo by Senior Master Sgt. Robert J. Sabonis



Col. James J. Keefe

AIRSCOOP

104th Fighter Wing
Barnes Air National
Guard Base

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Commander's Column

By Col. James J. Keefe, 104th FW Commander

Six months ago, we announced that we were exploring a runway construction project that would greatly enhance our survivability here at Barnes. At the same time, I stated that there would be a lot of sacrifices required to make this happen, as we would have to relocate our flying operations. We finally have some answers to several questions that have been unresolved over the **past several months, "some" funding, and a plan for our flying mission movement.**

Approximately a month ago, the 1AF/CC decided to relocate our Aerospace Control Alert mission to Otis. This was largely due to the remaining maintenance facilities at Otis, as well as its proximity to Barnes. With the ACA mission at Otis, it made sense to co-locate our Continuation Training (CT) flying and maintenance capabilities together to enhance mission success. Additionally, Otis had excess facilities that were not being used, allowing us to house our maintenance and operations functions. However, due to limited funding, this option is now not feasible. Therefore, after several discussions with state and ANG leadership, our CT flying mission will be relocating to Westover Air Reserve Base. This course of action comes with challenges, as we have no maintenance facilities to use at Westover. Additionally, we will be split 3 ways: with ACA, CT, and most of the support functions at different locations. We are exploring the possibility of obtaining some temporary structures to house some of our maintenance functions at Westover; but due to lack of funding, the accommodations will be sparse at best. The exact timeline for these moves have not been decided, but it should be in late June/early July. We still have much work at both locations to make sure we are successful in the execution of our mission. I believe that if we pull together as a team, we will be successful, and I have no doubt in my military mind that we will be. The measure of our success during the relocation will be our ability to maintain our current levels of readiness for the CT mission, and meeting all response times and taskings for the ACA mission.

The construction projects that drive these moves are on schedule. It appears the runway will be closed for construction as early as mid-July for approximately six months. The funding for the runway rebuild and the ramp expansion also appear to be in place, and the projects are in the process of being awarded as I write this column. These projects will enhance our current flying operations as well as position us positively for future fighter missions. I would be remiss if I did not mention the hard work

and dedication our 104CES/CC, Lt. Col. Denise Boyer, who has spearheaded these projects. We will unfortunately be losing Denise in August, as she returns to the ANGRC at Andrews AFB. Thanks Denise, you will be missed!

Lastly, we have a plan for our ACC/IG visit in October. The original ORI was switched to a smaller visit after we were informed of the runway project. The ACC/IG **was planning on giving us a commander's assisted visit (CAV),** looking at the various programs and processes that would be inspected during a normal ORI. I am happy to report that due to our upcoming moves, **the IG has decided to complete a "virtual" CAV** in lieu of an in-person inspection. I anticipate this inspection will be similar to a UCI, without inspectors here in person. I have never been involved in a virtual inspection or CAV, the exact depth of this look has yet to be determined. We will see the ACC/IG again in the future, but that is a couple of years off. We will be using our planned AT week in August to help prepare for the CAV. Expect more information to follow as it becomes available.

I want to thank all of you for your patience and professionalism over the last several months. There is nothing worse than trying to plan without answers. Now that we have a way forward, we can focus our energies and resources to overcome these challenges. I believe that when we look back next year at the challenges we faced during these uncertain times, we will appreciate the investment that was made into our future and continue the legacy of the 104th FW.

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Sexual Assault S.A.F.E. helpline
1-877-995-5247



Chief Master Sergeant's Column

By Chief Master Sgt. Todd Fappiano, 104th FW Command Chief

Flexibility is the key to air power, it is also the only way to survive the constant change associated with our re-location as we prepare for the

scheduled runway construction project this summer.

On Wednesday I wrote an article on how this move was going to be difficult and requiring all of us to remain focused as we prepared to send all our aircraft to Otis. Then, on Thursday, we learned that our flying mission is now going to be split between Otis Air National Guard Base and Westover Air Reserve Base.

This new information eliminates a great deal of stress on many of the members who would have had to pick-up their lives and relocate to the Cape for the summer and fall...but it still effects some.

Nearly 70 members of our team will have to struggle through an intra-state relocation in order to fulfill our obligation

to defend the homeland. Many of these members may experience stress on their personal and professional lives as they work to fulfill this critical mission. We will need to ensure we are there to support them and their families as needed.

In addition, approximately 250 members working to support the F-15 training mission at Westover will also have to work to remain focused and flexible—working out of an unfamiliar environment and relying on the remaining members at Barnes for support.

Our challenges are clear, and unfortunately I cannot provide an easy way to overcome them. I can provide some insight, but no easy answers. As was stated by Col. Keefe during the last **commander's call...** **"if it were easy, anyone could do it."** **But not everyone can do it—it takes a talented, dedicated and focused group.** It will take a team that has worked hard against adversity and succeeded every time it faced what

appeared to be insurmountable odds. It will take you—each one of you, together.

But it will not be easy; there are many distractions that we will have to overcome. We will have to work on our communication, up, down and across the chain. We will need to ensure we remain competent experts in our fields. We will need to operate safely and effectively without compromising the quality of our craft. We need to maintain our readiness rates—and demonstrate we are what we say we are: the best in the combat Air Force.

We cannot lose sight of the fact that this move is all part of a strategic initiative to increase our relevance and ability to withstand a BRAC if it happens. With the changes to the runway, ramp and taxi ways, we will have one of the most modern runways in the Guard and that will help ensure we are part of the national defense strategy for a long time into the future.



First Sergeant thoughts

By Master Sgt. Jeffry Almeida, 104th MXS First Sgt.

In this age of emails and texting, the importance of verbal communication is often overlooked. To ensure

successful communications within an organization it is best to start with the basics: your knowledge of verbal and non-verbal communication. In the workplace these types of communication are continually utilized, often without much planning or even the thought that such communication is taking place.

For instance, it's not always just what you say, it's also how you "say" it. In verbal communication, an active dialogue is engaged with the use of words.

However, at the same time, non-verbal communication takes place - relying on nonverbal cues, such as gestures, eye contact, facial expressions and personal space. Nonverbal cues are very powerful, making it crucial that you pay attention to your actions as well as the nonverbal cues of those around you. If during a briefing the participants begin to doodle, or chat amongst themselves, they are no longer paying attention to you: your

message has become boring or your delivery is no longer engaging.

While eye contact, facial expressions, posture, gestures and space are obvious nonverbal communication cues, others strongly influence the interpretation of messages, including how the message is delivered. This means paying close attention to your tone of voice, even your voice's overall loudness and its pitch. Be mindful of your own nonverbal cues, as well as the nonverbal cues of those around you. Keep your messages short and concise. This means preparing in advance whenever possible. For the impromptu meeting it means thinking before you speak.

Set aside a specific time for meetings and regular communications. This allows time for everyone involved to prepare. Also, keep in mind that listening is often more productive than talking when working to communicate effectively. Allow everyone involved the time they need to communicate effectively.

Enhancing Your Communications

Considering gestures can both compliment and contradict your message, be mindful of your gestures.

- Eye contact is an important step in sending and receiving messages. Eye contact can be a signal of interest, a signal of recognition, even a sign of honesty and credibility.
- Closely linked to eye contact are facial expressions, which can reflect attitudes and emotions.
- Posture can also be used to more effectively communicate your message.
- **Be aware of people's personal space** when communicating. Do not invade their personal space by getting too close and do not confuse communications by trying to exchange messages from too far away.

104th Responds to Boston Marathon attack

By Staff Sgt. Matthew Benedetti, 104th Public Affairs Journalist

“Something is wrong. This happens over there, this doesn’t happen here.”

Staff Sgt. Jennifer Fulton nodded as she heard this familiar observation from another soldier attempting to process the tragic events of Monday, April 15, 2013. She sat in a quiet room in a Massachusetts armory and listened to the accounts of the steady stream of soldiers and airmen who witnessed and responded to the terrorist attacks. Though a few days had passed, to the Guardsmen on scene, the graphic images of detached limbs and blood soaked sidewalks were still painfully vivid.

Fulton is a chaplain’s assistant with the 104th Fighter Wing, an Iraq War veteran, and a firefighter in her hometown of Sharon, Mass. She is accustomed to counseling service members dealing with the aftermath of a traumatic event. However, discussing horrific injuries sustained as a result of detonated dual pressure cooker nail bombs in an American city on a Spring afternoon was a new and heart wrenching experience.

Not long after the explosions occurred at the Boston Marathon, it became apparent that a terrorist event was underway. Guardsmen from the 104th Fighter Wing were contacting their respective units to volunteer to assist,



and Fulton was no exception.

A few days later, she and her boss, Lt. Col. Steven Misarski, were deployed as part of a Religious Support Team (RSP) to meet with Guardsman assigned to support the Boston Marathon who might be interested in discussing their experiences.

“These men and women are highly trained and the best of the best. The accounts we heard were terrible and reminded many of their prior deployments. One guy told me that all he wanted was a pair of medical gloves and one hundred tourniquets,” she recalled.

“I believe that after serving in Kirkuk, Iraq, I was in a position to relate to these first responders. I wanted them to know that I understood their backgrounds and respect what they do,” said Fulton. Fulton was proud to offer whatever support she could provide. **“We appreciate the opportunity to help those impacted by this event. I will never be the same after hearing these firsthand accounts. Knowing my role and enjoying my job. Being humbled and grateful to be there so I can offer support is an honor. They trusted us and that was gratifying on a personal level,”** she said. **“Many witnessed scenes that are almost too awful to imagine, and although we are all highly trained, we are human. I am hoping that we gave them hope.”**

Run for Home Base

Medical Group’s got the spirit



Left: Members of the 104th Fighter wing stand with Maj. Gen. L. Scott Rice, The Adjutant General– Mass. after completing the Run to Home Base at Fenway Park in Boston. The event raises funds for identifying, motivating, and clinically treating wounded service members and veterans with combat stress and traumatic brain injuries, and helping their families.



Right: Airman Aaron Zanchi (in uniform) motivates members of the 104th Medical Group during a practice fitness test by running with the Spirit Stick. The Spirit Stick was awarded during the awards banquet to the group displaying the most spirit.



Lt. Gov. Murray recognizes 104th Airmen

By Staff Sgt. Matthew Benedetti, 104th Fighter Wing Public Affairs

Lt. Governor Timothy P. Murray visited Barnes Air National Guard Base on May 16, 2013, to commend 104th Fighter Wing unit members for receiving the highest possible grade during a recent no-notice inspection by the North American Aerospace Defense Command (NORAD). Murray presented Col. James P. Keefe, 104th Fighter Wing commander, with a citation in recognition for achieving the highest possible grade, as well as the **Wing's overall contribution to the Commonwealth's regional defense posture.** Barnes ANGB provides 24-hour protection for the northeastern region of the United States.

Members of the Military Asset and Security Strategy Task Force, which Murray leads, also attended the event. The task force is comprised of leaders from the business, education, workforce development, government and military support communities. The group works closely with Massachusetts military leaders to enhance and improve the **Commonwealth's military infrastructure.**

Murray extolled the Barnestormers for being recognized as one of the premier alert sites in the country and **for the Wing's steadfast commitment to defending our country both domestically and abroad.**

dedication to excellence. You have **exceeded your already high standards,**" Murray said to the assembled airmen. **"Congratulations for the honor from NORAD and thank you for always being ready to defend our nation. The Commonwealth is fortunate to have you standing alert,"** said Murray.

Keefe echoed Murray's sentiments.

"The 104th Fighter Wing has earned numerous accolades, including its eighth Air Force Outstanding Unit Award in 2011. Last year, a unit of more than 300 Air National Guard members deployed to the Central Command Area of Responsibility, becoming the first Air National Guard unit to launch a three month deployment overseas in the F-15 aircraft," he said.

"At home, these men and women have served as first responders in the wake of tragedies including the Boston Marathon bombings and in the aftermath of the June 1 tornadoes, Hurricane Irene and the October Nor'easter that severely impacted the parts of the region," he said.

"Without question, the 104th Fighter Wing is among the top F-15 units in the country and this inspection reinforces that standing," added Keefe.



"The 104th has long been recognized on local and national levels for its many accomplishments. Last month, NORAD arrived here and assessed the Wing's ability to defend the airspace of the northeastern United States. After the alert force evaluation was complete, the unit was lauded for their responsiveness, situational awareness and overall excellence," said Murray. **"We commend you for your**

Heroes honored

By Maj. Matthew T. Mutti, 104th Fighter Wing Executive Officer



The Wing gathered to honor twelve of its fallen comrades during the F-100 Memorial rededication ceremony held on May 4, 2013.

In what has become an annual tradition since 1987, the memorial is rededicated each year to ensure the Wing never forgets the sacrifices of its own members.

"This unit has had a proud history of service, and today, we embody that legacy," said Col. James Keefe, the Wing commander. **"The twelve names affixed to this monument are part of why this unit is so great."**

This year's distinguished guests included State Sen. Mike Knapik, Mayor Dan Knapik, and Ms. Patricia Coon and Ms. Cathy Langlois, relatives of Capt. Bannish and Capt. Gibe, whose names are among the twelve on the monument.



Safety: How goes it?

By Senior Master Sgt. Thomas Dumais, 104th FW Safety

The unit has experienced one injury since the last How-Goes-It.

- Worker injured back on aircraft panel positioning flare; lacerated back; not greater than first aid

The unit has experienced 1 mishap since the last How-Goes-It

- A/C lightning strike, damaged radome, cost TBD

Each year, the United States Air Force kicks off one of their signature safety campaigns: The 101 Critical Days of Summer. This campaign was created to highlight the time of year we traditionally see a spike in severe injuries and fatalities. Many accidents occur due to the good weather and an increase in outdoor activities.

This year's campaign, just like all previous ones, starts the day before Memorial Day weekend and ends when you safely return to work after the Labor Day weekend.

Good weather seems to bring out the best in all of us and in some ways makes us just want to get out there and enjoy the sun, the water, and the road. This year, the campaign will run for 14 weeks, each with its own theme and hazards to consider. We ask that you

take a minute this UTA to reflect on these topics. They apply to both you and your families and how you prepare to plan and execute them SAFELY!



1. On the road again- Travel, rest stops, motorcycles, bicycles
2. Stone Cold Sober- Everyone should enjoy the summer season— responsibly! BAC, OUI, DUI
3. Friends- Know your Wingmen and be a good one to them and yourself!
4. Hot Fun in the summertime- Sunburn, heatstroke and other heat-related illnesses are real
5. Stormy Weather- Thunderstorms, lightning, and tornadoes
6. Living in America- Fireworks, burns, amputations, lost eyesight
7. Born to be Wild- Motorcycles- Nine

fatalities out of 16 last year during the campaign

8. Built for Speed- one out of three traffic fatalities is speed related
9. Boating- water sports: boating, swimming, jet skiing, etc.
10. Too much too fast- **Don't try to do too much, too fast!** Know your limits.
11. Basketball and sports- Ankles snap, knees twist, and tendons rip
12. Bicycles- 2% of traffic fatalities in 2010, 70% in urban areas vs. 30% rural
13. Extreme sports- Kayaking, parasailing, white water rafting, etc.
14. The finish line- You made it through the campaign without serious injury.

Labor Day weekend is not the time to let your guard down. You started safe, played safe, and the last weekend is not the time to do something stupid. End your summer; SAFELY! Have a happy and safe Labor Day Weekend!

On behalf of the Wing Safety office, I would like to wish each of you a summer to remember, but for the right reasons. With your help, risk management, planning, and knowing your limits, it can be. Have fun; SAFELY!

Safe 'N Sound all Year Round



Chaplain's Corner

By Capt. Kenneth DeVoie, 104th FW Chaplain

In the Book of the Prophet Isaiah, Isaiah overhears God asking a question; "Who should I send? Who will go for us?" **Isaiah's response is**

prompt: "Here I am. Send me," he exclaims. Isaiah's sense of duty and service to God motivated him to step up and volunteer when a need arose. This same attitude of duty, service and volunteerism can be seen today in the men and women of the 104th Fighter Wing and generally throughout all of our Armed Services.

We see in Isaiah's example a trust in God—that God knew what He was doing and had a plan. Isaiah did not ask a litany of questions first (who?, what?, when?, where? or how?), nor was God interested in Isaiah's input or opinion;

Isaiah stepped up, volunteered and he made a huge difference. He did not know where he was going or what would be asked of him. He was not aware that very difficult days, months and years were ahead of him.

And so, in many ways, our service as military men and women, as a people who have responded to a call of service **by also saying; "Here I am. Send me,"** is fraught with many unknowns and difficult days, months and years. Very rarely are we asked for our opinions or input on where we are sent or what the mission will be. We salute, say yes sir or **ma'am, do the best we can with what we have, and in so doing we make an important difference. Isaiah's role was a much smaller part of what God was doing in His much bigger plan, and so,**

what we do as men and women in uniform is a smaller part of a much bigger mission and plan.

With the runway project moving forward and the relocation of the flying mission to another base, the next few months will be full of change and difficulties. It will be inconvenient, and at times, it will just plain suck. But, we **have chosen to stand up and say "Here I am. Send me!" and that makes all the difference.**

Be assured of my continued thoughts and prayers for you and your loved ones. Know that God cares about you and so **do we here in the Chaplain's Office. Be safe, be strong and be excellent at all you do.**

News from JFHQ-A1

On 1 January 2013 Supplement 1, ANGI 36-2502, Promotion of Airmen was published. This instruction establishes policy for all enlisted members of the Massachusetts Air National Guard regarding promotion of airmen. It is recommended that all members of the Massachusetts Air National Guard review this policy as it may apply to your career or the career of someone in your rating chain.

Highlights and Summary of Changes is as follows:

This supplement implements specific procedures and requirements for promotion of enlisted members of the Massachusetts Air National Guard utilizing Position Vacancy Promotion (PVP), Deserving Airmen Promotion Program (DAPP), and Exceptional Promotion Program (EPP). This includes additional requirements for the HRO Form 1-9.

Chapter 1 Promotion Criteria

1.1.4.1 (ADDED) Commanders will ensure their personnel meet all Professional Military Education (PME) requirements as outlined in ANGI 36-

2301 MA ANG SUP 2 dated 1 January 2013.

1.1.7.1 (ADDED) HRO Remote Designees will obtain approval/signature from State HRO utilizing Form 1-9 for all MSgt and above AGR promotions.

1.4.8 (ADDED) Promotion requests submitted to Joint Force Headquarters (JFHQ) for approval must be in compliance with Attachments through 5 of this supplement, as appropriate and submitted with the package.

On 1 January 2013 Supplement 2, ANGI 36-2301, Enlisted Professional Military Education (PME) was also published. This instruction establishes policy for all enlisted members in the Massachusetts Air National Guard regarding completion of Professional Military Education (PME). It is recommended that all members of the Massachusetts Air National Guard review this policy as it may apply to your career or the career of someone in your rating chain.

Highlights and Summary of Changes is as follows:

This supplement changes the requirement for promotion to Master Sergeant (E7/MSgt) to include the successful completion of USAF Non-Commissioned Officer Academy (NCOA) in-residence program. Attendance and completion of the ANG Satellite NCOA Seminar program with its in-residence portion will fulfill this in-residence requirement. Current Master Sergeants, who did not complete in-residence NCOA, must complete the USAF SNCOA in-residence to be considered eligible for promotion to Senior Master Sergeant (E8/SMSgt). Promotion to Senior Master Sergeant (E8/SMSgt) requires successful completion of either NCOA or SNCOA, in-residence. Members promoted to the rank of Chief Master Sergeant (E9/CMSgt) must **complete ANG Chief's Executive Course** in-residence within 1 year of effective promotion date. Command Chief Master **Sergeant's must complete the ANG** Command Chief Orientation Course within 1 year of assignment to a Command Chief position.

TABLE 1: Enlisted PME Requirements in the Massachusetts Air National Guard

PME Requirement	Method	Promotion to	Notes
A. Airman Leadership School, NCO Preparatory Course, NCO Leadership School	(In- residence or Correspondence)	Staff Sergeant	
B. NCO Academy	(In-residence)	Master Sergeant	1
C. SNCOA Academy	(In-residence or Correspondence)	Senior Master Sergeant	2,3.
D. ANG Chief's Executive Course	(In-residence)	Chief Master Sergeant	4.
E. ANG Command Chief Orientation Course	(In-residence)	Command Chief Master Sergeant	5.

NOTES:

- Promotion to Master Sergeant (E7/MSgt) requires successful completion of USAF Non-Commissioned Officer Academy (NCOA), in-residence. Attendance and completion of the ANG Satellite NCOA Seminar program, with its in-residence portion, will fulfill this in-residence requirement.
- SMSgt's who have successfully completed the NCOA in-residence program, may complete SNCOA, in-residence or Distance Learning Course.
- Promotion to Senior Master Sergeant (E8/SMSgt) requires successful completion of either NCOA or SNCOA, in-residence.
- Members promoted to the rank of Chief Master Sergeant (E-9/CMSgt) must complete the ANG Chief's Executive Course, in-residence, within 1 year of effective date of promotion.
- Command Chief Master Sergeant's must complete the ANG Command Chief Orientation Course within 1 year of assignment to a Command Chief position.

For Your Information

Traditional Officer Vacancy
Logistics Readiness Officer

AFSC: 21R3

Rank: Commission eligible to Major

POSITION QUALIFICATIONS

Integrates logistics processes within the base mission. The major logistics processes include distribution, materiel management and contingency operations. Directs and manages distribution management, materiel management, contingency operations, fuels management, airlift operations, and vehicle management. Plans and programs logistics support for wartime requirements.

SPECIALTY QUALIFICATIONS

For entry into this specialty the member must possess a bachelorettes degree. Undergraduate academic specialization in logistics management, economics, management, business administration, computer science, information management systems, finance, accounting, petroleum engineering, chemical engineering, or industrial management is desirable.

SUBMIT APPLICATIONS TO: Barnes
ANG Base, 104th Force Support Squadron,
175 Falcon Drive, Westfield, MA 01085.

APPLICATION DEADLINE: Aug 4 2013

Board information to follow



BASE HONOR GUARD LOOKING FOR NEW MEMBERS

- Be part of the tradition of excellence
- Represent the ANG & AF at military burials
- Display the flag at military & sporting events
- All ranks/specialties can apply

Contact Senior Airman Colon at 698-1311
or email the honor guard at :

104FW.HonorGuard@ang.af.mil



UPCOMING ASVAB & AFOQT DATES

Air Force Classification Test (ASVAB) FY13

Listed are the dates when the AFCT will be offered
August 23, 2013 at 0900, bldg 1

Air Force Officer Qualification Test FY13

Listed are the dates when the AFOQT will be offered
August 16, 2013 at 0900, bldg 1

104TH MEDICAL GROUP—HEALTH PROMOTIONS

Health Promotions- The 104th Medical Group is now offering a health promotion class on Sunday of the UTA. 104th Medical Group will be starting Health Promotion classes for all Wing members to attend. No appointment necessary, just walk-in and join the group. The class will meet on Sunday morning from 1000- 1100 at the 104th Medical Group - back training lab (RM18).

Health Promotion Calendar

June - TBD

JULY- no class

Aug - Balancing Calories

Sep - no class

OCT- no class

NOV- dental health

DEC -Healthy Holiday eating

For Your Information

Tips for A Good Night's Sleep

A good night's sleep can be a challenge for many reasons: childcare, work stress, family difficulties can all influence your sleep patterns. Here are a few tips taken from the Division of Sleep Medicine at Harvard Medical Center that can make the elusive dream possible.

Avoid caffeine, nicotine and alcohol four to six hours before bedtime. Alcohol may bring on sleep but acts as a stimulant later in the night.

Devise a sleep inducing environment that is quiet, dark and cool. Lower volume of outside noise with earplugs or a white noise machine. Use heavy curtains or blackout shades and keep the room well ventilated at a temperature between 60-75 degrees.

Establish a pre-sleep routine by engaging in relaxing activities an hour before bed- take a bath, read a book or practice relaxing exercises.

Don't watch the clock- it increases stress. Turn the clock face away from you.

Develop a consistent sleep schedule. Go to bed and wake up at the same time each day- **it set's the body's internal clock.**

Nap early- or not at all.

Lighten up on evening meals- if you are hungry snack **lightly on foods that won't disturb your sleep.** Good choices are milk or carbohydrates.

Exercise- but not later than three hours prior to bedtime.

Thank you to all the volunteers and family members who supported the bi-annual pasta dinner. It is a great chance for families to network and enjoy some great food. In addition, this year, we hosted a hands-on CPR class, in association with the 'World CPR Challenge. Thank you!



Sign up TODAY to receive the Barnes Family Flyer, a weekly email with information on benefits, entitlements, events and job opportunities for our Barnes family community! Call or email Jennifer Cesaitis today at (413) 568-9151x 698-1183 or email Jennifer.cesaitis@ang.af.mil

Did You Know...The myPers website provides a 24/7 online self-service capability to numerous personnel actions?

Log on to myPers.af.mil using your CAC:

Go to <http://myPers.af.mil>

Click the "CAC" Login" selection

Select the appropriate certificate

Input your Personal Identification Number (PIN #)

Review the home page and select from the helpful links to learn more about services available

--OR--

If accessing with your Username (User ID) and Password:

Go to <http://myPers.af.mil>

Click in the "User ID" box and input your user name

Click in the "Password" box and input your password

Click "LOG-IN"

Can't remember your User ID and/or password? Click on the link, "Forgot your username or password?" and simply follow the steps provided. Please note using the "User ID/Password" option will limit access to some online self-service applications.

The myPers website is your Total Force source for personnel information and online service. Go check it out!

CLUB COINS ARE IN



The 2013 Pioneer Valley Membership Coins are available now. Join the Club for \$10 and receive a limited edition F-94 Starfire coin.

Contact any member of the Club Council or stop by the Club this drill to get your coin.

DFAC MENU

Saturday

Appetizer – Shrimp w/Cocktail Sauce

Soup – Chicken Chili, Tortellini Soup

Entrée – Grilled Steak Tips, Roast Turkey Baked Potatoes, Sausage Stuffing, Mashed Potatoes, Peas, Cauliflower, Turkey Gravy

Dessert – Strawberry Shortcake, Brownies, Ice Cream

Sunday

Appetizer – Shrimp w/Cocktail Sauce

Soup – Chicken Chili, Chicken Noodle

Entrée – Roast Pork Tenderloin, Teriyaki Chicken, Franconia, Potatoes, Steamed Rice, Broccoli, Corn & Onion Gravy (for pork)

Dessert - Chocolate Cake w/Vanilla Frosting, Oatmeal Cookies, Ice Cream

Short Order (both days)

Burgers, Hot Dogs, Grilled Chicken, Curly Fries

Date: June 24th

Time: Gates Open
at 5:30 PM

Pre-Game
activities start at
6:00 PM

Location:
Mackenzie
Stadium, Holyoke
MA

Ticket Pricing:

Free for
Military
Members (with
Valid Military
ID)

Half Price tickets
for Military
Dependents

General
Admission - \$6

Children (Ages 12
and Under) - \$4

Senior Citizen
(Ages 55+) - \$4

The poster features a large, close-up image of a soldier's face with a beard and a military cap, looking intensely forward. Overlaid on the face is the text "U.S. MILITARY ALL STARS" in a large, bold, white font with a red outline, set against a red banner. Below this, "VS." is written in a smaller font, followed by "Holyoke Blue Sox" in a large, bold, white font with a black outline. The date and time "June 24th at 6:30" and the venue "MacKenzie Stadium" are also prominently displayed in white text with black outlines. In the lower center, there is a circular logo featuring a soldier in a military uniform swinging a baseball bat, with the text "U.S. MILITARY ALL STARS" below it. At the bottom of the poster, a group of baseball players in dark uniforms are seen from behind, with their names and numbers visible: "MARNES 75", "WILLIAMS 9", "BULGE 44", "AIR FORCE 47", and "GROUND 0". The background of the bottom section shows a baseball field with a crowd in the stands. A small "Wilson" logo is visible on the bat. In the bottom right corner, the slogan "Support Our Troops!" is written in white text on a dark blue background with a star.



Religion notes

General Christian Service: Saturday of the UTA, at 4:00 p.m., in the Base Chapel / building 12, Chaplain Stephen Misarski presiding.



Orthodox Catholic Mass: Sunday of the UTA at 3:30 p.m., in the Base Chapel of Bldg. 12. Fr. Devoie presiding.

Congratulations on your retirements

Anita Compagnone	MDG	1 Jun 2013
Robert Stokes	AMXS	5 Jun 2013
Robert Cross	MDG	10 Jun 2013
Cheryl Pawlin	MDG	15 Jun 2013
David Cooper	OSF	30 Jun 2013
Nadine Bates	FSS	28 Aug 2013
Gary Whalen	AMXS	28 Aug 2013

CCTV broadcast line up

Channel 7 - Training videos & Base Info

Channel 9 - Warrior Network

Channel 10 - Pentagon Channel - inop



Ancillary training schedule - Channel 7

<u>Morning</u>	<u>Training Video</u>
0900-0940	Forklift Fundamentals and Ops
0940-1013	Confined Space Awareness
1013-1023	Basic Ladder Safety
1023-1053	Lockout/Tagout
1053-1101	FOD Prevention
1101-1108	Copyright Infringement

<u>Afternoon</u>	<u>Training Video</u>
1300-1340	Forklift Fundamentals and Ops
1340-1413	Confined Space Awareness
1413-1423	Basic Ladder Safety
1423-1453	Lockout/Tagout
1453-1501	FOD Prevention
1501-1508	Copyright Infringement

Congratulations on your promotions

To Airman 1st Class (E-3)

Victoria Williamson, LRS



To Senior Airman (E-4)

Rachel Morin, SFS



Ryann Parker OSF

Jared Turner CF

To Staff Sgt. (E-5)

Jared Collins MXS



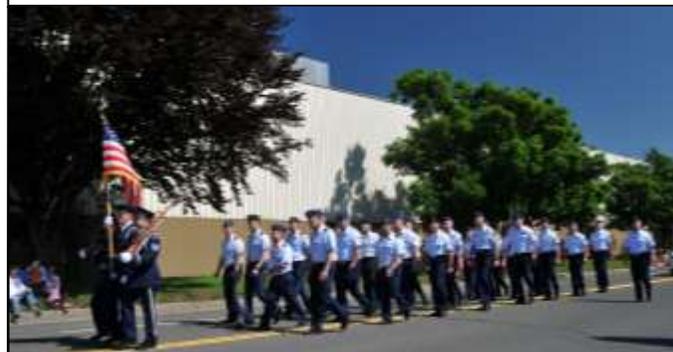
Jacquelyn Comer FSS

Akeim Findlay CF

Chadd Hammond MSG

Welcome to new members

TSgt.	Gregg Harrison	LRS
A1C	Matthew J Dugan	SFS
AB	Alyssa Szady	FSS
TSgt.	Andrew Hiserodt	FW
AB	Angela M Franco	FSS
AB	Dillon Natle	MXS
AB	Timothy Reardon	AMXS
AB	Jonathan Reardon	AMXS
A1C	Carlos Batlle	SFS



This Month in History

June 10, 1909 - President William H. Taft presented Aero Club of America medals to Orville and Wilbur Wright at the White House.

June 7, 1912 - A machine gun first fired from an airplane in the United States.

June 20, 1923 - The Army's first all-metal airplane, the CO-1, made its first flight.

June 10, 1948 - The U.S. Air Force confirmed that Capt. Chuck Yeager had repeatedly attained supersonic speeds in the Bell X-1 (formerly XS-1).

June 11, 1948 - The U.S. Air Force revised its aircraft designations from "P" (for pursuit) to "F" (for fighter).

June 26, 1948 - The Berlin Airlift (Operation Vittles) begins as a response to a ground blockade imposed by the Soviet Union on Berlin.

June 28, 1994 - McDonnell Douglas delivered the final nine F-15s to the Air Force.

104th Tac Fighter Group



Barnes Airport
Westfield, Mass.

Volume 17

June 1965

Number 1

Group Heads for Cape Cod For 17th Field Training



Col Edward D Slatenski, left, commander of the 104th Tactical Fighter Group, presents Honor Graduate certificates to A3C Leon J Cromer, center, and A3C Henry A Grabowski. The two airmen received these honors on completion of the jet engine and jet aircraft courses, respectively, at Sheppard and Amarillo AF Bases in Texas. Full story on Page 12.

The Air National Guard units here, complete with men and all equipment, are going by plane, motor convoy and private cars to their 17th annual field training encampment, the 11th at Otis AF Base on Cape Cod.

The trip, at one time a five-hour trek through numerous small towns clogged with slow traffic, can now be made on divided highways all the way from the Turnpike entrance in Westfield to the junction of Routes 6 and 130 about five miles from the Sandwich gate of Otis AFB.

The best route for the trip would entail taking the 'pike to Weston, turning south on Route 128 and following it until it merges with Route 3 at Braintree, continuing on Route 3 to the Sagamore Bridge and taking Route 6 to the Route 130 exit in Sandwich. A right turn on 130 leads directly to the back road into Otis.

To arrive by the main gate, drivers could choose to turn right at the Sagamore Bridge rotary,

Continued on Page Ten

MASSACHUSETTS

Barnes Air National Guard Base
175 Falcon Drive
Westfield, MA 01805

www.104fw.ang.af.mil

Social Media Sites:
www.facebook.com/barnesang
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PRIDE,
PROFESSIONALISM,
PATRIOTISM

We're on the Web

WWW.104FW.ANG.AF.MIL

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